

2017
National High School
Athletic Coaches Association
CONVENTION REPORT



Embassy Suites Hotel
East Peoria, IL
June 17-21, 2017



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1. Call to Order: 9:26 a.m.
Parliamentarian- Darin Boysen
Recording Secretary – Dave Dougherty
2. Comments/Reports/Communications
President Joe Cliffe

Joe

Welcomed the Executive Committee members to East Peoria. Thanked Dave and Sara Kinney for their extremely hard work for this convention and for doing a great job. Also thanked Dan Cliffe and Rich Montgomery & others on the local committee for doing a fantastic job.

1st Vice-president Dave Dolan

Agreed with Joe's comments and also thanked Dave and Sara Kinney.

2nd Vice-president Kirk Price

Talked about the work Dougherty and Randy are doing in preparation for the 2019 Convention.

3rd Vice-President Ted Schroeder

Nothing to report at this time.

Immediate Past President Randy Johnson

Randy thanked Joe and Dave and Danell for the work they put in getting the convention organized and up and running.

State Ex. Sec. Rep- Darin Boysen

Darin echoed Randy's comments.

Executive Director Dave Dougherty

Dave's updates will take place in various sections in the agenda.

3. March 2017 Executive committee minutes (previously emailed)

Moved by Randy, seconded by Ted to approve the minutes. Motion passed.

4. Financial Report

Dave/Danell

Danell presented the financial report including the bank statement, income and expenses, reimbursement documents, and the quick books reports. A discussion took place concerning the ability to pay the national office another \$10,000.00 in salary at this time and it was decided to review it at the end of the convention, with the feeling this would be possible. Darin made a motion to approve the Financial Report, second by Dolan. The motion carried. Ted made a motion to pay Dougherty's reimbursement expenses of \$1183.32. Second by Kirk. Motion carried. Randy brought up the vote that was taken in March to pay the national office \$15,000 by convention time at that \$10,000 was still outstanding. Darin made a motion to pay the national office at least \$10,000.00 at this convention. Seconded by Dolan. Motion carried.

5. 2016-17 Budget review

Dave

Dougherty reviewed the current budget with each budget line item and updated the actuals to the budget. The biggest discrepancies were college credit income down significantly and the “Built with Chocolate Milk” sponsorship money not arriving until the next fiscal year. Dougherty also reviewed the proposed 2017-18 budget. Following discussion Dougherty will make some adjustments to the income/expense sides prior to presenting it to the Budget and Finance Committee.

6. Standing committees

Joe

Joe reviewed the committee appointments that he made. He also requested that the by-laws amendment that is being proposed be printed and given to the by-laws and procedures committee for their review. Dougherty reported that he had it printed and ready to be distributed to them.

7. Review of Sport Chairs due for appointment

Dave Dolan & Ted

Dolan reviewed the appointment chart and reported that Girls XC, and wrestling need to be re-appointed and that A.D., baseball, Boys’ XC, FB and Soccer need to be appointed.

8. By-law change for Sport Chair Coordinator

Dave

The proposed by-law change for Sport Chair Coordinator was discussed. Dougherty handed out the by-law change and the job description to the committee. This will be provided to the By-laws committee for their consideration.

9. Review of Region Directors for appointment (Bubba Davis: Region V – potential Director)

Joe and Kirk

We reviewed this chart and identified Bubba Davis as a potential Director for Region V.

10. Review of Current and potential Sponsors

a. Built with Chocolate Milk (contract)

Dave

Dougherty reviewed the current contract with the committee. Discussion took place on the responsibilities each group has. We will receive \$7,000.00 at the end of the contract period which will put us at the end of December or into January.

b. Coach and A.D. Magazine

Darin

Darin reported that Kevin Hoffman will be in attendance at the convention beginning on Monday. He is editorial manager of the magazine. We will introduce him to the board on Tuesday. He will also sit in on the State Executive Director’s meeting on Tuesday. We will work to establish a working relationship with Coach and A.D. magazine.

c. Affinity (Flyer and Power Pt)

Ted

Ted updated us on his conversations with the Affinity staff and we watched a short presentation. The real issue is to get MEMBERS to utilize this site.

d. IYCA

Dave

(Phone call with Jim Kielbaso)

Dougherty spoke with Jim on the phone and both groups want to continue the partnership we currently have and to explore ways to strengthen it.

e. State Associations of: North Dakota, Wisconsin, Michigan, Dave
Kentucky, Florida, Iowa, Nebraska, South Dakota (2 groups),
Wyoming, Arizona, IWCOA

Dougherty reviewed the level of sponsorship each Association chose for this year's convention. These sponsorships are highly valued, not just for the monetary value, but for the commitment these associations have made to the NHSACA. The Executive Committee discussed these sponsorships and want the minutes to reflect their appreciation of each association's sponsorship.

f. Developing additional benefits for coaches Ted

Ted talked about the need to identify and develop more benefits for our individual member coaches.

11. Convention review and update Convention program

Dave, Joe

We reviewed the convention program booklet pertaining to schedule, room assignments, special events, etc. to prepare for the Ex Cmte member's duties for the convention.

Ex Cmte Duties: (See Handout)

We continued the review of Ex Cmte member's duties for all events, activities and meetings during the convention using the Executive Committee Assigned Duties document prepared by Dougherty.

We reviewed the specific agendas for each of these special events during the convention and noted any changes that we needed to make and the set up for each event.

General Session I

Hall of Fame Luncheon

General Session II

COTY Banquet

Absent BOD, or sport chair who are finalists who will need coverage

Special Awards Recognition: Baseball (Heath), Soccer (Dave), Boys XC(Forry), Swimming and Diving, Tennis

Heath can cover baseball during the sessions but cannot attend the banquet so we will need to find someone to cover baseball then. Dave will cover soccer, but we do need to find someone for the banquet. Forry is taking care of Boys XC the entire time. We need to find someone to cover softball and Kirk is covering tennis.

DSA Recipients: This is informational only. Dave will make sure the plaques get to the State Association Executive Directors.

1. Tot Workman: Arizona
2. Jim Altergott: Colorado
3. Brien Dunphy: Illinois
4. Mike Jolly: Michigan

Registration

Number registered: Changing, but currently 192

Hall of Fame Luncheon: Currently 114

COTY Banquet: Currently 384

Room reservations: N/A

College Credit: Currently 11 2 credit and 12 3 credit

Communication with Hotel staff – Dave, Joe, Danell

The hotel was notified that if any requests result in an additional cost to the NHSACA that those requests must be approved by Dave or Danell.

AV equipment

We reviewed this and we will use the same process as in previous years. The sport chairs will check the items out at the registration room and return it when they are done with it for the day.

Registration workers/materials

Danell has all registration materials ready and she will have two volunteers from the CVB working Monday and Tuesday mornings.

12. Election procedure for 3rd VP

Dave

Darin will nominate Rocky Ruhl during Monday's meeting with Jeff Bellar providing the second. No other nominations may be made as Rocky's materials were all received before the May 1st deadline. The vote will be a paper ballot on Wednesday.

13. Procedure for accession of officers

Dave

There was a discussion on the script for the accession of officers. Dougherty has it saved in his folder. Don Prokes has been asked to read the script during the meeting on Wednesday.

14. Executive Director Report

Dave

review of current year

Dougherty reviewed the current fiscal year and emphasized the work done to complete the new NHSACA Trademark, the conversion of the NHSACA from a 501c6 to a 501c3 and the COTY process for this year's awards.

review of national office expenses

Dougherty provided the Executive Committee with a financial document during the financial report identifying these expenses and referred the committee to that document once again.

P.O. box Rental

Executive director travel

Supplies

Phone

Insurance

15. Website update

Randy, Dave

On-going construction of NHSACA Site

Randy is almost done updating the documents, but he will now need to begin the process for the awards we give out and update the BOD member list. He is working on a scrolling bar that will feature the logos for our member state associations.

On-line registration (Late Fee)

Dougherty reviewed the current process and requested we eliminate the late fee. There was a discussion on the plusses and minuses of this and it was the consensus of the committee to eliminate the late fee for the upcoming convention and evaluate the results afterwards.

On-line COTY forms

Dougherty reported that there are very few issues for coaches to complete these forms. Occasionally a coach will print it off and complete it in pen or pencil.

16. Current Dual State membership

Dave

We have 17 dual member states paying a combined \$16,500.00 in member dues.

17. At-Large members

Dave

We reviewed the at-large members. These are members of the board representing member states who do not have two voting members of the board (not including past presidents) and are selected by the states to provide them with their two guaranteed Board Members. Dougherty will contact the states that have the ability to appoint at-large members.

18. Executive Committee Members presence at Region Meetings

Joe

Randy will attend region I meeting and Dolan will attend Region V.

19. Update on NHSACA's switch from 501-c6 to 501-c3

Joe/Dave

Discussion took place concerning the NHSACA's benefits for becoming a 501c3. It was pointed out that people/organizations may make donations and write them off. We are tax exempt in Florida and potentially other states. (But many states do not give sales tax exemptions to nonprofits. We will be able to apply for many more grants as a 501c3.)

20. Potential dissolution of NHSSI with transfer of funds to NHSACA

Dave

A discussion took place reviewing the actions that the NHSSI Board of Trustees took last summer at the convention indicating that they would dissolve and transfer their remaining funds to the NHSACA. During the discussion it was pointed out that the budget that was presented did not include the transfer of funds and that we would wait to hear from the NHSSI Board of Trustees.

21. Board of Directors Outings: Alexander's, Illinois Night

Joe/Dave

Joe reported that the BOD outing is at Alexander's Steak House and will be sponsored by Sara and Dave Kinney. Illinois night is Tuesday at Dozer Park and is sponsored by the ICA. The CVB will provide a shuttle for the BOD dinner and a bus will be provided for the Illinois night.

22. Executive Committee Duties for Board Meeting #1, #2

Dave, Joe

We reviewed the agendas for these two meetings to facilitate the discussions for the BOD meetings and to prepare for requests for information.

23. Trademark for NHSACA Name and logo Updates of usage

Dave

Dougherty reported that now we have the new Trademark logo, he has updated the documents we use the most and is continuing to go through his folders in order to update all documents.

24. Review of Convention Schedule for Monday (Booklet)

Dave, Joe

Joe went through Monday's schedule for any questions or clarifications for the Committee. None were needed.

26. AV needs and set up for meal functions and general sessions Dave, Joe

Dougherty reviewed the AV needs for each function. Discussion took place regarding the AV equipment that Dave Kinney has secured from the Peoria Schools and how it will be checked out and checked in. This will go through Danell in the Registration room.

27. Review on Regions and potential changes

Ted/Darin

Darin and Ted led a discussion on the current region alignment and the negative issues with the current region setup. The main issue is regions with only 1 or 2 member states compared to those with up to 6 member states participating in the COTY awards program. If there is only one state nominating in a region their nominees are automatic finalists where some regions have 6 nominees with only one guaranteed finalist. We are having many coaches with fantastic resumes not advancing to the finals and having single nominees in other regions advancing, some of whom have very weak resumes. Darin and Ted are proposing we look to align regions so each region has the same number of member states, so we have multiple nominees from each region. We would also need to look at the history of each state to see how many nominees they submit, and in which sports. There was a lot of discussion on this. It was decided to have Ted present this idea to the By-laws committee for their consideration.

28. Discussion on potential Region Director Coordinator

Ted/Dave

This item was tabled.

29. 2017 Awards

Dave

a. Discussion on Quality & Cost

Discussion took place and everyone is VERY happy with the quality and pricing for the awards. It was decided that we would use the clear award for the COTY finalists plaques next year.

b. Discussion on offering schools opportunity to
purchase duplicate H of F awards at cost for display

Dougherty asked if he could contact Athletic Directors in Schools where Hall of Fame Inductees are from and offer them the chance to purchase a duplicate HOF award for display in their schools. This was approved.

30. Executive Director's Contract

Dave/Dave

Dougherty presented his contract proposal to the Executive Committee with the only change requested was for a 3 year contract. Discussion took place. Dolan made a motion to offer Dougherty a 1 year contract, seconded by Darin. More discussion took place, including the Executive Committee expressing a desire to extend the contract in the future, once the Association is financially secure. The motion carried.

Dougherty abstained from the vote.

31. Update on 2018 Convention

Dave/Dave

Ramkota, Sioux Falls, SD: Dolan reported things are moving forward. Discussed registration fees and the SD dues that need to be collected. Dolan also reviewed events that will take place there. Dougherty reviewed some of the parts of the contract that has been signed. Everything looks great and the South Dakota leadership is doing a fantastic job.

32. Update on 2019 Convention

Randy/Dave

Ramkota, Bismarck, ND: To be held June 22-26. Participants could earn 7 graduate credits during this week. Two overflow hotels have been established that are almost next door to the Ramkota. Rooms will cost \$109.00. The contract is completed and the NHSACA received everything they asked for. AND, there is NO food and beverage minimum.

33. Update on 2020 Convention

Ted/Darin

Lincoln, NE: Ted proposed to have the convention in Lincoln, NE hosted by the NCA from July 19-23, 2020. This will be held in conjunction with the NCA state convention (just as we are doing in SD and ND). Discussion took place. Randy made a motion to host our convention in Lincoln, NE. Second by Dolan. The Motion carried.

34. Review of fall and spring executive meetings

Joe

Fall meeting – Ramkota, Bismarck

Joe

Following discussion, the meeting will be held at the Ramkota in Sioux Falls, SD. The date will be set at a later time.

Spring meeting – Ramkota, Sioux Falls

Joe

The spring meeting will be held here with the date to be determined later.

35. Items from the floor

a. Lacrosse Coach becoming an official Sport Coach

b. Spirit Coach, official Sport Coach

Kirk began the discussion on the process for adding sports to our COTY awards program. Following a discussion clarifying the process Kirk asked the committee to consider adding LaCrosse and Competitive Cheer to sports the NHSACA Recognized.

A long discussion took place. It was decided to bring this to the Awards Committee for continued discussion and for the Executive Committee to continue its discussion following this.

Recess:

President Cliffe recessed the meeting until 10:00am Sunday.

NHSACA Executive Committee
Sunday June 18, 2017 10:00-1:00
Embassy Suites East Peoria, IL

Meeting 2

1. Call to Order: President Cliffe reconvened the meeting at 10:00 Joe
Parliamentarian- Darin Boysen
Recording Secretary – Dave Dougherty
2. Comments/Reports/Communications
President Joe Cliffe

Joe shared that his wife, Laurie, fell on a wet floor last night and broke her patella. She is in a lot of pain and will not be able to fully join in our convention activities.

1st Vice-president Dave Dolan

Dave stated that he felt yesterday's Ex Cmte meeting went too long and feels we need to have breaks if we go that many hours. Others agreed with this. He also stated that he wants us to look at the process for adding sports, but that he believes adding states at this time is a higher priority.

2nd Vice-president Kirk Price

Nothing at this time.

3rd Vice-President Ted Schroeder

Agreed with what Dolan said and wants us to look at the sports we talked about and gather information on them.

Immediate Past President Randy Johnson

Randy reported he updated some of the site between meetings and he has a clip from the Bis/Man CVB that he could put on our site for the 2019 convention. The consensus was to do this.

State Ex. Sec. Rep- Darin Boysen

Darin complimented Kirk for bringing up the two sports yesterday and beginning the conversation on this.

Executive Director Dave Dougherty

Dave asked if the person taking the Hall of Fame and COTY pics at the ceremonies has been determined. Dave Dolan has Dan Mitchell lined up. The Ex Cmte directed Dougherty to send out ALL Ex Cmte documents in one email as a pdf so that filters don't block the email. Also, put all documents on a thumb drive so each member may download the documents on their computers.

3. Announcements NONE! Dave, Joe

4. Convention Update Dave
Dougherty updated the numbers for each item below.
Registration 196
Hall of Fame luncheon 219 w/ 7 kids meals
Coach of the Year banquet 384
College credit 16 2 cr/16 3 cr

Board of Directors registration

There were only 4 members of the board who attend on a regular basis that were not able to attend this year.

5. Executive Committee Duties for Board Meeting #1, #2 Dave, Joe
(Previous Hand out from Saturday)

There was a brief review as we covered this in detail during yesterday's meeting.

6. Review Agendas for BOD Meetings #1, #2 Dave
(BOD Agenda Handout: includes Committee Meeting and their locations, topics, etc)

Joe again had a brief review and handed out a folder to each Ex Cmte that contained information for each BOD meeting. Dolan asked about the work of the committees and feels there is overlap in many areas and suggested we may want to discuss our committees and combine some. A long discussion took place and it was decided that it would continue at the fall meeting and potentially move toward a by-laws change to update our committees, along with their responsibilities, to more fully reflect our current needs.

7. Schedule for All Board meetings Dave
(Convention Booklet)

Dougherty reviewed all of the meeting times and days for the Board with the Committee to insure we are all on the same page.

8. Review Executive Committee duties for General Session 1 Dave
(Handout in # 5 and/or Convention booklet)

This was a quick review to make sure all information was correct between the "Duties Document" and the Program Booklet.

9. Review of Convention Schedule for Monday Dave, Joe
(Convention Booklet)

Dougherty reviewed the activities for Monday and confirmed times and places for all activities.

10. Two Ex. Cmte Meetings Monday: Dave
a. 7:30a-8:00a (Do we need this?)

It was decided that we wouldn't need this meeting. (However, later that day Joe called for this meeting and we did meet to take care of some schedule issues.

- b. 3:00p-4:30p (conflicts with NHSSI meeting)

It was discovered that there will not be a conflict as the NHSSI will not be meeting.

11. Items from the Floor Joe
None

1. Call to Order President Cliffe reconvened the meeting at 3:00 Joe
Parliamentarian- Darin Boysen
Recording Secretary – Dave Dougherty
2. Comments/Reports/Communications
President Joe Cliffe

Joe stated the first BOD meeting went well, everyone agreed with this. He felt the first general session went well too, though the anthem singer and speaker did not arrive in advance of the starting time. This added a little stress to Joe.

1st Vice-president Dave Dolan

Dave moved the starting time for the Thursday Ex Cmte meeting from 8:00am to 7:00 am. He and Dave Dougherty met with the SD Committee to begin solidifying the 2018 convention schedule and clarify duties for SD and the NHSACA. Will probably be changing BOD meeting times.

2nd Vice-president Kirk Price

Felt the BOD meeting went great.

3rd Vice-President Ted Schroeder

Brought up a concern with the alternate sessions scheduled by Illinois competing for bodies with our NHSACA sport specific sessions. Just not enough people to go around. During the discussion, appreciation was voiced for the work Illinois did for this, but that we just didn't have enough coaches in attendance. He thought today was a good day.

Immediate Past President Randy Johnson

No Report

State Ex. Sec. Rep- Darin Boysen

Darin spoke about Kevin Hoffman from Coach and A.D. magazine and the potential that exists for the NHSACA if we are able to expand our partnership with them.

Executive Director Dave Dougherty

Expressed the need to make sure we have a Q&A period when a general session is short.

3. Announcements

Dave, Joe

Dougherty reported that the doors for people to enter for the Hall of Fame and COTY banquets were identified and that he has people to man the doors.

4. Convention Update

Dave

Registration 198

Hall of Fame luncheon No change

Coach of the Year banquet 389

College credit No Change

Other items 40 guests badges and 81 shirts have been sold

5. Executive Committee Duties for Board Meeting #3

Dave, Joe

(Previous Handout from Meeting #1)

We reviewed this in detail as we won't meet again before this Board Meeting.

6. Review of Convention Schedule for Tuesday

Dave, Joe

(Convention Booklet)

a. Region Meeting Locations

Dougherty reminded everyone that the meeting locations are found on page 7 of the Convention Program and re-emphasized the times from 11:30a-12:00p.

b. Region Elections

Dougherty reported that elections must be held in "Odd" numbered regions.

c. Illinois Night

Joe reminded everyone that the bus will begin shuttling people to Dozer field at 5:00p. Again, the Ex Cmte expressed their thanks to the ICA for their sponsorship of this event.

7. Hall of Fame Luncheon

Dave/Joe

(Hall of Fame Program & Previous Handout)

Dougherty reported that the program for this event is found on page 4 of the Hall of Fame Booklet. We reviewed the program and reiterated that there will NOT be a head table, and that the Hall of Fame Committee did not want their own table.

8. Tuesday Ex Cmte Meeting: 5:00-5:30p

Joe

Joe advised everyone that this committee will take place immediately following the BOD meeting, which immediately follows the Hall of Fame luncheon.

9. Items from the floor

Joe

None

1. Call to Order President Cliffe reconvened the meeting at 5:00p Joe

Parliamentarian- Darin Boysen

Recording Secretary – Dave Dougherty

2. Comments/Reports/Communications Joe

President Joe Cliffe

None

1st Vice-president Dave Dolan

None

2nd Vice-president Kirk Price

Asked about the information concerning the NHSSI. A discussion followed concerning the information received on the NHSSI dissolving and the money in their accounts transferring to the NHSACA. It was reiterated that the NHSSI is a separate entity and while statements have been made by trustees of the NHSSI nothing will be official until the NHSSI trustees vote on any potential articles of dissolution.

3rd Vice-President Ted Schroeder

None

Immediate Past President Randy Johnson

None

State Ex. Sec. Rep- Darin Boysen

None

Executive Director Dave Dougherty

None

3. Announcements Dave, Joe

Dougherty reviewed the COTY process for scoring nominees, tabulating results, sharing information with the president and notifying finalists as well as their state associations' executive directors.

4. Convention Update Dave

There were no updates provided as Dave and Danell have not reviewed the days' activities.

Registration

Hall of Fame luncheon

Coach of the Year banquet

College credit

Questions

5. Executive Committee Duties for Board Meeting #4 Dave, Joe

This was reviewed.

6. Review BOD Meeting #4 Agenda Dave, Joe
(BOD Agenda)

Reviewed the Agenda for any need for clarification and inserted items from BOD meeting #3 into meeting #4's agenda.

7. Review of Convention Schedule for Wednesday Dave, Joe
(Convention Booklet)

Dave reviewed the events in today's schedule. There was discussion clarifying who would help Dougherty with the COTY Banquet setup.

8. Review General Session #2 Duties Dave/ Joe
(Convention Booklet, Previous handout)

Joe Reviewed the committee members' duties during the 2nd General Session

9. Review COTY Banquet: Duties, Agenda Dave
(COTY Awards Program & Previous Handout)

Dougherty reviewed the specific set up that would take place along with the proper protocol to be followed at the microphone.

10. Thursday Executive Committee Meeting Joe

Dolan reminded the group that we would meet at 7:00a.m. Dougherty reminded them where the meeting was and that he had notified the hotel of the change.

Executive Committee Meeting (June 22, 2017) – Embassy Suites: East Peoria, IL

- 1) Call to Order
President Dolan called the meeting to order at 7:00 a.m.
- 2) Convention Review: Dougherty
 - a) COTY and Hall of Fame Banquets Very good numbers, things went well. The new slides featuring bios on every finalist were a big hit. As was establishing a photo room outside of the banquet hall to take team pictures of each sport. Dougherty is going to give the Sport Chairs the responsibility for finding additional seating for their finalists and guests when the count changes right before the banquet begins. Potentially add a photo of each finalist in the program book. This would be VERY difficult to pull off. Rocky Ruhl suggested giving the Sport Chairs the responsibility for securing these photos. It was also decided that we need another NHSACA COTY banner to use in the photo room.
 - b) Socials and Special Events other than the issue with the cash bar on Monday, things went well. All of these were well-attended and people enjoyed themselves. Joe presented a \$500.00 check from the local Peoria committee to help defray costs as this was money left over that they raised for the convention.
 - c) General Sessions The first general session speaker had a good message, but it was a little short. The second speaker was excellent!!
 - d) Sport Specific Sessions These were well attended and we have had positive feedback.
 - e) Registration (late fee) Just a reminder that we won't charge this fee in 2018.
 - f) Publications The 3 publications for the convention turned out very well. Commend Danell and her great work.
- 3) Affinity Group Ted will continue working with Ashley at Affinity to improve their reporting of activity in this program.
- 4) Coach and AD Magazine Darin and Ted reported that Kevin Hoffman was very impressed with our convention and he is going to report back to his team. There is a belief that we will be able to expand our relationship with Coach and AD magazine and improve the NHSACA's visibility and it's financial health.
- 5) Grants We discussed the need to develop grants but realize we have a lot of work to do in this area. It was brought up that Jim Okler may be of assistance.
- 6) IYCA Dougherty will continue discussions with the IYCA to continue our current partnership and bring benefits from the IYCA to our state associations.
- 7) NHSSI Transition A brief discussion took place concerning the transition and Dougherty will report to the executive committee any new information he receives.

- 8) Other Sponsors Dolan brought up the SD Beef and the International Beef Councils. They may be a big sponsor next year (and potentially into the future)
Talked about the potential of Field Turf becoming a sponsor.

Glazier: Darin will visit with them about a partnership with NHSACA and our member states.

- 9) Budget
- a) Dave's Salary: Dougherty reported that a paycheck for at least \$10,000 would be cut when we receive the Cordonco Check.
 - b) Dave's Contract
Signed, Sealed, Delivered. Dolan and Darin both spoke about increasing the length of the contract when the NHSACA is able to do so.
 - c) Insurance: This comes due in the first week of September (\$1,474.00)
 - d) Shipping of Plaques: Dave and Danell will ship the plaques out when they return to Fargo. It was suggested that in the future we identify the specific sport (for special sports category) on the plaque and in the program.
 - e) Outstanding Bills: Dougherty provided a handout to the committee members identifying the bills:
 - a. Balfour \$300.00
 - b. Embassy Suites ??? A minimum of \$32,000.00 but expect more
 - c. Insurance: \$1,474.00
 - d. Shipping Plaques: \$400.00
 - e. National Office: \$30,000.00 (but will cover at least \$10,000.00 shortly)

10) Monthly Newsletter Assignments

- a) July – Joe Cliffe
- b) August – Dave Dolan
- c) September – Kirk Price
- d) October – Ted Schroeder
- e) November – Rocky Ruhl
- f) December – Dave Dolan
- g) January – Joe Cliffe
- h) February – Kirk Price
- i) March – Ted Schroeder
- j) April – Rocky Ruhl
- k) May – Dave Dolan

11) Fall Executive Meeting

Tentatively set for September 30 and October 1st at the Ramkota in Sioux Falls.

12) Spring Executive Meeting

Talked about March, but nothing set.

13) Committee assignments for Executive Committee

- a) Regional Directors – Joe Cliffe/Kirk Price: Pres Dolan stated that Region Directors need to fill in for Sport Chairs who are not present during the convention. We need to set up a meeting with Region Directors at the convention (like we do with Sport Chairs). Pres Dolan established an Ad Hoc committee to investigate establishing new regions for NHSACA. The members are: Ted Schroeder, Don Prokes and Randy Johnson Dougherty will email the region director duties to Kirk and Rocky.
- b) Sports Chairs –Ted Schroeder/Rocky Ruhl: Ted and Rocky need to work very closely with Forry.

14) Board of Director Changes – Dave Dolan

We reviewed the openings on the board and anticipated changes. Ted would like us to review our Mission statement and ADD an Action Statement.

15) Executive Committee Changes – Dave Dolan

Rocky Ruhl is added as 3rd VP and Randy leaves the Executive Committee. The Executive Committee would like to thank Randy Johnson for an amazing 5 years of service to the NHSACA while serving on the Executive Committee as well as his service managing the NHSACA Website.

16) 2018 Convention Update

President Dolan added to his report from an earlier meeting that he would like to see the NHSACA use social media more extensively for the 2018 convention.

17) Motion to Adjourn

Ted made the motion to adjourn. The motion carried.

**National High School Athletic Coaches Association
Board Meeting One Minutes
Sunday, June 18, 2017
East Peoria, Illinois**

The meeting was called to order by President Joe Cliffe at 2:00 PM. He took the count for the Board Dinner and gave announcements concerning that. Dave Dougherty said that the hotel is offering a lunch buffet on Monday and Wednesday. Sports chairs should inform attendees.

President Cliffe appointed Kirk Price, Parliamentarian; Randy Johnson, Sergeant at Arms; and Sara Kinney, Recording Secretary.

Ted Schroeder gave the invocation and Kirk Price led the Pledge of Allegiance.

Joe Cliffe welcomed everyone to East Peoria, IL. He thanked Dave Dougherty and his wife, the Executive Committee, and the Board for all their hard work and support. He said he had no idea what was involved when he took on this role. He also thanked Dave and Sara Kinney and the planning committee and hoped that everyone would have a good time.

Roll Call

Everyone introduced themselves and it was reported that we had a quorum. Jerry Wetzel was called up to receive a card congratulating him and his wife on their 60th Wedding Anniversary.

Mission Moment

Darin Boysen spoke from his heart concerning the finances of this organization. There are problems and we need to be part of the solution. We owed our director \$35,000 at the end of last year. We are slaves to our past commitments. We need to honor obligations. We need to set a goal and have an action plan. The Goal – no debt by the end of 2017-18. To start the process, the awards have been changed at a saving of over \$5000.00. The debt could be down to \$15,000 by the end of this year. We need to be “servant leaders”.

Minutes

Ken Bruckner made a motion to accept the 2016 Board Minutes. Jerry Miller seconded. The motion passed.

3rd Vice President

Darin Boysen nominated Rocky Ruhl from Nebraska for the position of 3rd Vice President. He has served as President in Nebraska as well as having held many other positions. Jeff Bellar seconded.

Convention Updates

Dave Dougherty reviewed the meeting room locations. He asked that meal counts be turned in for the banquet. We want families to sit together. The social on Monday night is free for hotel guests and people not staying in the hotel need to get a wrist band from the registration desk.

AV equipment will be at registration and can be checked out. Templates are in the packets for doing reports. Get your information in as soon as possible but at least by the middle of July.

Annual Meeting Update

Registrations – 196

College Credit – 16 – 2 credit, 16- 3 credit

Vendors – 7

The numbers are up from recent totals. We have 219 and 7 children for Hall of Fame and 384 for the Banquet. There are 39 guest badges. T-shirt sales have also gone well.

Joe Cliffe asked that blazers be worn for General Sessions. Monday will be in River E and the Board will be introduced. Wednesday will be in River F.

A volunteer for softball is still needed.

Convention Information

Sports meeting rooms are on page 7 in the book. Dave reviewed the exhibitors, please visit. There will be muffins and juice in the morning and cookies in the PM to help meet our food requirements.

Dave reviewed the meeting rooms for committee meetings. Joe asked that the first time be 2:45 to 3:30. The second meetings will run 3:30 to 4:00.

The meeting was recessed by President Joe Cliffe at 2:45.

**National High School Athletic Coaches Association
Board Meeting Two Minutes
Monday, June 19, 2017
East Peoria, Illinois**

The meeting was called to order by President Joe Cliffe at 9:00 AM.

President Cliffe appointed Kirk Price, Parliamentarian; Randy Johnson, Sergeant at Arms; and Sara Kinney, Recording Secretary. He thanked the Kinneys for the Board of Director's Dinner.

Darin Boysen gave the invocation and Ted Schroeder led the Pledge of Allegiance. Randy Johnson asked for people attending their first meeting to introduce themselves. Darin Boysen reported that there was a quorum.

Mission Moment

Harold Shepherd talked about longtime assistant coaches that were friends and coached together for over 40 years. He asked them what they were most impressed with at a NHSACA Convention. They said the resumes of the coaches in attendance, the benefit of talking to coaches, and the state sponsored socials. Harold was emphasizing the point that assistant coaches deserve more recognition.

Annual Meeting Update

Registrations – 198

College Credit – 16 – 2 credit, 16- 3 credit

Vendors – 7

The Hall of Fame is at 218 with 7 children, the banquet is at 389, we have 40 guest badges and 81 shirts sold.

Dave also reminded everyone that the General Session was next door, wear blazers as there will be introductions.

He also mentioned that states should take back awards if the recipient is not present. One Hall of Fame Award was given early due to health concerns. Don Olsen of Montana was thankful that this could be done.

Financial Report

This was already distributed. Rocky Ruhl moved to accept the financial report. Gelaine Orvik seconded. The motion passed.

Committee Reports

State Associations

Gelaine Orvik reported that the discussion concerned soliciting state members and explaining "affinity" to the states.

Hall of Fame

John Hutchison said that inductees need to get information in earlier, perhaps the committee could help. He also said they need an alphabetized list to make sure no-one has been left out. Please let the committee know if you think someone has been omitted.

Budget and Finance

Rocky Ruhl reported on the savings that was achieved by changing the awards. He also said that now that we have 501c3 status we should look at grants that we could receive. The budget was distributed.

Professional Education/Growth and Development

Kirk Price said they discussed reasons for decline in attendance at College Credit Courses. They are also interested in pursuing relationships between this organization and National Sport Organizations. Perhaps a Sports chair could be found there. They discussed live streaming of the banquet and charging for it. They also discussed sponsoring on-line courses.

Nominations and Credentials

Randy Johnson reported that Rocky Ruhl meets the requirements.

Awards

Ted Schroeder reported that there was discussion concerning the new awards. There was discussion on adding sports categories such as lacrosse and spirit club/cheer. There needs to be further study and the committee will work on this during the year.

President Cliffe asked for a motion to accept the Group A committee Reports. Kirk Price so moved and Ken Bruckner seconded. The motion passed.

B Committee Reports

Annual Meeting

Dave Dolan reported that 2018 Meeting will be in Sioux Falls, SD; 2019 in Bismarck, ND; and 2020 in Lincoln, NE. They also discussed Coach and AD Magazine, Social Media, keeping committees together longer and the National Meeting being held in conjunction with State Conventions.

Charter and Bylaws

Sara Kinney reported that the committee was presenting the amendment that had been distributed.

Article VIII. Add "Section 8. There shall be a Sport Chair Coordinator"

Article XI Section 3. After Chair add "and Sport Chair Coordinator"

This will be eligible for vote on Tuesday.

National Office

Ted Schroeder reported that Dave Dougherty has moved and the national office is in good shape. He also mentioned that a reporter from Coach and AD Magazine will be at our Annual Meeting during the week.

Corporate Sponsors

Kirk Price brought up Got Milk and Coach and AD Magazine. He also complimented Jerry Miller and Virg Polak for their hard work at developing sponsors. Jerry is particularly looking for \$2000 sponsors for next year.

President Cliffe asked for a motion to accept the B Committee Reports that were given. Don Olsen so moved and John Hutchison seconded. The motion passed.

Budget

Dave Dolan said this is the first reading of the budget so everyone should review it.

Sport Chairs

Dave Dougherty asked that meal counts get in quickly. Convention reports are due electronically by mid-July. We need softball and soccer to be covered as the sports chairs are not in attendance.

Past Presidents

The past president's meeting will follow the luncheon.

Announcements

Get a wristband from Danell if you are not staying in the hotel. This will get you into the reception this evening. Jerry Miller announced Dakota night in rooms 730&731 from 7-10 this evening. Dave said juice and doughnuts are being provided, please eat them. Also push the region meetings in your sessions.

President Cliffe recessed the meeting at 9:55 AM.

**National High School Athletic Coaches Association
Board Meeting Three Minutes
Tuesday, June 20, 2017
East Peoria, Illinois**

President Joe Cliffe called the meeting to order at 3:30 PM.

President Cliffe appointed Kirk Price, Parliamentarian; Randy Johnson, Sergeant at Arms; and Sara Kinney, Recording Secretary.

Dave Dolan gave the invocation and Darin Boysen led the Pledge of Allegiance. Randy Johnson asked for people attending their first meeting to introduce themselves. Darin Boysen reported that there was a quorum.

Joe Cliffe complimented everyone on a good job at the Hall of Fame. He introduced Kevin Hoffman from Coach and AD Magazine. Kevin had to leave for the Media Panel, but would be happy to talk to people during the week.

Mission Moment

Dave Dolan talked about the great support system he had while growing up. He talked about how we as coaches can build up or destroy an athlete's confidence. He said he wanted to be a great teacher like his father. He was bringing out the impact we have on athletes and even managers. His goal is to serve and expand the organization. He wants to make improvements while not getting rid of traditions.

Annual Meeting Update

Rich Montgomery expressed his appreciation for the cooperation of the sports chairs with the Illinois coaches. Joe Cliffe thanked Kathy Holloway and John Hutchison for emceeing and narrating the Hall of Fame.

Dave Dougherty reported that since there was a mix-up at the reception and there was only one bar, the bill was cut in half and the food minimum was removed.

Budget

Dave Dolan moved to accept the budget. Rocky Ruhl seconded. The motion passed.

Dave Dougherty reviewed the changes made to the Executive Directors Salary. He reported that he and Danell are happy with the arrangement. We are hoping to only owe Dave \$10,000 by the end of the fiscal year.

Website Update

Randy Johnson reported that he is working to make the website more user friendly. President Cliffe thanked Randy for all of his work.

NHSSI Report

Don Prokes reported that the committee did not meet. The NHSSI is a separate organization, designed to get donations tax free. The past 6 years, only individuals have donated and this money has been given to the NHSACA plus the maintenance fee of \$2,400 per year. There is around \$10,000 in the NHSSI. Where the money goes will be decided by the trustees (9 past presidents) on a conference call in October.

501c3

Dave and Danell did this on their own to save the NHSACA money. There was an \$800 filing fee. This does not give state sales tax exemption. He also renewed the trademark which is only good for 10 years and was overdue.

Committee B Reports (continued)

Ethics and Resolutions

John Hutchison presented the resolution recommended by the committee.

Whereas, opioid abuse continues to escalate.

Therefore, we the National High School Athletic Coaches Association recommend that coaches treat this issue in a proactive manner to attempt to curb that abuse by making sure our influence on young people reinforces their education concerning opioids.

Darin Boysen moved to accept the resolution. Jerry Miller seconded. The motion passed.

Bylaws

Don Prokes moved to adopt the bylaw change presented on Monday. Kirk Price seconded. The motion passed.

Dave Dougherty welcomed Forry Flaagan to the board as Sport Chair Coordinator.

Corporate Sponsorship

Ted Schroeder reviewed the benefits we have through the NHSACA page. We need to get the word out. He showed savings available through this program.

Dave Dougherty reviewed the donations from this year:

IWCOA \$2000 for wrestling sponsorship

Bob and Marge Metcalf \$2000 for golf sponsorship

Dave and Sara Kinney \$2000 for Board Dinner

Illinois Coaches Association \$3000 for Illinois Night

Regional Meetings

Region 1 – 4 people present

Region one discussed certification increases, increased fund raising to meet budgets, and trending toward club sports. Gary Makowicki was re-elected Region Director.

Region 2 – No people present

Region 3 – 6 people present

They discussed transgender, pay for play, and the dead period. They suggested that previous inductees stand and be recognized at the Hall of Fame Luncheon. Ed Kershner was re-elected Region Director.

Region 4 – 15 people present

Rich Montgomery reported that they discussed travel limits, no Saturday busing, trending to club sports, and separate state champion (public and private). They recommend getting names of speakers out as soon as possible.

Region 5 – 5 people present

They discussed how to get more states to join. Bubba is working on this. Bubba Davis was re-elected Region Director.

Region 6 – 45 people present

Dan Mitchell reported that they discussed losing school coaches, official's shortages, administrators not controlling rowdy fans, club sports, coaches mentoring programs and rules meetings.

Region 7 – 10 people present

They discussed cutting coaches, pay to play and excessive contact. Heath Hayes was re-elected Region Director.

Region 8 – 7 people present

Steve Johnson said they discussed difficulty getting coaches. They recommend a different time slot so more time can be given to the Regional Meeting.

Virg Polak moved to accept the Regional Reports. Gelaine Orvik seconded. The motion passed.

Dave mentioned that Survey Monkeys will come out after the convention.

President Joe Cliffe recessed the meeting at 5:10 PM.

**National High School Athletic Coaches Association
Board Meeting Four Minutes
Wednesday, June 21, 2017
East Peoria, Illinois**

President Joe Cliffe called the meeting to order at 8:00 AM.

President Cliffe appointed Kirk Price, Parliamentarian; Randy Johnson, Sergeant at Arms; and Sara Kinney, Recording Secretary.

Randy Johnson gave the invocation and Dave Dolan led the Pledge of Allegiance. Darin Boysen reported that we have a quorum. President Cliffe thanked the sponsors for Illinois night; The Illinois Pork Producers and the Illinois Coaches Association.

Mission Moment

Forry Flaagan talked about his MCB Program. This means “money can’t buy”. He and a friend came up with this. They talked to athletes about meaningful interactions. If the students got an unsolicited compliment, he would call that an MCB. He gave the students letter points for this.

Upcoming Conventions

Jerry Miller reported that they already have 9 speakers for the Sioux Falls Convention and money to pay them. Their goal is to get 500 coaches from South Dakota. The dates are June 23-27, 2018. They will also have a Silent Auction.

Randy Johnson said that the Bismarck dates are June 22- 27, 2019. Rooms will be \$109.

Darin Boysen said the 2020 Convention will be unique. It will be totally in with the Nebraska Coaches Convention. They hold it at a high school and shuttle people to the site. The dates are July 19-23.

Annual Meeting Update

Dave Dougherty said we have 207 registrations. This is the first time over 200 for him. The NHSACA will clear \$6650 for the college credit. There were 232 at the Hall of Fame and we have 396 for the Coach of the Year. Dave thanked Rich Montgomery for all of his help with the convention.

Dave Dolan asked sports chairs to meet at 10:15 in the board room.

Election of 3rd VP

The ballots were collected. It was announced that Randy Ruhl was elected as 3rd Vice President.

Executive Director Contract

Dave Dolan reported that the contract was signed for \$35,000. The Executive Committee did not want to make a three year commitment at this time due to the financial situation.

President's Comments

Joe Cliffe thanked everyone for their support. He said it was a great experience and he will continue to help where he can. Good luck.

Elevation of Offices

Don Prokes moved that Gary Makowicki , Region One; Ed Kershner, Region Three; Bubba Davis, Region 5; and Heath Hayes, Region 7 be installed as Regional Directors. Robbie Robinson seconded. The motion passed.

Don Prokes moved that Dave Dolan ascend to the office of President, that Kirk Price ascend to the office of 1st Vice-President, that Ted Schroeder ascend to the office of 2nd Vice-President, that Randy Ruhl be placed in the position of 3rd Vice-President, that Joe Cliffe be placed in the position of Immediate Past President, and that Randy Johnson be placed in the position of Past President of the NHSACA. Virg Polak seconded. The motion passed.

President's Challenge

Dave Dolan said that we have accomplished a lot. We need to use the tools we have to get people to use their contacts. He looks forward to serving the NHSACA.

President Dave Dolan adjourned the meeting at 8:40 AM.

Budget and Finance Report

Members Present: David Dolan, Rocky Ruhl Gelaine Orvik and others (did not remember others present.

First Discussion Item: 2016- 2017 Budget; 2017 - 2018 budget

Action Suggested: accepted proposed budget; objective is to have a balanced budget with no outstanding debt to start the 2018 - 2019 fiscal year

Second Discussion Item: Professional Growth for coaches for 2018 convention in Sioux Falls SD

Action Suggested: Jerry Miller is working on this

Third Discussion Item: Bring in speakers to draw more non recipients to convention

Action Suggested: SD is working on getting some big name speakers for convention - list will come out in Dec. Newsletter

Fourth Discussion Item: Grants and sponsorship as well as cut costs until we have a balanced budget

Action Suggested: current Exec. Board is committed to getting into the black and have Dave Dougherty paid - We have paid all of our outstanding debt except for Dave's salary

2016-2017 NHSACA Budget with Actual Monthly Income and Expenses			
Ordinary Income/Expense	2016-2017		2016-2017
Income:	BUDGET		ACTUAL
College Credit	\$24,000.00		\$10,400.00
Corporate Sponsorship	\$10,000.00		
Dinner & Luncheon Tickets	\$25,000.00		\$24,940.00
Exhibitor Fee	\$1,000.00		\$2,032.00
Membership Dues	\$15,500.00		\$16,500.00
Donations/Memorials	\$1,500.00		\$6,438.00
Misc			\$442.00
NHSACA Shirt Sales	\$2,700.00		\$3,373.00
Registration/Convention	\$23,125.00		\$26,852.90
NHSSI, INC.	\$1,200.00		\$2,400.00
NHSSI, INC. (Sponsorships)			
State Sponsorships	\$4,000.00		\$4,100.00
Convention Advertising	\$600.00		\$5,000.00
Individual Membership			\$30.00
Corporate Partnership Income	\$2,000.00		\$2,164.53
Total Income:	\$110,625.00		\$104,672.40

Expenses		
Accounting	\$1,500.00	\$558.00
Convention Site Inspections	\$300.00	
Board of Director's Dinner		\$1,671.91
College Credit	\$9,600.00	\$3,915.00
Executive Director Expense for Ex Cm Meetings	\$1,200.00	\$1,497.48
Biographies for Hall of Fame and COTY	\$1,000.00	\$500.00
Hall of Fame Awards	\$2,900.00	\$1,537.99
Hall of Fame Luncheon	\$7,800.00	\$6,894.20
COTY Awards Banquet	\$11,900.00	\$19,123.78
COTY Awards	\$8,500.00	\$4,283.93
Special Awards	\$500.00	\$267.39
Vendor Set Up	\$350.00	\$434.00
Miscellaneous Hotel Charges	\$2,000.00	\$1,299.52
Federal & State Reports	\$500.00	
FICA (Federal Insurance Contributions Act)	\$3,000.00	
FUTA (Federal Unemployment Tax Act)	\$150.00	
IRS payroll taxes	\$6,300.00	\$8,710.00
ND State payroll taxes	\$200.00	\$74.00
Liability Insurance	\$1,500.00	\$1,474.00
Licenses and Permits	\$125.00	
Medicare Expense	\$675.00	
Miscellaneous Expense	\$4,525.00	\$6,124.12
Payment to Past Executive Director		
Built With Chocolate Milk Lunch	\$4,400.00	
Past Presidents Luncheon		\$509.16
Continental Breakfast/Coffee Station		\$5,969.21
Shirts	\$1,800.00	\$2,196.23
Office Supplies	\$300.00	\$355.37
Payroll	\$35,000.00	\$13,709.50
Postage, PO Box, Shipping	\$500.00	\$333.01
Printing (Programs, Place Mats, etc.)	\$3,200.00	\$3,164.90
Telephone	\$700.00	\$660.00
Registration Refunds		
Website Maintenance	\$200.00	
Debt owed for National Office 2015-16 Salary	\$35,000.00	\$31,279.50
Total Expenses:	\$110,625.00	\$116,542.20
Total Income:	\$110,625.00	\$104,672.40
Net Income:		\$(11,869.80)

Awards Committee Meeting

Members present: Ted Schroeder, Greg Brown, Tim Walstrom, Sara Kinney, Jerry Wetzel

First Discussion Item: Comments on New Awards

Action Suggested: Nice, the idea of saving money was most important to this committee. They were termed as classy, more user friendly, easier to display at home.

Second Discussion Item: Because of the importance of Awards to this organization, and because of the 30 minute limit to this meeting, extending this meeting to include some discussion throughout the fall and reporting back to the executive committee before the fall executive committee meeting.

Action Suggested: Ongoing committee work

Third Discussion Item: Addition of Lacrosse

Action Suggested: Research and factfinding:

- Find out how many member state currently have Lacrosse as sanctioned sport.

- Find out if each of the states have boys and/or girls lacrosse.

- Find out how many lacrosse nominations there has been in special sports for the last few years.

- Since the association finances are a continuing concern, predict what adding a sport will cost the NHSACA.

Fourth Discussion Item: Spirit Club / Cheerleading / Dance

Action Suggested: Factfinding research and factfinding:

- Find out how many member state currently recognize Spirit/Cheerleading/Dance.

- Find out if Spirit/Cheerleading/Dance is a sanctioned sport or considered an activity (similar to journalism, band, music, etc) in the different states.

- Find out if Spirit/Cheerleading/Dance is for girls/boys/or coed in the different states.

- Find out how many Spirit/Cheerleading/Dance nominations there has been in special sports for the last few years.

- Since the association finances are a continuing concern, predict what adding a sport will cost the NHSACA.

Hall of Fame Committee Report

Members Present: Virg Polak, Jerry Miller, Kathy Holloway, Bob Davidshofer, Don Prokes, and John Hutchison

First Discussion Item: Encourage inductees to get info to NHSACA early and answer all needed questions.

Action Suggested: As we committee members each contact the 4-5 inductees assigned to us, we will encourage inductees to be as prompt as possible.

Second Discussion Item: Have an alphabetized list of past HOF classes so that we can more easily check whom we might consider and who might already have been inducted in prior years.

Action Suggested: Ask Exec. Dir. Dougherty if that is possible.

Third Discussion Item: If any board of directors has a name of a person who has been left out, or who is from a state that is not very active now, but did work hard for the NHSACA in the past, and you feel that we should induct that person, please get the contact information for that individual to us.

Action Suggested: Any board member may contact Dave Dougherty or one of the HOF committee members.

Professional Education / Growth & Development Relations

Members Present: Kirk Price, Jeff Bellar, Jim Okler, Jerry Horton, Renee Schultz, Justin Davie.

First Discussion Item: Trying to increase Education Registration.

Action Suggested: Renee suggested we approach the powers that be, in each state as much as 4 years in advance to get state endorsements for our course offerings.

Second Discussion Item: Use the national sports specific organizations to get possible Sports Chairs.

Action Suggested: Have Forry contact National Soccer Coaches Association with the suggestion of a connection in the future. Make sure once the connection is established we keep them in the loop as to the contact person is in our organization.

Third Discussion Item: Live stream our 2 banquets

Action Suggested: These inductees have family and athletes interested in seeing the induction &/or award presentation. Charge \$5 and get income from this effort.

Fourth Discussion Item: NHSACA sponsor on line coaches classes

Action Suggested: Someone must research how to do this, Darin Boysen has been looking at this possibility for coaching resources.

Nominations and Credentials Committee

Members Present: Randy Johnson (ND) – Chair, James Ford (CT), Jeff Halseth (SD)

Discussion Item: The committee reviewed the application, letters of recommendation, and criteria for Rocky Ruhl to run for 3rd Vice President.

Action Suggested: The committee is excited to report according to the National High School Athletic Coaches Association By-Laws, Rocky Ruhl is eligible to be placed on the ballot for 3rd Vice President.

Media / Publication Committee

Members Present: Ken Bruckner Co-Chair, Bill Weber, Heath Hayes, John Hoch, and Co-Chair Rich Montgomery.

First Discussion Item: Start a Twitter account.

Action Suggested: We suggested to try to get the younger coaches more involved and informed that we start a Twitter Account. We felt that most schools and coaches use twitter over email, texting, etc.

Second Discussion Item: In order to get our clinic out there that we put our dates for our clinic in the programs of all state tournament programs.

Action Suggested: We thought that if everybody would talk to their Athletic Association, that this would be a do able activity. Each sports chair would contact the activities association.

Third Discussion Item: Ways to attract more people.

Action Suggested: Talk to ESPN, Fox Sports, or any other big time settings to see if they could broadcast or televise a session from the convention.

2017 NHSACA National Office Committee Report

Members Present: Randy Johnson (ND), Chair; James Ford (CT); Jeff Halseth (SD)

Discussion Item: The committee reviewed the application, letters of recommendation, and criteria for Rocky Ruhl to run for 3rd Vice President.

Action Suggested: The committee is excited to report according to the National High School Athletic Coaches Association B-Laws, Rocky Ruhl, is eligible to be placed on the ballot for 3rd Vice President.

2017 NHSACA Annual Meeting

Members Present: David Dolan, Dan Mitchell, Darin Boysen, Rich Montgomery, Heath Hayes, John Hoch, Forry Flaagan

First Discussion Item: Fiscal 3 year Clinics; Sioux Falls, SD – 2018; Bismarck, ND – 2019; Lincoln, Neb. – 2020

Operating in the black by August 2018

Need help to expand to other states – what do they get for \$1000

Action Suggested: Coach / AD magazine Kevin Hoffman will be at 2017 convention; Infinity program – benefits; Glazier members – online / digital

Second Discussion Item: Committee member continuity

Action Suggested: Keep committee on longer; possible by-law change

Third Discussion Item: How to get more coaches as members

Action Suggested: out to social media; social media director; social media policy

Fourth Discussion Item: partner with state event and national convention

Action Suggested: go to states that will partner

Charter and By-Laws Committee Report

Members Present: Wayne Carney, Co-Chair; Sara Kinney, Co-Chair; Renee Schultz, Randy Johnson, and Don Prokes.

First we discussed the recommendation from the Executive Committee to add the position of Sport Chair Coordinator to the NHSACA Board. We agreed to suggest that this position be put under nomination with the Sport Chairs in the constitution. These amendments will be brought to the board.

Article VII. Add "Section 8. There shall be A Sport Chair Coordinator"

Article XI. Section 3. After Chair add "and Sport Chair Coordinator"

Renee brought up a suggestion by Kirk Price that we look to National Sport organizations for a particular sport if we were unable to find a Sport Chair in that sport. It was discussed.

Randy distributed a suggestion for regional bylaw changes. This would involve reconfiguring the regions each year to make them more equitable. We discussed the ramifications such as not being able to have region directors since the regions would change each year. At that point perhaps we don't have regions. Not having regions brings up other problems. We discussed going to 4 regions and having 2 nominees from each. We also discussed having a Regional Director Coordinator to add stability to the process.

We decided that we are still not ready to bring anything to the board. This still needs to be studied so we can come up with a good solution.

2017 NHSACA State Association Report

Members Present: Darin Boysen; Co-Chair Gelaine Orvik; Co-Chair Dan Brunner, Steve Johnson, Dan Mitchell, Don Olsen and Wayne Carney

First Discussion Item: Discussion opened on purpose of the committee:

- *To identify solicitation avenues to purpose new membership

- *To identify NHSACA Benefits as a carrot; identify Coach & Athletic Director Magazine as a physical benefit for Members for a cost of \$1.50 for the year (a savings of \$7.50); request associations to identify the magazine as a benefit of members in State's publications, request state's leadership provide explanation of the magazine benefit at State Conventions, at individual sports leadership meetings, and at State Activities Association Meetings and/or publications

Action Suggested: To identify the Affinity Program and benefits for State Association as well as for individual members:

- *to give directions to include distribution and use by other scholastic groups within the state; i.e. State Administrators' Association, State Principal's Associations, State Athletic Directors Associations, State School Board Associations

- *To Explain the positive benefits for each member to save money for each and every Affinity co-operative entity

Second Discussion Item: To explain the use of Social Media as a means of notifying coaches of all states individually and as a group the purpose and benefits of NHSACA

Action Suggested:

Third Discussion Item: Heard the cooperative partnership that Glacier Clinic and Nebraska Coaches Association has and the benefit opportunities of publicizing the State Association and NHSACA.

Action Suggested: Darin Boysen will contact Glacier and discuss the present partnership contract to include All NHSACA Member States with a %age of the contract to go to NHSACA.

- * Explain thoroughly the positive impact to having Glacier to do the recording of State Convention sessions and posting as a link on the State's Website.

- *Explain that Glacier would want a group enrollment from each state's schools entire coaching staff to attend any Glacier Clinic throughout the nation for a blanket fee for each school that participates.

Fourth Discussion Item: Identified Pro-Active Coaches led by Rob Miller and Rod Olson as an opportunity for state coaches to cooperatively use as a source for coaching schools and training coaches

- * Identify how the Pro-Active Coaching Program could be be a cooperative venture by NHSACA to offer to states

Ethics and Resolutions Committee Report

Members Present: Co-chairs John Hutchison and Kathy Holloway, Dan Brunner, Rich Montgomery (was double assigned and later apologized for his absence), and Sara Kinney (in spirit).

The committee discussed various issues and submitted the following resolution.

Whereas, opioid abuse continues to escalate.

Therefore, we the National High School Athletic Coaches Association recommend that coaches treat this issue in a proactive manner to attempt to curb that abuse by making sure our influence on young people reinforces their education concerning opioids.

Corporate Relations & Sponsorship

Members Present: Kirk Price, Virgil Polak, Steve Johnson, Jerry Miller, Jim Okler

First Discussion Item: Status of Got Milk

Action Suggested: None – try to keep them onboard

Second Discussion Item: Procuring Other Major Sponsors

Action Suggested: Jerry Miller & Virg Polak have visited the South Dakota office of The Beef Council , They made good progress for the first meeting and have future meetings planned. Jerry feels this will evolve into a major Sponsor and they have plans to procure \$2,000 sponsors for many if not all sports. The future years may also be helped as The beef Council may continue their support for The NDakota Meeting ,2019 and the Nebraska meeting 2020

Region I Report

Roll Call of States in Region (Include number of people from each state):

- Four people present for the meeting. All of them were from Connecticut.

Introductions: name, sport, and State of each person in the meeting:

- James Ford (CT) – Girls Cross Country Chair
- Thayer Redman (CT) – Boys Track & Field COTY Finalist
- Mike Cohen (CT) – Boys Cross Country COTY Finalist
- George Crouse, Jr. – Tennis COTY Finalist

Status of Athletics and Coaching in your State:

- There are more requirements for coaching in the State of Connecticut. Coaching certification for 5 years. Coaches need 15 CEU courses. It seems all the requirements are driving coaches out of the profession and the state is losing good coaches.

Problems Coaches face:

- Seems to be a lot more fundraising needing to be done in order to have a team and be able to do things with the team.
- There is a push away from high school sports to club sports.
- Transgender issue has occurred. A person who claimed to be a female was allowed to compete in the female portion of the State Track and Field Meet this year causing some concerns on the transgender issue.

Suggestions for improving NHSACA's role for Coaches:

- Maybe have some guidelines dealing with issues like transgender.

Region Director Election:

- Gary Makowicki was re-elected as the Region 1 Chair.

Region II Report

No members present so no report.

Region III Report

Roll Call: Florida – 7

Introductions

Discussion: Trans Gender

Play for Pay, Pay for Play

Dead period A. Plus of B. Minus of

Coaches leaving Coaching

Region Director Election: Ed Kershner

Submitted by: Ed Kershner, Region Director, 6/20/2017

Region IV Report

Roll Call: Michigan 7
Ohio 0
Indiana 0
Wisconsin 2
Illinois 7

Introductions: Michigan

Tim Roberts – wrestling

Mark Holdren – Exec Board

Jim Okler – Exec Board

Cliff Somers – Cross Country

Kim Spalsbury – Cross Country / Track

Pete Luczyk – Tennis

Peter Militzer – Tennis

Wisconsin

Dan Brunner – Exec Board

John Hoch – Exec Board

Illinois

Keith Healy – Wrestling

Sara Kinney – Exec Board

Barry Malloyd – Track

Michael Lewellyn – Track

Roscoe Dowell – Track

Myron Keppy – Wrestling

Rich Montgomery – Exec Board

Questions for discussion:

What is the status of Athletics and Coaching in your state:

No opinions – concerns

What problems do coaches face – budget issues, parent issues:

Michigan – travel limitations are creating competition issues. Budget issues, schools are cutting Saturday bussing state is cutting funding levels – separate championships for private and public – school choice / voucher issues.

What are hot topics: Do better job of promoting programs & communication

Michigan – school choice / voucher issues

Suggestions for improving NHSACA's role for Coaches:

Advance – release of speakers / program – NHSACA convention

Better publication / notification of NHSACA convention info

Web-site not user friendly

Region Director election (if needed):

None

Submitted by: Rich Montgomery, Region IV Director. June 27, 2017.

Region V Report

No Report

Region VI Report

Roll Call: MN – 0
IA – 14
ND – 9
SD – 15
NE – 5
CO – 2

Questions for discussion:

What is the status of Athletics and Coaching in your state:

- Have more coaches who do not teach
- Paid Coaches out of district
- Official shortage

What problems do coaches face – budget issues, parent issues:

- Kids involved with AAU at the same time as a school sport. Kids are overworked
- Outside coaches don't understand responsibilities, we need to educate new/outside coaches about roles/responsibilities. Coaches mentoring program started in South Dakota. Communication is the key with outside or new coaches.
- Wisconsin football has a handbook to mentor coaches.

What are hot topics: Do better job of promoting programs & communication

- The status of rules meeting in your state?
- IA – log on, must have a form
- NE-Head coaches logon or they can attend at coaches clinic
- CO- League meeting

What are the states doing with enrollment reductions and co-ops?

- South Dakota, 4 wrestlers allowed to practice at different school then allowed to compete at meets at their own school.
- NE, Co-ops are allowed, classification change and requirements on the horizon.
- Classify based on Boys numbers for football. 6-man football

Region VII Report

Roll Call: Wyoming – 7
Montana – 4

Introduction: Wyoming

- Scott Smith – Track
- Charlie Williams – Wrestling
- Bruce Mowry – Track
- Renee Schultz - Past President
- Heath Hayes – Region Director
- Melissa Hoopman – Asstn Girls
- Briant Teichert – HOF

Montana

Jim Kola

Julie O'Dell - Cheer

Dan Hodge

Dick McMahon

What is the status of Athletics and Coaching in your state:

Economic crunches. Limiting #'s of coaches per sport – cutting

Pay to play – coaches don't like this, limiting team numbers by forcing cutting players

What problems do coaches face – budget issues, parent issues:

Same as above

What are hot topics: Do better job of promoting programs & communication

Coaches not lasting more than a couple years due to parent pressure

Suggestions for improving NHSACA's role for Coaches:

Posting who speakers are for sessions so coaches can move around.

Topics on schedules.

Contacting Dept. of Education in each state to help push NHSACA.

Region Director election (if needed):

Heath Hayes was elected to serve as Region Director for #7

Submitted by Heath Hayes, Region 7 Director, July 3, 2017

Region VIII Report

Roll Call of States in Region (include # of people from each state:

AZ had four people

NM had three people

Introductions: name, sport, & State of each person in the meeting:

Jack Cisco - Football - NM

Jimmy Samaniego - Softball - NM

Mark Turner - Track - NM

Laurie Martin - Tennis - AZ

Herman Andrews - Wrestling Sport rep - AZ

Robbie Robinson - Past Pres. - AZ

Steve Johnson - Region 8 Director – AZ

Questions for discussion:

What is the status of Athletics and Coaching in your state:

Every coach had a different view point considering we were all from different parts of AZ & NM, both rural and metropolitan suburbs. The comments that were made were all positive and optimistic.

What Problems do Coaches Face – Budget issues, Parent issues

From the smaller schools the most common remark was related to money. In today's economy money is a common problem for all schools and depending on your geographic location it is going to vary.

What are Hot Topics – Do better job of promoting programs & Communication

The hot topic from our group was communications. Comments ranging from lack of open communications between fellow coaches, school administrators and parents. Each comment shared was with concern and hopefulness for the future of the coaches respective sports and their schools

Miscellaneous Topics – None

Suggestions for Improving NHSACA's role for Coaches:

To keep on with the continued optimism that NHSACA is trying to promote around the country.

Region Director Election (if needed):

No election for this region

Submitted by:

Name - Steve Johnson, Region 8 Director

Date - July 13, 2017

**ASSISTANT COACHES – GIRLS’ AND BOYS’ SPORT REPORT
NATIONAL HIGH SCHOOL ATHLETIC COACHES ASSOCIATION
NATIONAL CONFERENCE – PEORIA. ILLINOIS**

GIRLS’ SPORT CHAIR – BOB DAVIDSHOFER

BOYS’ SPORTS CHAIR – KEN BRUCKNER

Session One - Six people were in attendance,

Dan Mitchell of South Dakota spoke on his 33 years of coaching football. He had a 5 year span with 5 different head coaches. Stressed the importance of young coaches going to clinics and not just learning online about coaching.

Richard “Doc” Michel of South Dakota spoke on his 47 years of coaching. He was Forry Flaagan’s assistant in girls’ cross country and track for 24 years during their championship seasons. He was instrumental in establishing boy/girl state championships in their state association.

Dick McMahon of Montana spoke on his 24 years of being an assistant coach in football & boys’ track. He taught in the junior high his entire career and thought that the head coach should be an instructor at the high school level. He coached with 5 different head coaches with different philosophies. Stressed the importance of the assistants adapting to each head coach. The football team had a 32 game winning streak at one time.

Bill Lindsey of Kentucky was the 4th speaker. He was a past president of the Kentucky State Coaches Association and was a former head coach at one time. He said he preferred coaching at the junior level where it was easier for him to bond with the athletes. Most of the time was spent in a roundtable discussion. He was the eventual winner of the of the Boys’ Assistant Coach category.

Session Two – Ten people were in attendance.

Lisa Crabtree of Iowa coached middle school girls’ volleyball, basketball and track. Her talked centered on proper technique in throwing the shot. She mentioned her son, who was too small by most coaches to compete with this event, eventually placed at the state event by improving on his technique.

Melissa Hoopman of Wyoming talked about the warmups she uses before volleyball practice. She mentioned that the girls bring so much school baggage to practice that they need to get it out of she way before regular practice begins. She uses the term “coach fun” for the things they do. Some involve dance steps, I Phone activities, writing notes to each other and decorating volleyballs. She thinks these warmups have really helped to improve their practices.

Jim Kola of Montana discussed the hurdles. He talked about having the attitude of always “attacking the hurdles.” He uses film to show what they’re doing well and what they need to improve on. He thinks his success has been due to using shorter steps and shorter hurdles during most of their practices. He only uses the regular heights once a week. He works with the boys and girls together and said it has worked well. He tells them “you can always do more than you think you can.” Most of his hurdlers are middle distance runners.

Ronda Motykowski of Nebraska spent 30 years of coaching basketball, volleyball and track. She said that many athletes were hurt during her career due to the fact that the assistant coaches did not have the same philosophy as the head coach. She stressed the importance of preparing the junior varsity teams for the varsity level.

Jim Tandeski of North Dakota spoke on coaching the javelin. Most of his time was spent in a roundtable discussion.

Session Three – Thirteen people were in attendance.

Mark Murdock of North Dakota spoke on coaching track in a place where the team spends most of the 1st half of the season training indoors due to weather problems. He coaches 20 athletes which is 1/3 of the team in the shot and discus. He tries to create a family atmosphere on the team and stresses the importance of repetition. He coaches every athlete like they were state champions.

Jerry Walker of Iowa, the boys' assistant football coach, spoke on the importance of seniors being the leaders on the team. Started voluntary leadership classes before school and thinks this has been one of the keys to the team's success.

Ballard Johnson of Wyoming is the assistant boys' coach in football and track. He teaches in the middle school but coaches at the high school level. He says Star Valley High school in Auburn, Wyoming "is a long way from nowhere" which makes travel one of their major problems. He spoke of the importance of physical and mental toughness. He also stressed the importance of loyalty to the head coach.

Jim Bacus of Nebraska was the final speaker. He coaches middle school football and basketball. He particularly likes coaching the quarterbacks on the football team. Most of the session was a roundtable discussion on various topics.

Comments

I thought our mini-clinics went very well. Several sessions were listed as as being conducted by Illinois coaches but no speaker was present for any of them.

Name of Sport: Athletic Directors Submitted By: Rocky Ruhl

Session 1 Speaker: Becky Moran- CMAA, Athletic Director at Argo: Attendance Number 10
Her topic was Motivating Today's Student Athletes. Becky talked about how times have changed and how do we motivate athletes who are from the cell phone, computer era. There group had a good discussion at the end of her presentation about how they have adjusted over time.

Session 2 Speakers: Tim Feigh, Hinsdale South, Mike Morris, IADA Executive Director: Attendance Number: 5

Tim and Mike's topic was A Common Set of Circumstances for Challenging Personalities. Their discussion fits into NSIAAA Leadership Training class 714. They talked about having set circumstances for different situations an athletic director could find themselves in. A couple of examples were entitlement (parents), dealing with your coach's personality. Each of us discussed a situation we were in and how we reacted to it and if we would have done it different if we had to do it again. They had suggestions for us.

Session3 Speaker: Ron Piatchek, Tinley Park Andrew, IADA Athletic Director of the Year in 2014. Attendance Number: 6

Ron's topic was Organizing and Running a Large Event. Ron used Thanksgiving Day and paralleled his thoughts and asked the question can we host this. You must have a plan for before, during and after the event. He went through the whole process of planning Thanksgiving Day and how it related to hosting a

big event at your school. He gave detailed steps to help plan for an event and also possible problems that could occur while doing so.

Session 4 Speakers: Randy Oberembt, New Trier Township Director of Athletics, Bob Prusator, Superintendent . Attendance Number: 13

Randy and Bob's topic was Enhancing the Margin of Excellence - Student centered planning for your team.

They discussed core values of the program and student satisfaction verses Competitive Excellence. They discussed how are you going to make good be great and how social emotional was a big part of the game.

Session 5 Speaker: Doug Smith, CMAA, NIAAA Executive Board from Naperville Attendance Number:10
Doug's topic was steps to building a program. He discussed his seven C's for coaching and went into detail about each. The end result was to be "Better today that yesterday".

Session 6 Speakers: Jeri Kelly, Lake Brantley High School in Florida, David Litterer, Waverly-Shell Rock High School in Iowa: Attendance Number: 10

This was a finalist roundtable presentation. The topics brought forward and discussed by the group included: sportsmanship, concussions, student athlete leadership, booster clubs, and budgets. It was very interesting to compare situations from each state and how each of us dealt with them.

Session 7 Speakers: Keith Muller, Wilber Clatonia Schools in Nebraska, Joe Alstat, Greenville High School in Illinois, Gary DeGooyer, Great Falls Public Schools in Montana, Lorell Jungling, Mandan High School in North Dakota. Attendance Number:12

This was the second finalist roundtable presentation. The topics discussed were fund raising, funding, school calendar relating to dead weeks or moratoriums. There were some great ideas for fundraisers in the group.

Name of Sport: Baseball Submitted By: Heath Hayes

Session 1 Speakers: Jerry Rashid, Illinois; Mike Olson, Illinois . Attendance Number: 4

Session 2 Speakers: Paul Huitt, New Mexico; Jim Steinwart, Illinois Attendance Number: 3

Session3 Speakers: Ben Diggle, Illinois Attendance Number: 3

Session 4 Speakers: Bob Schlemmer, Illinois; Matt King, Illinois Attendance Number: 5

Session 5 Speakers: Pete Dobitz, North Dakota; Mike Woods, Arizona Attendance Number: 8

Session 6 Speakers: General Session Attendance Number:

Session 7 Speakers: Troy Charf, Nebraska; Jerry Boatner, Mississippi Attendance Number: 8

Name of Sport: Boys and Girls Basketball
Submitted By: Jeff Halseth

Session 1 Speakers: Evan Massey - Galesberg HS Girls Coach Attendance Number: 15

Coach Massey discussed a variety of topics that he has learned over 40 years of coaching. He believes that the 2 most important people to get to know as a coach is the Athletic Secretary and the Custodian. He also believes in developing relationships with the entire staff and administration. Coach Massey has learned that when it comes to developing a coaching staff you want to look for those that are loyal before first then expertise. He is a big believer in attending coaching clinics since the game is changing so much your playbook may change as well. In regards to parents Coach Massey believes that if you show you care about the players you will get parents to back you.

Session 2 Speakers: Karrie Redecker - ICC Girls Head Coach Attendance Number: 19

Coach Redecker talked about culture assessment of your program. She discussed that she wants her players to be owners in the program not just renters. A renter has one foot in the door and one foot out the door. They are afraid to fail. Owners on the other hand find solutions to problems instead of complaining. Owners are better at enforcing team rules and owners make better leaders. Coach Redecker also discussed how players need to learn to become accountable by being responsible for their actions, admitting mistakes and learning from them, being open to all forms of communication.

Session 3 Speakers: Illinois speaker did not show. Attendance Number: 19

We used this time as a question and answer session. Topics that were brought up were program development and feeder programs, building relationships. Many of our coaches in this session added their input to what they do which brought out a nice discussion about our basketball programs

Session 4 Speakers: Grey Giovanine - Head Mens Coach - Augustana College Attendance Number: 19

Coach Giovanine shared with us his philosophy on rebounding. He tells his players that when a shot goes up the war begins, do what you can to improve your position. He uses a stat that most teams will shoot 40% if they just get on shot per trip. The percentages increase tremendously on 2ns and 3rd chances. Teams will make shots 60% of the time if they get a second chance and 80 % if they get a third chance. He want his players to to get those 2nd and 3rd chances. He tells his players that when they shoot and you are on your mans backside you are in the wrong spot. Shot goes up do what you can to improve your position.

Session 5 Speakers: Jim Shafer - Head Boys Coach - Gillette WY Attendance Number: 12

Coach Schafer shared with us a zone defense that he is using with his boys team. In a half court set his players line up in a 1-1-2-1 set. This type of defense will eventually turn into a 2-3 defense as ball is moved around. He likes to use this because it provides trapping opportunities that he can take advantage of.

Session 6 Speakers: Media Panel discussion Attendance Number: ??

Sponsored by the Illinois coaches association. The panel consisted of:
Bobby Parker - Bradley University
Jim Mattson - Channel 19/25 Sports
Kirk Wessler, Peoria Journal Sports
Bob Bates - Attorney

The topic that they discussed were the Do's and Dont's of Social Media.

Session 7 Speakers: Round Table Discussion

Attendance Number: 20

We used this time for any of our finalists who had not had a chance to speak to talk about their programs and any topic that they wanted to share. Boys finalists that spoke were: Joe Fenlon - Tampa Preparatory School, Tampa Fl; Mitch Osborn - Harlan High School, Harlan, Ia; Paul Barta - Columbus High School, Columbus, Mt; Howie Hewitt - Maloney High School, CT.

Joe Fenlon - Discussed about his program from a private school aspect. He is believer in building relationship and memories with his players. He also talked about AAU programs and their effect on high school programs. He was an AAU coach for 5 years before he go out of it.

Paul Barta - He believes the best part of coaching is teaching life lessons to his players. He has had to cut players that were talented players but not good kids. He thinks the best way to get your kids to buy into your program is through honest communication. One thing that he has done to help make his program successful is bringing in retired coaches or ex-players to scout his own team to see things about his team that he may not see.

Mitch Osborn - He is a big believer in multi-sport athletes, meaning he like to see his basketball players playing multiple sports. He likes to develop his program as kids as young as possible. He calls it "planting the seed to harvest later." Coach Osborn is a big believer in attending clinics. He thinks stealing ideas from other coaches is a way to learn new ideas as he implements those ideas into his own program how he sees fit.

Howie Hewitt - Coach Hewitt is also a strong proponent of multi-sport athletes as he is a baseball coach as well as the basketball coach. He is a coach that believes that in order to get your players and parents to buy in to your program you have to establish open an honest communication. He also like to establish a good relationship with his players. He is a coach that likes to play full court defense.

Name of Sport: Girls Basketball
Submitted By: Justin Davie

Session 1 Speakers: Evan Massey Attendance Number: 14

Spoke on what he has learned in 40 years of coaching. What to expect and reality of coaching with administrators, parents, athletes, coaching staff, and what you need to do as a coach.

Session 2 Speakers: Mark Seftner and Brett Sanders Attendance Number: 14

Both talked about how they run practice, program philosophy, and the discussion went to number of games per season, length of season, contact rules, and xmas break in the different states.

Session 3 Speakers: Roundtable Attendance Number: 18

The speaker didn't show up so we did a roundtable discussion with the coaches on a variety of topics.

Session 4 Speakers: Andrea Gorski and Greg Gioviani Attendance Number: 17

Talked about how to build a culture.

Session 5 Speakers: Thom Sigel and Jim Schaefer Attendance Number: 17

Program development and youth teams and basketball in Wyoming.

Session 6 Speakers: Media session Attendance Number:

Session 7 Speakers: Multiple speakers Attendance Number: 17

All finalists that have not had a chance to speak were given a chance to speak. Spoke on a variety of topics.

Name of Sport: Boys Cross Country
Submitted By: Forry Flaagan

Session I Speakers: Brian Anderson (ND) and Michael Cohen (CT) Attendance Number: 11

How to go about blending genders and abilities in workouts.

Utilizing workout duration by time versus distance.

Adding discipline to workouts through autonomy and self-reliance.

Operating a system with no minimum standard for participation.

Dealing with the emotional shift from Cross Country to Indoor Track and Field to Outdoor Track and Field.

Session 4 Speakers: Mark Albert (MT) Attendance Number: 14

Establishing dress codes for practice: shirts versus skins (B) / sport bra (G).

Stress taking care of yourself and not worrying about the “other guy”.

Intergrating new with old; traditions – sayings -workouts.

Sportlighting=complimenting teammates.

Word of the Meet=an inspirational word per each meet.

Why Day=Seniors opportunity to tell team why they run.

Session 5 Speakers: Cliff Somers (MI) Attendance Number: 14

Cliff coaches at the high school he competed for and graduated from. Coach strives to continue and build on existing history and traditions. Established an alumni race with co-ed teams made up of alumni and current team members. Bases team championship expectations for each season on scouting returning competition and own returning and new athletes.

Session 7 Speakers: Erv Gebhart (SD) Attendance Number: 16

School in small farming community. Shares most athletes with other sports / morning practices avoid other practice time conflicts. Weekly 2 minute anaerobic run to measure and monitor improvement and conditioning. Tempo run on gravel road behind pickup truck, grab the endgate when fatigued.

Name of Sport: Girls Cross Country

Submitted By: Jim Ford

Session 1: Boys: Brian Anderson (ND), Mike Cohen (CT); Girls: Jay Getty (FL)

Also present: 2 National Chairs 8 Other Coaches

First Discussion: Challenges of Coaching both Genders

Action Suggested:

Coed groups training when appropriate to ability levels

Work equally hard with both, even if one team is better

Supervision using loops due to disparity in training paces

Second Discussion: Setting up of running workouts either via miles covered or by minutes ran.

Action Suggested:

Beginners are best to use minutes spent running

For most females, most programs were between 30-40 mpw

Check fitness progress by using distance covered tests/trial every 3 weeks

On track cover as many laps as you can for (can pick time segment)

But examples were 14:30 or 15:45 or 17:30

Let runners know when 1 minute is left

Third Discussion Item: Summer Training Rules/Concepts by State

Action Suggested:

- Some states have no rules, some a dead period
- Whatever the rules, set up what you can do to maximize fitness

Session 2: Boys: Mark Albert (MT) Girls: Garry Winter (SD) and Ron Kline (WY)

Also present: 2 National XC Chairs and 10 other coaches

First Discussion: Training Variations to keep training fun and interesting

Action Suggested:

- Scavenger Hunts
- Biathalons / Running and Biking / Running and Swimming etc
- Theme Days... Hat day, Tie Dye day, etc

Second Discussion: Team motivation

Action Suggested:

- T shirt exchange – number of placement runners have numbered shirts, and before walking the course of the next meet, whomever was number 1 runner in the previous meet wears the number one shirt, accordingly since placements shift, team members exchange shirts.

- Posting team stats
- Attend Out of State Meets

Third Discussion: Setting up training plans and racing schedules.

Action Suggested:

- Set up 2 week training plans 1 race every 2 weeks
- Due to league requirements, you may need to adapt
- Some coaches have no league requirements
- Many AD's have difficulty not seeing league dual meets as less important

Fourth Discussion: Summer training recording methods

Action Suggested:

- Post cards with weekly training summaries
- Physical running logs turned in weekly
- On line running journals are increasingly popular
- School system google docs also in vogue

Session 4: Boys: Erv Gebhart (SD); Girls: Emily Kloss (MI), Marty Thomae (IA), Jeff Gee (CT)

Also present 2 National Chairs and 12 other coaches

First Discussion: On line running resources. Jay Johnson workout routines

Action Suggested:

- Site High School Running Coach
- Handout detailing running supplemental exercises / workouts

Also med ball, stretch ropes, etc
Circuit training variations

Second Discussion: Using outdoor track to benefit XC

Action Suggested:

Get kids out for track, give them a taste of success and recruit out for XC
Use fun workouts and activities, ie: 200 mile club shirts
Go to summer road races
Attend summer XC camp

Third Discussion: Race distances ie 4km vs 5km

Action Suggested:

Some states mandate all races be 5km
Other states have flexibility
Vary the race distance during the season. A mixture of 4km and 5km or similar
Some colleges have also done this, running a race of 2 "off distance"

Name of Sport: Football

Submitted By: Jeff Bellar

Session I

Number of Coaches: 12

Presenter: Arlin Likness, Yankton High School, Yankton South Dakota

Topics Covered: Buck Football

Implemented Unity Council for the Football team, each member would sit as a group and help monitor program goals and weight room attendance, and discipline infractions. This helped raise the bar for the entire program.

Session II

Number of Coaches: 12

Presenter: Lou Marinelli, New Canaan High School, New Jersey

Topics Covered: Fast pace practice. Much like they play up-tempo football. Music during practice, loud simulate game type noise, team must be able to handle these situations in practice to handle game type situations.

Started 503 C for his Football program to help offset expense for his players.

Session III

Number of Coaches: 10

Presenter: Ricky Woods, Starkville High School, Sturgis MS

Topics Covered: Coaches should be able to treat each athlete like it is their son. Practice at the end of the year should be shorter save the athletes for the games. Trip to Water Park in the pre-season very good for team bonding.

Session IV

Number of Coaches: 14

Presenter: Jack Cisco, Hatch Valley High School, Hatch NM

Topics Covered: Develop the Total Person, Hatch Football; spend 50% of the time in film room teaching.

4 Things they teach:

1. Self-Discipline
2. Practice Mental Toughness
3. Work Ethic
4. Goals (Teach them how to set goals)

Session V

Number of Coaches: 10

Presenter: Dan Imdieke, Linton High School, Linton ND

Topics Covered: 40 years of Football in a small school in North Dakota

Consistency in the program built on hard working farms boys.

Session VI

Number of Coaches: 12

Presenter: Les Meyer, Fairfield High School, Fairfield, MT

Topics Covered: Do the little things right. Shotgun Wing T Offense.

Coach the total program; everyone in the community is involved in the programs success. (Use Coach Wooden pyramid of Success)

Stress tackling everyday.

Session VII

Number of Coaches: 14

Presenter: Phillip Haywood, Belfry High School, Forest Hills, KY

Topics Covered: Faith, Family and Football

Talked about Leadership traits he looks for in his athletes.

Runs Flexbone triple option football

Coaches share their faith in chapel before games

Name of Sport: Golf
Submitted By: Nathan Oake

Mary Swanson – Women's Golf Coach – Bradley University

Mary shared several books with us that have influenced her coaching including :

“Be a Player” by Pia Nilsson and “What Drives Winning” by Brett Ledbetter. She also talked about “With Winning in Mind” – by Lanny Bassham – which speaks to mental toughness under pressure.

She also referenced a website called Elite Performance Systems – Sean Humphrey

Mary talked about celebrating “personal bests” from each round with her players. It could be a putting goal, a mental focus goal, score, mindset, etc. She always tried to publicly discuss this with her team after each round.

She talked about trying to focus on 3X as many positives after a round as negatives

She shared a drill called “Ready, Set, Putt”, and talked about practicing with eyes closed, eyes on the line, and different grip pressures to lessen the focus on making the putt and focus more on making a stroke.

She uses the Knock Out putting game – 6 players, have to hit it in the safe zone, or make it to me safe - otherwise, knocked out.

Pre-round practice putting for her team involves practicing lag putts to the fringe instead of the hole. This shifts the focus to speed only.

We talked about the strokes gained stat, and Mark Broadies book – Every Shot Counts.

Mary talked about the Think Box vs. Play Box. The think box includes sizing up the lie, yardage, and conditions. Don’t cross into the play box until you have taken in all data, and then don’t think about data when in the play box. Don’t spend more than 8-10 seconds in the play box. Playbox should have a key trigger word – hers was decisive.

The playing focus is something she urged her players to work on each round. It must not be outcome based, it should be under their control, and it is something they should work on during the round. After the round, they discuss the goal and celebrate victories.

She shared two good books for parents – Golf Parent for the future and Sport Parents for the future.

Nancy Johnson – Greenville HS, MI

Nancy brought a nice packet of materials to share with the group. These notes were examples of things that she does within her program to be successful.

Nancy welcomes each player to her team with a nice packet that explains her code of ethics, and what she and her program stand for. She makes no cuts, and never has.

She goes on to explain the importance of attitude, desire and determination and is clear about her expectations for each team member. She looks at each practice, and competitive season round as a “dress rehearsal” for the Regional and State Finals.

Nancy lives by the mantra – Family 1st, School 2nd, Golf 3rd. She is upfront with her students about the importance of school as a “student athlete”

She outlined her criteria for selecting players to play in the matches, and how to earn a varsity letter. She also gives a senior plaque to each senior who has played at the varsity level for two years.

Nancy listed several fundamental reminders that she shares with each player to aid in their practice. She finds that gentle, written reminders work best.

Nancy has successfully incorporated the community of Greenville into her program, which is a “point of pride” for the area. She has secured indoor use of The Golf Emporium, in addition to a golf course where kids don’t have to play to practice all summer. This is a huge asset to help her team improve and love the game.

Greg Wasson, Harlowton HS, MT

Greg serves as the Athletic Director and golf coach at his school. His school is very small, and he generally has 13-14 kids play golf, both boys and girls combined.

Greg explains that he does not recruit or beg kids to play golf, he merely offers the sport to them and has found that if they are genuinely interested they will be harder workers and better team members.

In Montana, a big challenge is the golf course. He has his team work with the course to help cover and uncover greens before and after winter. Due to the harsh weather, his season can be very short, and he works hard to stay in the good graces with the golf course.

Greg has been a successful coach in his area for many years, and it was great to hear about some of the differences that we all face based on geography and demographics of the communities we live in.

Brandt Moser – American Heritage Academy , Plantation , FL

Brandt was the National HS Coach of the Year – congratulations Brandt!

He subscribed to the practice as you will perform method, and always tried to play 18 hole matches in preparation for this post season. He was located near the Jim McLean school near Miami, so many of his students had private swing coaches. Brandt’s main focus was on discipline, organization and competitiveness. He believed that you must be even par or better on the last 3 holes to have a chance to win. You have to be able to close.

He used his home course minimally, but rather travelled to play the toughest competition on the toughest courses he could find.

Brandt has had many, many golfers play collegiately and shared some interesting thoughts. Not all D1 schools will allow golfers to focus on academics. Many want them committed to golf. D2 and D3 schools will allow for engineering degrees, etc. He urges all players to attend a school where they will play!

It was great to hear Brandt’s stories of top level junior golfers and their travels and elite schedules, along with his ability to keep HS golf fun, and focus on the team aspect in order to get the most out of his players. Brandt has certainly done that with several State Championships in Florida.

Scott Giles – Mount Ayr Community Schools, IA

Scott coaches at a small rural school in Iowa. He also teaches CTE classes and maintains his local 9-hole semi private golf club as the course superintendent.

Scott shared with us how he is able to involve his entire community in a golf fundraising effort to support his golf teams. He offers a very reasonably priced round of golf, lunch and a steak dinner to participants, and they fill the golf course.

Scott is very resourceful with local business to help support the event by donating items for a raffle, food at a discount, etc. He encourages them to donate for a tax write-off. His goal is that every participant leaves with a raffle gift of some sort and enjoys the day.

He recommended Team Golf Gear in Ohio for several items that he outfits his teams with. He also shared a custom yardage book that he buys for each player, purchased from MGM Sports Marketing – 800-279-0368

Scott also shared a rules tool that he buys for players to carry on their bag – this helps to assure that they can quickly access rules if needed. Knowyourgolfrules.com provides the rules tags

Jerry Carroll – Evanston HS, WY

Jerry is an experienced golf and basketball coach, who embraces “tradition” within his program. He stresses this to each player when they arrive in the program – he calls these “Red Devil Rules” for his teams mascot. One example is that he team always must improve their score on day 2 of a two day event.

Other Red Devil Rules include a lengthy discussion on integrity, and always trying to be top level citizens in their community.

Jerry has a set of course maps from the courses they play each year, and he equips each player with a map prior to each event.

In Evanston Wyoming (due to the elevation), they start each season with lots of snow still on the greens, so it is usually a month or so into the season before his teams can chip and putt. In the meantime, they hit lots and lots of range balls. Jerry feels this has helped his teams over the years, especially on wide open courses where his players can “bomb it” and have a decisive advantage.

It was a pleasure to listen to Jerry discuss how he motivates and holds his teams to a very high standard, and how it has paid dividends both as players and people.

Rich Garceau – Woodstock Academy, CT

Rich created and shared with us an Excel Spreadsheet used to track course differential or “strokes lost” as he called it. It allowed each player to record the different types of strokes they took each round, separate them, then locate which area(s) they needed to practice in order to improve.

This was similar to the BirdieFire.com program, but had some uniquenesses and was a very impressive creation by Rich.

Rich also shared an incredibly touching idea he had to purchase a special golf bag, and embroider the name of a fallen soldier from his area. This was discussed with the soldier's family prior. Each match, one of his team members earns the right to carry the bag. In order to do so, the player must have done something extraordinary on their own, in order to be deserving of the bag. The coach will choose a player for each match who has exhibited top level citizenship, and that player will carry the special bag. The bag travels in its own seat in the team van to each match – great idea! Rich shared some other touching details about how this idea has helped to bond the community together around local heroes. Very touching story!

Doug Rinken – Washington HS, Sioux Falls, SD

Doug joined us to share his experience with his program explaining that there are 5 local golf courses in his area, but they are only able to play 3-5 rounds of practice all year due to the full nature of the courses with paying customers.

His team utilizes the short game area, and 3 practice holes (80 yards each or so) for LOTS of work on this distance, and his team benefits as a result.

Doug works hard to operate the Southeast Junior Series for summer tournaments for local players (SEJC.net) and secures sponsors for the tournaments so kids can play for \$15 in the tournament. They get a great turnout on Monday mornings, and this brings lots of golfers to the competitive environment surrounding golf.

Doug shared with us all of the success that his public school has had over the years, and how this tradition keeps his program annually motivated toward success in the top division in SD, despite being one of the smaller schools in that division.

Jim Danson, Lincoln Northeast HS, Lincoln, NE

Jim has been a coach for 29 years, and has also been a head football coach, winning State Championships in both sports.

Jim shared his feeling about cuts in golf, explaining that girls will never come back to the game if they get cut. Boys will work hard on it and try again. On the flip side, girls will take instruction better than boys, as long as there is positive feedback involved. Great advice

In NE – each team is seeded prior to their District tournament according to score differentials reported to the State Association. Top 6 teams and Bottom 6 teams are paired together. Teams will find out 3 weeks prior to their event where they will need to travel to for competition.

Jim talked about the Growth Mindset (learning) vs. the Fixed Mindset (stubborn)

He shared with us a book by Jon Gordon – Preparing for Big Events

As a former football coach, he was sure to try to practice under pressure all the time. He called them “Red Zone” Drills – and did something to create pressure at least once per week for his team. For example, he would have some type of short game challenge. If the player executed it within 3 tries, they would get team golf balls for the week. If they missed, no golf balls that week. He talked about “Pressure vs. Privileged”

Name of Sport: Soccer
Submitted By:

No Report

Name of Sport: Softball
Submitted By:

No Report

Name of Sport: Special Sports
Submitted By:

No Report

Name of Sport: Swimming & Diving
Submitted By: Lynn Thompson

Session 1: Informal Roundtable

Attendance: 4

Jim Caliendo – Special sports – and myself met with COTY finalists Josh Bott and Vincent Sanchez. Basically was a get to know you session.

Session 2: “Fake It Til you Make It”

Attendance: 9

Josh Runkle – head boys swim coach at New Trier High School, Wilmette, IL.

Josh shared with us how his dryland, strength and pool program works at New Trier High School. He gave everyone a hand out with good information. Lots of ideas were taken away by all from this session.

Session 3: “Heart + Leadership trumps Training + Taper”

Attendance: 9

Corky King – former head boys swim coach at Hinsdale Central High School and HOF inductee 2017

As a self professed “old timer”, Corky shared lots of great stories and examples of how a person’s leadership style can make or break your program. Coaching from the heart and being able to justify your decisions will lead to success. He talked about 3 key components of any successful program:

Communicate

Communicate again

Over-communicate

Very easy interaction throughout and great for some of the younger people in the room to hear how far Corky came throughout his career and maturing into being a great coach!

Session 4:

Attendance: 7

Part A: Vince Sanchez –COTY from New Mexico -Maintaining a Positive Relationship with a Booster Club

Vince shared how his booster club is set up, what they do for the kids and the program and then opened it up for discussion with others sharing. It gave some great info for 2 participants who don’t have boosters and also some problem solving for those that do that might have a few kinks.

Part B: Tracey Stauffer-COTY from Nebraska- The 4 Pillars of Success at Millard West HS

Tracy shared what has worked for him over the years – how he “stole” a little from this and that to make the program his own! The 4 areas included: the mental side of training, goal setting, hidden training (sleep and nutrition) and the physical part of training.

Tracy is a huge reader and shared some of the books he thought were great motivators for him. Others joined in with suggestions as well. He talked about team vs individual goals. He does a lot with cross-training and shared his ideas.

This session provided for a lot of sharing amongst us all which was great!!

Session 5:

Attendance: 7

Bill Schalz – COTY from Illinois – “Creating Synergy Between High School and Club Coaches”

This was a “hot” topic as everyone had varying ideas and tales to share of how things work in their states! Bill owns multiple clubs throughout the state as well as being a high school coach so he had a lot of knowledge about how to help make these situations be a win/win. We also talked about what can “poison” a situation and did some problem-solving as well.

Session 6:

Attendance: 7

Part A: Kathy Aspaas – COTY from North Dakota – “40 Years of Coaching – Then vs Now”

Kathy asked several leading questions which promoted a lot of discussion between the group. One such question was, “What type of test sets do you do with your athletes?” Lots of great ideas generated and

shared. She also shared how the sport has changed over the years – things that remain a constant and things that have changed.

Part B: Josh Bott – COTY from Wyoming – “Growth Through Change – Ever Evolving”

Josh shared that his town is going from one high school to two and how the change has been set up and the struggles they are encountering.

Feedback from my sport specific coaches was positive. I tried to encourage different topics for each individual to address for about 20 minutes and then open it up for sharing and this seemed to be well-received by all. One COTY had been at other conventions and said she appreciated the varied topics and that she walked away with more info here than others!

Name of Sport: Tennis
Submitted By: Kirk Price

Session 4 Tuesday, June 20 2017 8:30 to 10:00

Attendance Number: (8) Kirk Price Co. , Laurie Martin Az. ,George Crouse Jr. Ct. , Pete Militzer Mi. , Victor Youngs ND. , Ray Bieber WY. , Pete Luczyk Mi. (attended for credit)

Speakers:

8:30 to 9:15 - Peter Militzner Mi. “ The Parents Meeting”

Pete spoke about the importance of parents and the parent meeting. He gave us a sample of his handouts as he stressed their effects and what should be covered. Pete is not a classroom teacher he’s a YMCA director and a USPTA pro. Much discussion followed on a variety of topics.

9:19 to 10:30 - Ray Bieber Wy. “Building ideas for individual sports”

Ray is the only source of tennis instruction in his town, he runs a Jr. High program. His beginner instruction is full. ETDMTYS expect to do more than your share is a main emphasis in his programs. He presents the recipients of this status with a sport bracelet includes their opponents. examples are self line call correction after match and practice clean up. Ray emphasizes it’s for doing more than expected. He has player spotlight at practice where a player is singled out for others to comment on what he or she does for this team. (all positive)

Ray’s sources are 3-D Coaching, Pro active coaching, Give and take by Adam Grant, his info rmbieber@gmail.com

These programs were of high interest to all and was followed by extensive discussion

Session 5 : Tuesday, June 20 2017 10:00 to 11:30

Attendance Number:(8) Kirk Price Co. , Laurie Martin Az. ,George Crouse Jr. Ct. , Pete Militzer Mi. , Victor Youngs ND. , Ray Bieber WY. , Pete Luczyk Mi. (attended for credit)

Speakers:

10:00 to 10:45 - Lauri Martin Az. , "No Cut Policy"

Lauri Coaches and Teaches at an all girls prep school, Xavier College prep in Phonix Az. A sister school of Brophie a boys prep school. When she was hired the team was 15 girls, after 4 years she built the program up to 93. She runs her program on 6 courts with 3 paid assistants and a few volunteer coaches. Beginner instruction is an integral part of the development. She is a USTPA pro and uses most of their new practice balls and mini court nets. She is an extreme believer that sports participation builds confidence for all her girls and no cut is valuable for all girls on her teams. Discussion and exchange of ideas followed.

Name of Sport:_Tennis

10:45 to 11:30 - Victor Youngs ND , "Tennis on the tundra of North Dakota"

Victor is a social studies teacher and has been coaching since 1988 at Fargo South HS. He described how ND tennis works, season matches are played in a 6-3 format. State competition is 3-2 with no repeat play. Boys in the Fall season, Girls are in the Spring. There are 17 tennis teams in North Dakota. Victor explained his team building Trophy and the great positive result. Given to players that contribute beyond his expectations. Given during the season for players positive contributions. The discussion ran over with great interest.

Session 7 : Wednesday June 21 2017 9:00 - 10:15

Attendance Number: (9) Kirk Price Co. , Laurie Martin Az. ,George Crouse Jr. Ct. , Pete Militzer Mi. , Victor Youngs ND. , Ray Bieber WY. , Leroy Cantrell Ok. Pete Luczyk Mi. (attended for credit)

Speakers:

9:00 - 9:40 Leroy Cantrell Ok. "Tennis in the Oklahoma Wind"

Leroy coaches at Mount St. Marys a small private school with only 2 tennis courts. He has no home matches due to the court space. Oklahoma has 120 tennis schools, all teams qualify for regional competition. There are 3 divisions for tennis 6A, 5A, 4A. The state format is 2 singles and 2 doubles so only 6 players compete for each school at state. Discussion followed with a focus on how a successful program was run on only 2 courts.

9:40 - 10:30 George Crouse Ct. "Funding and Fairness of the State Tournament"

George reported that Connecticut has 139 teams competing in tennis. There are 3 divisions Small , Medium, Large. Georges school Stonington is in the S division George now only Coaches The Girls team. The formats for the Boys and Girls is different. The girls do a seeded 8 team draw of dual matches for the team championship. Then the individual draws to determine individual state champions follow. The Boys score points in the individual draws, added together for the team totals.

Over all report on Tennis

The coaches really enjoyed the sessions and the convention and reported that to me many times. The real downer was a Coach not in attendance won the COTY. It made the experience feel unfinished for all the others and they wanted me to report this.

Name of Sport: Boys and Girls Track & Field

Submitted By: Bill Weber & Greg Brown

Session 1 Speakers: **Geza Ehrentreu**

Attendance Number: **18**

Topic: **Track and Cross Country Officials Assoc.** 41st year as a official in Illinois, Head of state track meet and setting up qualifying standards. Gera is the lead official for administration and speakers in Illinois. Discussed officiating and how it works with coaches. You find someone you want to work with and work with them for as long as you can. Track has an older group of officials as they do not need to move very much, they can officiate in one place. You need to be there for the kids and follow the rules to the letter. Asked the other states how they hire officials and how well they work together. Officials, AD, Coaches developed a working relationship to make meets more efficient.

Session 2 Speakers: **Ken Bruckner South Dakota, Mark Turner New Mexico.** Attendance Number: **14**

Ken: Small School Track, Coaching Beginner Pole Vault: 40th year of coaching just got done with. Ken is 6-12 boys and girls track coach. Academic is the first and foremost important thing in our track program. Video each athlete at each meet at least one time. Have the athletes watch and learn. Trying to determine how much training to do each week. Pole Vault is his specialty along with the high jump. We have great kids and we have great athletes.

Mark: Building championship program from scratch, B & G together practice and team stuff. Coaches in the 4 corners area. Started school in 1998 4 girls and 6 boys came out for track. Now school is 1400 in high school and is in largest class. They compete against school with over 3400 in high school. FAST Family is First, Attitude, School, Track. If GPA is below 2.0 you are out of track till grade are back to the level they need to be. **YOU GET TO RUN, Not you have to run track.** His sprinter ran 10.49 and ran in Great west track meet and the winner ran 9.99. You recruits hard in his school to come join the fun in the track program.

Session 3 Speakers: **Chris Friedman**

Attendance Number: **19**

Topic: **Training/Race Schedule, Philosophy, Illinois Coaches Assoc.**

Head High School Cross Country coach of 1300 kids in Dunlap HS. Assistant Track Coach in Track as the distance coach. 2 Assistant Coaches for cross country program, CC program started in 1986 and has always been successful. 3 classes in Illinois for cross country and very competitive. When program started to go down hill a little, they found out they were not putting in enough miles and were losing overall fitness in athletes. What they do now, comes from their previous mistakes. **Phase 1** summer - Long runs & overall miles, **Phase 2** strength & endurance training (start of Season), **Phase 3** Championship (2nd half season). Short and long hill workouts have been successful during phase 2 & 3. Summer tempo runs (comfortably hard)

Do some trail runs that have great scenery but challenging in all phases. They look to do two meets a week during most of season. Process goals over outcome goals is a philosophy they incorporated. Fartlet workouts have been a great improvement to program one or twice a week in season.

Session 4 Speakers: **Ken Adkisson Neb. In Season Motivation of track athletes** Waverly HS about 600 kids in HS, Class B School, 2nd biggest class. We only get better if you get better for the Team.

Celebrate the day following each meet and brag up each athlete if possible and hand out the medals. Viking climbing the Hill award for motivation and bragging the athletes up, beat your personal best from the year before. point leader chart to keep for each season and for school record type hang up award.

Scott Smith Wy. Rules and rule changes Powell HS and is one of the largest schools in Wyoming, he started as an assistant and then took over the HS with some trust factors to work through. Scott got involved in the National Federation HS for Rules. Process they meet in Indianapolis each year with 9 regions with coaches, officials and AD's. Anyone can submit a rule change by going to your state first and they send onto the national office. No major rule changes have come in the past couple of years. Undergarment and uniform rules are the biggest headache.

Roscoe Dowell IL. Relays and Horizontal Jumps Cahokia HS about 1200 in high school and the middle class in Illinois. 4x100 faster runner 2nd and 2nd fastest runner 1st and 3 and 4 runners kids who will not give up the lead. 28 steps back in 4x100, 20 steps 4x200 and setting up runners same as 4x100. Showed Triple Jump & long jump drills using hurdles and bags inside and hurled drills outside.

Adam O'Neill Peoria HS IL. Building responsible leaders, team building 1400 students in HS. Peoria HS had a new principal and AD come in and started making changes in relationships, attitude, etc. Ownership, Accountability, Responsibility - above the line or below the line (where do you want your program to be). Success and hard above the line, Failure and easy below the line. Blame Complain, Defend is below the line. Football and Track work very well together and then the rest of the sports came onboard. This is a 10 week program during the school year to help build your team to be above the line. LEADER-CULTURE-BEHAVIOR = RESULTS.. WHERE ARE YOU? RIGHT HERE, RIGHT HOW - THE WHOLE TEAM SHOULD ANSWER. Event + response = outcome. Write down 20 positive, inspiring, personalized statement about yourself. Team write down 20 that starts with WE ARE _____? Mental toughness means controlling your thoughts and emotions.

Attendance Number:20

Session 5 Speakers: **Barry Malloyd East St. Louis HS IL. Winners train, losers complain** 1982 state champion in 110 hurdles and long jump. last year coaches state championship team, never dreamed he would be a coach, but has loved every minute of it. East St Louis is a tough community, but demands greatness in there athletes and coaches and have produced some of the top track athletes in the world. You have to set the goals for your athletes or they will set the goal for you, which will be well below for what you had intended. They have to See it and believe it and then they can achieve it. Set realistic goals for athletes that push them to the limit. If you want to be the best you have to compete against the best. Go to big meets to show and compete against the best. Show them the difference between and athlete and a competitor. a athlete wants to win, a competitor finds a way to win. Poor preparation will produce poor performance. Al Jointer was his roommate in college.

Thayer Redman CT. Encouraging your athletes Thayer is big in motivational inspirational quotes to for his track team. Coaches have the power to change lives of their athletes for their entire life. School has a lot poverty, broken families, free and reduced lunch. Always out encouraging athletes to come out for track for a positive experience. Do fun activities to keep athletes out and maybe get a few more to join.

Tad Schye MT Coaches accountability to parents and athletes Malta HS M-Ettes they use their throwers in short relays if they are fast. "To be upset over what you don't have is to waste what you do have." "big time is where you are" They have an old cinder track and make the most of what you have. Does a 20 minutes interview on local radio station each week. they have a twitter page. Adding younger coaches to your staff to bring new ideas and energy to your staff. Only coaching staff that all the coaches are teachers in the school for the state of Montana in that class. Coach Glenn Flatt coached from 1959 -2017 and had a great influence on this coach (Coach passed away at state meet). Tad Coaching responsibility in Triple Jump, long Jump, Pole Vault, Relays. Montana athletes can be in 7 events total at state meet.

Greg Hoeckle Carrington ND Dealing with multiple distraction in spring sports Shared Ideas on how he deals with other sports during track season and losing athletes to them or how to share with them. Girls are not treated any different than the boys with work outs and guidelines for his track program. North Dakota track season is short @ 12 weeks. Have to learn how to deal with all the adversity including weather, other activities, end of school year stuff.

Attendance Number:19

NO SESSION 6

Session 7 Speakers:

Corey Bernier CT. Motivational Team Building: How important Goal setting has been to his program. Kids are afraid of putting themselves out there, so you have to help them get rid of that fear. 2015 his girls bought into the goal setting and reaching those goals. Coach need to put athletes into events where they can be successful and help with championships.

Tim Jacobsen Bismarck Century ND Patriot track what works for us. 1400 students biggest class in ND. Do not a track by school and are one of 3 school in Bismarck, about 100 boys out for track each year. Quality assistant is a BIG key for his team, they need to build relationships with the athletes. Coaches need to be a team player and they all have other duties to the team beside what they coach. Do pyramid goal setting for the team with the seniors lead this. After 3rd meet you set your individual goals. Lamine the card with team goals on one side and individual goals on other side. Do a top ten list with his team. The goggle drive is shared with all the coaches to do practice plans and share with all athletes and parents. Uses HyTech with all his stats and shares all to coaches and athletes. Keeps a team website with as much information as possible.

Bruce Mowry Cheyenne Central HS WY Building Community & Team 1100 students in HS, about 50 out for track each season. Why did I get into Track and Field? Always thought of Track as Spring Football for his Football team. Help kids get ready for football was his original plan, not it is to get kids ready to be successful after school and track is done. 12 teams in our largest class in Wyoming, 2007 was one of his best teams as they were ranked 10 in the nation. Leadership building, sit down with each student and find out what they want out of track and what goals are. Seniors you need to be great leaders if you want this to be a great season and a great program into the future. Team needs to do community service projects to show support to the community.

Carmen Jackson Northwestern Community HS FL Coaching in the inner city 1975 won the first school championship. After college came back to the same school to take over for her coach, she coached with her husband till he retired as few years came. School of about 1600 from a high poverty area, single parents, high crime rate, Tough to deal with girls and have to coach the total kid on and off the track. Track opens the door for a better life, your decisions you make will make your future. Any adversity in your life you pull though it with the support of your team and coaches and try to make them buy into that. Athletes need to be NCAA ready if they want to make it out of the inner city and make a life for themselves.

Attendance Number:20

Name of Sport: Volleyball
Submitted By: Tim Wallstrum

Session 1 Speakers: Round Table Discussion Attendance Number: 6

The Illinois coaches were to have this session but there were no Illinois coaches and most of it occurred while we were in a board meeting. It ended up being a meet and greet round table discussion.

Session 2 Speakers: Round Table Discussion Attendance Number: 6

Topics Covered: Change in seasons, summer programs and camps, point systems for making the state tournament, Rodeo – FFA – conflicts, substitution limits, 5 day mandatory Christmas break, open set dates, club volleyball, number of allowable matches and tournaments.

Session 3 Speakers: Round Table Discussion Attendance Number: 6

Using a garbage can and other nearby equipment in practice, jump serve, using a sheet over the net to blind the defense, right side (opposite) attacker, serve, offense, defense, pulling up younger players.

Session 4 Speakers: Sue Sinclair – Illinois Central College Attendance Number: 8

Sue Sinclair spoke about vision training for volleyball players. She spent the first twenty minutes explaining the reasons for vision training and the benefits in her program. Then she talked about how she has implemented it in her program and specifically the tools she uses to accomplish it.

Session 5 Speakers: Round Table Discussion Attendance Number: 8

Stats programs and how stats are taken and used in a program. JV and Varsity Practices and how they are managed with subvarsity programs. Huddle, walls ball, game like coaching, boxes as a teaching tool, net attached to a wall, AirCat and other tools.

Session 6 Speakers: Media Panel Attendance Number: 8

Do's and Don't's of Social Media

Session 7 Speakers: Round Table Discussion Attendance Number: 10

This session was an exchange of favorite drills

Name of Sport: Wrestling
Submitted By: Herman Andrews Jr.

Session 1 Speakers: Jim Heffernan, U of I Attendance Number: 12

Talked about ups & downs of training. Jim broke down his season with practice and weight lifting schedules.

Session 2 Speakers: Norm Manstedt Attendance Number: 11

What it takes to build a successful program. Norm used a power point that referenced back to when he started. Norm stated that he didn't wrestle nor did he see a wrestling match until he was a sophomore in college.

Session 3 Speakers: Jeremy Spates, SIU Attendance Number: 10

Leadership is very important & the selection of your team leaders. Personal approach with your team members. Make sure you know your wrestlers on and off the mat. Get involved with leadership programs in your school and invite other coaches in your school to lunch and just talk about your student athletes. Both personal or just a vent session. Meet each wrestler individually and go over expectations and their concerns. Set goals.

Session 4 Speakers: Ryan Ludwig & Dominic Moyer, NIU Attendance Number: 12

How they look for good kids. Be apart of the team. Holding guy's feet to the fire. Make sure that you have everything in writing if you are going to enforce it. Blue collar school and you have to outwork everyone else. Have a little pride/chip on your shoulder. Open door policy. Four C's Cultural, Consistency, Confident, Champions. Work like a dog.

Session 5 Speakers: Tim Roberts Attendance Number: 11

Learning as you go from mistakes. Talked about keep learning using 4 aspects to be successful. Technique, Physical, Mental and Life Style. Keep growing in these areas and you will keep growing. Keep having fun and score a lot of points.

Session 6 Speakers:

Session 7 Speakers: Keith Healy Attendance Number: 12

25 yrs @ Providence Catholic. Why wrestle? Once you have wrestled everything else is easy. Coaching wrestling gives him confidence (self). Keith couldn't make a free throw to make the basketball team. Work ethics makes us better people. Use Physical Ed class to recruit wrestlers.

Session 8 Speakers: Charlie Williams Attendance Number: 12

Coaches Jr high and high school. Wrestling is a tuff sale to today's kids. Great fundraiser idea. Using ranchers and local business owner to perform work for club money to buy things like uniforms of team camps instead of just going and asking for handouts.

Session 9 Speakers: Barrett Golyer Attendance Number: 12

1800 students in school. Every Wednesday he had a mandatory study hall the day before grade check. It takes courage to wrestle. Don't repeat the same mistakes.

Session 10 Speakers: Cory Schall Attendance Number: 12

Talked about state tournament both individual and team dual. Trophy handed out for each but one is not scored.

Past President Meeting in East Peoria, IL Monday, June 19, 2017

Present were: Dr. Robert Metcalf, Max Hawk, Gelaine Orvik, Jerry Miller, Kathy Holloway, Don Prokes, Wayne Carney, Sara Kinney, Jerry Wetzel, John Hutchison, Dave Oman, Harold Shepard, Virg Polak, Jim Okler, Dave Dougherty, Jerry Horton, Renee Schultz, Robbie Robinson, and Randy Johnson.

We welcome everyone for coming. Don Prokes gave our financial report and ask to turn over the financial responsibilities to Virg Polak for the future and everyone approved it. Thank you, Don for your service.

Each one of the past presidents told the group about what was going on in their life in the last year. We talked about some the past presidents that could not make it to the convention and how they were doing.

We had a gift exchange with us. We then played the game "I'm thinking of a Number". Kathy Holloway was the lucky winner with the number 42.

We do not adjourn this meeting so we can stay in contact throughout the year with each other.

Submitted by Virg Polak