2018

National High School Athletic Coaches Association CONVENTION REPORT



Ramkota Hotel
Sioux Falls, SD
June 23-27, 2018



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NHSACA Executive Committee 23, 2018 1:00-5:00 P.M. Ramkota Hotel, Sioux Falls, SD

Meeting 1 Saturday, June

1. Call to Order

Dolan

Parliamentarian- Darin Boysen Recording Secretary – Dave Dougherty

2. Comments/Reports/Communications

President Dave Dolan

Dave welcomed the Ex Cmte to Sioux Falls and the Ramkota hotel. He expressed his thanks to Dave and Danell, Jerry Miller, Virg Polak and Jim Dorman (Executive Director of the SDHSCA)

1st Vice-president Kirk Price

Kirk's flight was cancelled and will be in late tonight.

2nd Vice-president Ted Schroeder

No Communications.

3rd Vice-President Rocky Ruhl

No Communications

Immediate Past President Joe Cliffe

Joe thanked everyone on the Executive Committee for their hard work and dedication for the past five years he has been a part of this committee. Joe reported that he has really enjoyed his time on the committee and will continue to serve the committee and the NHSACA in any ways that he can.

State Ex. Sec. Rep- Darin Boysen

No Communication

Executive Director Dave Dougherty

Dave thanked Joe for taking care of all of the printing for the Board of Directors meetings during the convention. He also thanked President Dolan for his inspiring leadership throughout this past year and to Jerry Miller, Virg Polak and Jim Dorman on the time, effort and leadership they provided in organizing this convention.

- 3. Executive Session for discussion on Executive Committee Member The executive committee went into a short executive session at this time.
- 4. March 2018 Executive committee minutes (previously emailed)
 It was moved by Joe, seconded by Darin to approve the March 2018 Executive Committee meeting minutes. The motion passed.

5. Financial Report Dave (Includes financial statements and income/expense spreadsheet for current FY)

Dougherty handed out the reimbursement document for his travel and office expenses for March, April and June. Ted moved to approve the reimbursement, seconded by Joe. The Motion passed. Dougherty reviewed the Financial Statement, Bank Statement and Quick Books reports. There is currently \$56,654.69 in the account. There was a discussion concerning the money that the NCA has provided to the NHSACA in support of the 2020 convention in Lincoln. Ted moved to accept the Financial Report. Seconded by Darin. The motion passed.

a. Discussion on reporting National Office salaries Ted

There was a brief discussion concerning how the National Office Salaries are reported. It was decided to report the gross salary on the spread sheet and not report the withholdings any more.

6. 2018-19Budget review

Dougherty

Dougherty presented the 2018-19 Budget proposal. The Committee reviewed and discussed the proposal. Some line item amounts were adjusted with the final budget set at \$104,950.00. Darin moved to accept the budget, seconded by Ted. The motion carried with the budget being forwarded to the Budget Committee for Review and Recommendation. Ted brought up an area to increase budget income: Certification Programs. Discussion took place on this. No action taken.

7. Standing committees

Dolan

President Dolan reviewed his Standing Committee Appointments that were previously sent out. It was determined that Rich Montgomery needed to be appointed to an "A" Committee.

President's Ad Hoc Committee on Standing Committee Re-organization President Dolan appointed Rich Montgomery, and himself to an ad hoc committee that will try to meet during the convention to review the current committee structure serving NHSACA. They will report back to the Executive Committee at the fall meeting with recommendations for

8. Review of Sport Chairs due for appointment Ted & Rocky

any changes they have identified for the Standing Committees.

Dougherty handed out the appointment chart to the committee. Ted and Rocky identified the following sports will need new sport chairs: Baseball, Golf and Swimming & Diving. We would like to thank, and commend, Nathan Oake for his 3 years of excellent service as Golf Chair. Nathan was not able to run for a second term at this time, but may be able to return in future years.

9. By-Laws Change

Ted

Dougherty provided documents from the by-laws that identified the process for amending our by-laws. A short conversation took place to again determine we were following the by-laws. Ted made an excellent power point presentation that included the specific wording changes

being proposed to the by-laws concerning regional alignment for the purpose of administrating the COTY Awards program. Ted also included data to support this proposed by-law change. There was a long discussion on this agenda item. It was the consensus of the committee for Ted to bring this to the By-laws committee and to make this presentation at the 3rd Board of Directors Meeting. (it was decided to wait until the 3rd meeting as it was 1.5 hours in length and would provide board members with the time necessary to discuss this proposal.

10. Review of Region Directors for election Joe and Kirk

Dougherty provided the committee with the election year schedule for Region Directors. The committee reviewed the chart. It was decided we would discuss their duties during the meeting tomorrow. There was also a discussion focused on creating a Region Director Coordinator similar to the Sport Chair Coordinator position.

11. Review of Current and potential Sponsors Dougherty

Dougherty reported that it has been difficult securing new corporate sponsorship. There was a discussion on this. Darin made the point that corporate sponsorships want something for sponsorships, and more than just knowing how many members we have in our association. We held a discussion on this.

a. Built with Chocolate Milk (contract) Dougherty

Dougherty reported that this contract with Shandwick-Weber was not renewed for this year. They have had budget cuts in the "Built With Chocolate Milk" contract and aren't able to support the sponsorship with us at this time. Darin reminded the committee that through this sponsorship last year, \$20,000.00 was awarded to member schools with an additional \$7,000 provided to NHSACA and we are grateful for this support.

b. Coach and A.D. Magazine

Darin & Dougherty

Darin began the discussion by pointing out that Coach and A.D. magazine has advertised our National Convention in their publication throughout the year, at no cost to NHSACA. Darin also proposed that we get Coach and A.D. Magazine together with 3D coaching as they have similar interests which could support one another and provide more support to us. There was an indepth discussion on this and on the topic of the NHSACA developing a stronger education program for our coaches.

c. Affinity

Ted & Dougherty

Ted reported that we have received \$130.00 from Affinity this year. This isn't much, but we don't need to do anything to earn it either. They sent 500 discount cards for Office Depot/Max to put into our packets for the convention. This cards will be available to state associations as well. They also switched to Avis/Budget Rent a Car.

d. IYCA

Dougherty

Dougherty reported that the partnership continues with each of us promoting each other on our websites. There was discussion concerning our work to create additional resources and if this pans out we may need to discontinue this partnership.

e. State Associations of: North Dakota, Wisconsin,
Kentucky, Iowa, Nebraska, South Dakota,
Wyoming, Arizona, Montana, Illinois and the Illinois Wrestling
Coaches and Officials Association with advertising and/or financial support.

Dougherty reported that the above associations provided sponsorships/Ads for our national convention. The SDHSCA found sponsors to cover the costs for the events, printing, socials and coffee stations for the entire convention (with the NHSACA covering the Hall of Fame Luncheon and the COTY banquet). This was fantastic support by their association.

12. Convention review and update

Dave and Dave

President Dolan and Dave presented an overview of the convention preparation for this week.

Convention program

Dougherty handed out the Convention program to the Committee for their review.

Ex Cmte Duties: (See Handout)

Dougherty handed out the executive committee's duties document for comparison with the convention program to make sure both items provided the same, accurate information for the following events:

General Session I

The Executive Committee reviewed their duties for this session, along with the duties of other people involved with this session. It was noted that the Executive Committee needed to sit in the front as they all had speaking assignments and that the members of the Board should sit with the coaches. There were changes for all of the events (except the COTY Banquet) as National Anthem singers were found after the production of the program booklet.

General Session II

We reviewed duties once again and identified President Dolan, Dougherty, Ted and Sara Kinney would be the only Board Members required to wear Business Dress.

Hall of Fame Luncheon

We reviewed duties. Discussion took place concerning set up. Ted, Darin and Rocky will take care of the awards table. Jerry and Karen Horton and Renee Schultz are responsible for the table set up. Dougherty is responsible for organizing the seating arrangements. Kathy Holloway will be the MC and Hutch will read the bios. Ticket takers will include the Hortons and the Orviks. Randy Johnson will run the slide show.

COTY Banquet

The duties were reviewed. Darin, Rocky, Ted, and Renee will take the lead on the set up again. Dougherty will organize the seating and we will identify the ticket takers during the convention.

Hutch and Wayne Carney will read the bios, Dougherty will serve as MC and Renee will run the slide shows.

40 Under 40

Coach and A.D. magazine Reps are here and ready for the 40 Under 40 Program. The participation among recipients was fairly low for this event. They will provide a social from 5:15-6:00 on Monday followed by their awards, followed by General Session II. Planning has already begun for next year's program.

Dinners and Socials:

President Dolan updated the committee on the Board Social/Dinner on Sunday evening as well as the NHSACA/SDHSCA Social on Tuesday evening. He expects they will both be great events for anyone who attends. The Sunday Dinner will be at CJ Calloway's while the Tuesday Social will be on site.

Absent BOD, or sport chair who are finalists who will need coverage Baseball: Heath Hayes
Swimming and Diving:

Dougherty reported that Heath Hayes has once again this year assumed the duties of the Baseball sport chair. Robbie Robinson stepped up and is taking the Swimming and Diving sport chair duties during the convention. Dougherty thanked both of these men for taking on these duties.

Special Awards Recognition DSA Recipients:

Michigan: Dan Brunner
Nebraska: Jerry Stine
Wyoming: Jed Easterbrook

California: Dennis McClanahan, Daniel Swagerty South Dakota: Linda Larson, Dana Dykhouse

Dougherty informed the Executive Committee of the DSA awards that were sent to the states. During the discussion it was noted that California received two (should be one) with Dougherty explaining that they have not received one for quite a while, and with both of these recipients being active members of the California Coaches Association this is an opportunity for positive communication with California.

Registration

Number registered: 368 Hall of Fame Luncheon: 235

COTY Banquet: 450 Leadership Class: 23

Sport Specific College Credit: 30

¼ Zip Shirts: 110 Donations: \$1300 Online Store: ??

Communication with Hotel staff:

Dave, Dave, Danell

Everyone was reminded that only President Dolan and Dave and Danell should communicate our needs during the convention to the hotel staff.

AV equipment:

Jim Dolan, Executive Director of the SDHSCA will be in charge of the AV needs during our convention. Jim has secured the help of the Sioux Falls School district. A big thank you goes out to everyone involved.

Registration workers/materials

The Sioux Falls CVB is sending two workers out Sat-Tues to assist making name badges. President Dolan's sisters, Ann and Deb, along with his mother, Sally will be assisting with the Stuffing of the packets. Ann and Deb will also assist Danell on Sunday and Monday.

Anticipated Revenue & Expenses for the Convention

Dougherty handed out his projections for the convention with a predicted net income of \$40,570.00. This is based on the projection that 300 S.D. coaches will attend the clinic. A discussion took place on this item.

Items from the floor (for this convention)

There were no items from the floor added to this agenda item.

13. Election procedure for 3rd VP

Dougherty

Dougherty handed out a document for election procedure for the 3rd VP. He pointed out that we cannot take nominations from the floor as Justin Davie turned in all of his required information before May 1st. He also reported that the nomination for 3rd VP must be made during the first BOD meeting with the election taking place at the last BOD meeting.

14. Procedure for accession of officers

Dougherty

The script for the accession of officers was provided to the Executive Committee. Dougherty reported that Don Prokes would read the script during the last BOD meeting.

15. Executive Director Report

Dougherty

Dougherty reviewed the current year including a recap on travel expenses, office expenses, changes to operations, payment of salaries to the national office, and office operations.

16. Current Dual State membership

Dougherty

Dougherty reviewed the State Dual Member document with the committee. We have 19 current dual member states.

17. At-Large members

Dougherty

Dougherty reviewed the At-Large Member document with the committee. There are currently 16 at-large members of the Board with Colorado and Louisiana having the opportunity to name one more for each of their states.

18. Executive Committee Members presence at Region Meetings Dolan President Dolan assigned the following Ex Cmte members to attend these Region Meetings:

- 1. Dave Dougherty
- 2. None
- 3. Kirk Price
- 4. Joe Cliffe
- 5. President Dolan
- 6. Darin Boysen
- 7. Ted Schroeder
- 8. Rocky Ruhl
- 19. Executive Committee Duties for Board Meeting #1, #2 Dave, Dave This item was tabled until tomorrow's meeting.
- 20. Review of Convention Schedule for Monday (Booklet) Dave, Dave This item was tabled until tomorrow's meeting.

21. Dress Requirements

Dolan

President Dolan reviewed the Dress Requirement document for the convention. He and Dougherty will wear business dress tomorrow, the rest may dress casual.

- 22. AV needs and set up for meal functions and general sessions Dave, Dave This item was discussed in a previous agenda item.
- 23. Executive Director's Contract

Dougherty/Price

Tabled to tomorrow's meeting.

24. Update on 2019 Convention

Dougherty/Price/Randy

Randy Johnson reported that the convention will be held at the Ramkota in Bismarck from June 22-27, with the 27th being a ND day. (but all National registrants are free to attend if they wish). The Ramkota has 366 rooms and two hotels, the Expressway and Expressway Suites have become the overflow hotels since they are on the same block as the Ramkota. The room rates are the same as this year: \$109.95/night. There will be a board outing and dinner at Fort Lincoln on Sunday an a Tuesday Taco Bar social. Dougherty and Randy have contacted potential General session speakers. Part of the leadership classes will be a re-certification for ND Coaches, or any coach.

25. Update on 2020 Convention

Darin/Dougherty/Ted

Ted: Discussed the organization of the convention that it will be a true state convention inviting the National to participate in a joint convention. Darin made a huge commitment in his support of this joint convention to the NCA Board of Directors. They are donating all profits from College-credit sessions they are offering from last year, this year and next year. The NCA also voted to provide NHSACA with a \$27,000.00 check to be used for the 2020 convention. Darin discussed the locale for the food functions.

26. Update on 20021 Convention

Rocky/Dougherty

Rocky and Dougherty had a short update. There is a potential that it may be hosted in Scottsdale or Phoenix, possibly Orlando.

27. Sunday Meetings with Sport Chairs and Region Directors

Dougherty reviewed the topics to be covered at tomorrow's meeting with Sport Chairs and Region Directors:(Review Duties with each group

Review items to be covered in Region meetings Check to see if they are "current" with this year's duties)

28. Review of fall and spring executive meetings

Dolan

Fall meeting – Ramkota, Bismarck

Dolan

Discussion/ no action taken.

Spring meeting – Ramkota, Bismarck

Dolan

Discussion/ no action taken

29. Items from the floor

Two items were added but subsequently tabled until Sunday's meeting 3D Coaching

Handling Cancellations of registration, college credit, and meals.

NHSACA Executive Committee 2018 10:00 A.M.-1:00 P.M. Ramkota Hotel, Sioux Falls, SD Meeting 2 Sunday, June 24,

1. Call to Order

Dolan

Parliamentarian- Darin Boysen Recording Secretary – Dave Dougherty

 $2.\ Comments/Reports/Communications$

President Dave Dolan

No Report: Because of the number of agenda items carried over and the length of the scheduled meeting we will review very quickly and drop items we discussed at the first meeting.

1st Vice-president Kirk Price

Kirk spoke briefly on information he had gathered on Cheer and Dance on on Lacrosse. He will continue this later in the Agenda. Kirk presented the members of the executive committee with a very nice gift as the incoming president. (Nice, water-proof full zip jackets with the NHSACA Logo)

2nd Vice-president Ted Schroeder

No Report

3rd Vice-President Rocky Ruhl

No Report

Immediate Past President Joe Cliffe

No Report

State Ex. Sec. Rep- Darin Boysen

No Report

Executive Director Dave Dougherty

No Report

3. Announcements

Dave, Dave

No Announcements

4. Convention Update
Registration: 369

Dougherty

Hall of Fame luncheon: 236

Coach of the Year banquet: 441

College credit: 2 Cr = 23 3 Cr = 38

Donations: \$1473.00

Questions

There weren't any questions at this time.

5. Executive Committee Duties for Board Meeting #1, #2 Dave, Dave (Previous Hand out from Saturday)

We reviewed the duties for the first two BOD meetings.

 Review Agendas for BOD Meetings #1, #2 Dougherty
 (BOD Agenda Handout: includes Committee Meeting and their locations, topics, etc)

We reviewed the agendas for the board meetings and discussed in detail the items that would require action by the board sometime during the convention so that we followed all by-law requirements for those actions.

7. Schedule for All Board meetings (Convention Booklet)

Dougherty

We reviewed the meeting times of the 4 BOD meetings to make sure there weren't any changes needed. Everything was good.

8. Review Executive Committee duties for General Session I and General Session II

Dougherty

(Handout in # 5 and/or Convention booklet)

We reviewed this in the first meeting and did not need to review it again today.

Review of Convention Schedule for Monday (Convention Booklet) Dave, Dave

We reviewed the events and times for Monday's schedule. There was a detailed discussion on the 40 Under 40 Program sponsored by Coach and A.D. magazine. It included a discussion on the program itself and the process we would use for the social, the 40 Under 40 program and our Second General Session.

10. Website update
On-going construction of NHSACA Site

Dougherty/Johnson

Randy discussed the changes he made following the Executive Committee's spring meeting. Explained the limitations this template places on us. Randy also indicated he would place information on next year's convention on the website at the end of this fiscal year. The Executive Committee expressed the gratitude and thanks to Randy for the work he is doing on this.

11. Sportsthread.com Mark Myre

Dave Dougherty

This was tabled to the 3rd meeting.

12. Social Media Update

Scott, Dougherty/Johnson

We began the discussion with Scott Garvis, the A.D. sport chair and volunteer Social Media director for the NHSACA. Scott reported that he wants to integrate with the state associations more. The Executive Committee commended Scott on his accomplishments in this area. He has done an exceptional job. We would like to see Scott and Randy meet and coordinate their work for the website and social media.

13. Two Ex. Cmte Meetings Monday:

Dave

a. 7:30a-8:00a (Do we need this?)

President Dolan decided the 7:30 meeting was not necessary.

b. 1:45p-3:00p

President Dolan determined we would meet at this time.

14. Recognition of Additional Sports for COTY Program

Kirk

Kirk began the discussion by providing the committee with data on sanctioned sports across the nation and participation in those sports from the National Federation. Ted reported that the Awards Committee approved a policy stating when 80% of member states sanction a sport currently in our special sports category that it could be considered for individual recognition by the Executive Committee. Discussion followed.

15. Discussion on Grants

Dave, Dave, Randy

Randy reported that he is applying for a state level grant for the 2019 convention in Bismarck. If they receive this grant it will allow the NDHSCA to free up additional resources that would help support the national convention. He also reported that the majority of grants are geared to state level organizations, not national. Darin spoke on this too.

16. Review of proposed by-law change

Ted, Dougherty

The discussion continued on this item from yesterday. It was determined that Ted would lead the presentation at the Board meeting on Tuesday and include Randy and Don Prokes who served on this committee with him. Ted would review the current by-laws with the Board, propose the changes and provide data supporting the change and lead a discussion of this proposal at the board meeting. Ted would stress the need for fairness and equity.

17. Review Meeting Rooms and Floor Plan

Dougherty

Dougherty highlighted pages 15-16 in the convention booklet as the go-to place for this information,

18. Items from the Floor

Dolan

Items carried over from Saturday's meeting:

- a. Executive Director's contract: Dougherty and Kirk presented the proposed 2018-19
 Executive contract. Dougherty explained the two changes he requested in the contract.
 The first change was just cleaning up some contractual language. The second change related to the "Termination of the Contract" section. Dougherty requested that the Executive Committee could terminate the contract during the contractual period only for cause. He also requested a one year contract, not a three year contract. Dougherty then left the meeting and the committee went into executive session. Following the executive session, Dougherty returned to the meeting. Darin made a motion to approve the contract with the language changes proposed by Dougherty, with the annual pay for the National Office employees set at a total of \$35,000 for the contract period with Dougherty determining the division of this money between the two employees. Joe seconded the motion. The motion carried (Dougherty abstained from the vote)
- b. Discussion on Cancellations: President Dolan reviewed the situations we have experienced with cancellations. Some take place very early, others take place on site. Cancellations include: registration fee, college credits and meal functions. A discussion followed focused on how we should handle these. Dougherty explained that we also have to account for the time it takes to process these cancellations on the various forms used in the registration process, the guarantees we make to the hotel, etc. Darin shared what Nebraska does: starting 3 weeks out, registrants who wish to cancel must submit, in the mail or email, a request to cancel stating the reason why they need to cancel, and submitting this request on school letterhead. Any refunds will take place after the convention. President Dolan directed Dougherty to follow this procedure moving forward.
- c. 3D coaching: Darin discussed the potential the NHSACA could have in offering our coaches college credit, CEU's, etc utilizing the 3D programs. Ted agreed and said he believes the NHSACA must look to increase our support for educational opportunities for our coaches. Darin said that 3D will be making a presentation during his Executive Director's meeting on Tuesday.

President Dolan recessed the meeting until 1:45 on Tuesday

NHSACA Executive Committee Monday, June 25, 2018 1:45-3:00 P.M. Ramkota Hotel, Sioux Falls, SD

Meeting 3

1. Call to Order

Dolan

Parliamentarian- Darin Boysen

Recording Secretary – Dave Dougherty

2. Comments/Reports/Communications

President Dave Dolan

President Dolan noted that the convention was going well and that Danell, Deb and Anne were doing a great job in the registration area.

1st Vice-president Kirk Price

Kirk has received positive feedback from attendees.

2nd Vice-president Ted Schroeder

No report

3rd Vice-President Rocky Ruhl

No Report

Immediate Past President Joe Cliffe

Joe shared that South Dakota is doing a great job with the convention and noted that each venue we are at have their own unique challenges.

State Ex. Sec. Rep- Darin Boysen

No Report

Executive Director Dave Dougherty

Dougherty thanked the executive committee members for their work and willingness to help out with anything during the convention.

3. Announcements

Dave, Dave

There weren't any Announcements.

4. Convention Update

Dougherty

Registration: 383

Hall of Fame luncheon: 244 plus 4 kids meals

Coach of the Year banquet: 449 plus 2 kids meals

College credit: 2 credit = 23 3 credit = 40

Other items: There weren't any other items brought up.

Questions: There weren't any further questions.

5. Executive Committee Duties for Board Meeting #3

Dave, Dave

(Previous Handout from Meeting #1)

The committee reviewed these duties and all was in order.

6. Review of Convention Schedule for Tuesday (Convention Booklet)

Dave, Dave

The committee reviewed the schedule and all was good.

a. Region Meeting Locations

These meeting rooms were reviewed to make sure they were correct.

b. Region Elections

According to our by-laws, elections in Regions II, IV, VI and VIII take place during this convention.

c. NHSACA/SDHSCA Night

The committee discussed this social that will feature sandwiches, free keg beer, a cash bar, silent auction and dueling pianos. Thank you to the SDHSCA for sponsoring this event.

7. Hall of Fame Luncheon

Dave/Dave

(Hall of Fame Program & Previous Handout)

The committee quickly reviewed the Hall of Fame Program and duties for the Hall of Fame luncheon taking place tomorrow.

8. Review Agendas for Board meetings #3, #4 (Agendas for the BOD meetings)

Dougherty

The committee reviewed the two upcoming board agendas with a discussion following concerning the amount of time to be dedicated to the proposed by-laws change in order to provide all board members the chance to share their views with the entire board and the amount of time Scott Garvis would receive to help board members understand Social Media and receive some training in downloading Twitter on their phones.

9. Tuesday Ex Cmte Meeting: 5:00-5:30p

Dolan

Confirmed the time for this next meeting.

10. Items from the floor

Dolan

Sports Thread (from Sunday's meeting)

Joe Cliffe talked about Mark Myhre and his service to link high school athletes to college coaches. It was decided to do more research on this and discuss it at the fall meeting. President Dolan recessed the meeting until Tuesday at 5:00 p.m.

NHSACA Executive Committee 2018 5:00-5:30 P.M. Ramkota Hotel, Sioux Falls, SD

Meeting 4 Tuesday, June 26,

1. Call to Order

Dolan

Parliamentarian- Darin Boysen Recording Secretary – Dave Dougherty

2. Comments/Reports/Communications

President Dave Dolan

No Report

1st Vice-president Kirk Price

No Report

2nd Vice-president Ted Schroeder

No Report

3rd Vice-President Rocky Ruhl

No Report

Immediate Past President Joe Cliffe

No Report

State Ex. Sec. Rep- Darin Boysen

No Report

Executive Director Dave Dougherty

No Report

3. Announcements

Dave, Dave

No Announcements

4. Convention Update

Dougherty

Registration: 410

Hall of Fame luncheon: 249 Plus 8 Kids Meals

Coach of the Year banquet: 447 Plus 2 Kids Meals

College credit: 2 Credit = 23 3 Credit = 45

5. Executive Committee Duties for Board Meeting #4 Dave, Dave
The Committee reviewed these duties. Everyone is ready for the meeting.

6. Review BOD Meeting #4 Agenda (BOD Agenda)

Dave, Dave

Dave

The Committee reviewed the Agenda. One Change was made to the Mission Moment. Nathan Oake will provide the mission moment as he requested to switch with Robbie Robinson and it was approved. Reviewed the important items including the By-law proposal vote, the vote for 3rd VP and the accession of office script to make sure we are following proper protocol.

7. Review of Convention Schedule for Wednesday Dave, Dave (Convention Booklet)

Dougherty updated the Executive Committee on the difficulty of having too FEW rooms to hold the various sport-specific sessions along with other one-time meeting events scheduled. We have had a few issues with meeting times and places being changed without communication to Dougherty or to Danell. As a result, coaches are going to Danell asking about meetings and she doesn't have updated information

8. Review COTY Banquet: Duties, Agenda (COTY Awards Program & Previous Handout)

The Committee reviewed the set up process, Duties and the details of the evening. The details included: all speakers that would be at the podium, the order of the speakers and the proper flow to and from the podium.

Ted and Darin would be in charge of organizing and delivering the awards to President Dolan. Rocky would be in charge of escorting each sport to their chairs up front.

Renee Schultz would run the slide show.

Dougherty would serve as MC.

Hutch and Wayne would read the bios.

9. Thursday Executive Committee Meeting Dolan 8:00-11:00 in Executive Board Room with Kirk presiding

President Dolan adjourned the meeting until 8:00 a.m. Thursday morning.

Executive Committee Meeting (June 28, 2018) - Ramkota Hotel Sioux Falls, SD

1) Call to Order

Kirk

President Price called the meeting to order at 8:00 a.m.

2) Welcome new 3rd VP: Justin Davie

Kirk

Kirk welcomed Justin Davie to the executive committee. Dougherty encouraged Justin to bring his ideas to the committee.

3) Convention Review

Dougherty

a) COTY and Hall of Fame Banquets

Dougherty reported that a number of purchased tickets had been returned. (no refunds given, other than a few with difficult circumstances). There was very positive feedback from the coaches and their families attending. Ted gave kudos to Dolan and the SDHSCA.

b) Socials and Special Events

Darin suggests we work more closely with the leadership in the host state's association in this area. He is wondering if we can incorporate the Coach and AD's 40 Under 40 Program into the Hall of Fame Program. Dolan was impress with the numbers of different states the recipients of the 40 Under 40 came from.

All agreed that with the distance some of these coaches travelled, could we work to make the program for them more meaningful?

c) General Sessions

The consensus was that the general sessions went well. We had to very good speakers with good messages. We should work harder to prevent conflicts with these sessions.

d) Sport Specific Sessions

Dougherty brought up that when we don't have enough meeting rooms in a venue that we need to manage the rooms and sessions stricter. A discussion took place on this emphasizing that when individuals make changes in rooms and/or meeting times it creates confusion and doesn't look good. Feedback showed that coaches do like the round table sessions and we need to have at least two of them next year (One on Monday and One on Wednesday). Discussed introducing COTY Finalists at the sport specific sessions as they arrive at the convention. It was felt that this would create the opportunity for more discussion with the coaches during the week and help the finalists feel more comfortable.

e) Publications

It was the consensus of the committee that things are going well with the publications and that the social media impact was very good.

At this time, Darin made a motion that we go into executive session. Seconded by Dolan. Motion carried

Following the executive session, Darin moved to end the executive session, seconded by Ted. Carried.

4) Affinity Group

Ted

Ted reported that Bubba Davis requested 3800 office depot discount cards for the Mississippi Coaches. Darin requested 2000 and Wyoming requested 500. Hopefully this will generate more usage by coaches in this discount program resulting in more income for the NHSACA.

5) Coach and AD Magazine

Darin

Darin reported that Coach and AD magazine representatives attended the State Executive Director's meeting on Tuesday and that more states are taking up their special offer to the NHSACA to purchase the Digital copy of Coach and AD magazine with an annual subscription price of \$1.50 (for anyone association outside of the NHSACA it is \$9.95). Twenty-five cents of this subscription is donated to the NHSACA. They will provide complimentary copies to the B.O.D. Dave will send Ted the email list as it is updated. The committee also discussed the need for us to provide more support for their 40 Under 40 program. There was discussion on the email blast sent out from Coach and AD, "The Week in Review" and the need for the NHSACA to retweet this to our followers.

6) Grants Dave, Dave

There was no discussion on this as we discussed it at a previous meeting and did not have any updates to add.

7) IYCA Dougherty

It was decided to keep this link on our website at this time.

8) Process for Adding New States

Darin reported that Bubba Davis requested contact information for non-member states. There was a discussion on the need for a process so that Region Directors and the representative of the State Executive Directors are on the same page when approaching non-member states. Darin moved to waive the convention registration fee for the Executive Director, and one additional guest, from non-member states who wish to attend our convention, and to provide them complimentary tickets to the Hall of Fame Luncheon and the COTY Banquet. Seconded by Dolan. The motion carried.

9) Need for Other Sponsors

Kirk

Kirk led a discussion on the need for additional sponsors. The question came up: What do we have to offer potential sponsors? Justin brought up the idea of recognizing "Players of the Year" tied to sponsorships. It was also discussed to look at the possibility of recognizing the Senior Athletes of the Year from the host state sometime during the convention. Darin talked about establishing Educational programs (like 3D Coaching) to increase our sponsorships.

10) Financial Kirk, Dougherty

a) National Office Salaries

There was a discussion concerning the frequency and amounts for the payment of salaries for the national office. Dougherty requested two semi-annual payments split equally. Darin made a motion to pay the national office salaries on a semi-annual basis on the 1st day of February and the 1st day of August consisting of two equal payments. Seconded by Dolan. The motion passed (Dougherty abstained from the vote)

b) Dave's Contract

Dougherty and President Price signed this contract (6.28.2018)

c) Insurance

Dougherty reported that we would continue with the same company and is expecting it to remain in the \$1,400.00 range. This is the annual liability insurance for the board members of the NHSACA.

d) Shipping of Plaques

Dave and Danell will take care of this and report back to the executive committee on the cost.

e) Payroll and Tax Preparation

Dougherty reported that we use Julson Accounting located in Wahpeton, ND.

f) Outstanding Bills

Dougherty reported that the only outstanding bills are from the convention and are waiting to receive some of them (including the hotel bill). Dougherty was directed to get a C.D. for \$30,000.00 following the Nebraska state convention for a 1.5 year term.

- 11) Monthly Newsletter Assignments
 - a) July Dave Dolan
 - b) August Kirk Price
 - c) September Ted Schroeder
 - d) October Rocky Ruhl
 - e) November Justin Davie
 - f) December Kirk Price
 - g) January Dave Dolan
 - h) February Ted Schroeder
 - i) March Rocky Ruhl
 - j) April Justin Davie
 - k) May Kirk Price

Dougherty will send the informational document to the committee members for their use in writing their newsletters.

12) Fall Executive Meeting: Ramkota in Bismarck or TBA in Fargo (checking on this now)
Oct 26, 27, or 28th are corresponding dates

Following Discussion, President Price set the fall meeting for these days and times:

Nov 3rd Start at 8:00 a.m.

Nov 4th Finish by noon.

Meeting site: Ramkota Hotel in Bismarck.

Ted requested that the committee members do preparation work on the region realignment for the COTY program and be ready to discuss this topic.

13) Spring Executive Meeting: Ramkota in Bismarck or TBA in Fargo (checking on this now)

Mar 22, 23 or 24th are corresponding dates

It was decided not to set this meeting time yet.

At this time the committee took up the policy and procedure request from the Awards Committee concerning adding new sports for individual recognition in our awards program. Ted moved to reduce the number of member-states who sponsor a sport from 80% to 65%. Seconded by Darin. There was a very good discussion on this. The motion failed. Darin made a motion to amend the recommendation by the Awards Committee from 80% to 75%. Seconded by Dolan. The discussion continued and the motion passed. This policy will allow the Executive Committee to consider adding a sport as a recognized individual sport when 75% of the member states sponsor that sport.

14) Committee assignments for Executive Committee

a) Regional Directors – Dave Dolan/Justin Davie

A discussion took place regarding the duties of the region directors and the importance of their work. Dolan moved to establish a Region Director Coordinator position (similar to the Sport Chair Coordinator position) with Rich Montgomery serving as the Region Director Coordinator. Ted Seconded the motion. The motion carried. Dougherty was directed to establish the duties for this position and communicate with Rich. The Executive Committee also appointed Henry Johnson, from Illinois, as the new Region IV Director. Dougherty will communicate this to Henry.

b) Sports Chairs –Ted Schroeder/Rocky Ruhl

There was a discussion on the openings for sport chairs. Dougherty moved to appoint Rhonda Motykowski as Assistant Girls' Sport Chair and Derek Sonderland as the Girls' Basketball sport chair. Seconded by Dolan. The motion carried.

The Executive Committee also wants the record to reflect their appreciation to Bob Davidshofer for 16 years of dedicated service as a sport chair. It was decided that we would contact Bob with any needs we may have at our future conventions.

- 15) Board of Director Changes Dougherty

 Dougherty will update the B.O.D. list and get this sent out asap.
- 16) 2019 Convention Update Kirk, Dougherty There weren't any new updates needed.
- 17) Motion to Adjourn Rocky moved to adjourn.

National High School Athletic Coaches Association Board Meeting One Minutes Sunday, June 24, 2018 Sioux Falls, SD

Prior to the start of the meeting there was a celebration of Max Hawk. This is Max's 50th consecutive National Convention. Everyone received a shirt with his picture on it. His wife and children were here to celebrate. Max addressed the group.

The meeting was called to order by President Dave Dolan at 2:25 PM.

President Dolan appointed Kirk Price, Parliamentarian; Joe Cliffe, Sergeant at Arms; and Sara Kinney, Recording Secretary. Joe Cliffe asked that everyone silence their phones.

John Hutchison gave the invocation and Renee Schultz led the Pledge of Allegiance.

Dave Dolan welcomed everyone to Sioux Falls. He thanked all the people who have served before him at previous conventions and he thanked those working on this convention including the people at the Ramkota.

Roll Call

Kirk Price introduced the new board members. The other members introduced themselves and then the Executive Committee introduced themselves.

Jerry Horton and Jerry Wetzel reported on Harold Shepherd. Harold has CLL- Leukemia of the blood. If you wish to contact him they asked that you text rather than call.

Mission Moment

Joe Cliffe talked about people choosing to become a coach because of one of their previous coaches. Coaches instill many positive characteristics and teach many lessons that are passed on to their athletes. Some of them become coaches because of the influence of a coach. Joe thanked the coaches for all they do.

Nomination for 3rd Vice President

Information about the election of a 3rd Vice President was distributed. Jerry Wetzel nominated Justin Davie. He is the current NHSACA Basketball Chair and has been active in his state association. Jerry Horton seconded. The vote will be on Wednesday.

Convention Updates

Dave Dolan gave information and arranged for rides to the board dinner at Calloway's tonight.

Dave Dougherty needs meal counts from the sports chairs as soon as possible, but by Tuesday night at the latest. Board members fill in at tables that are not full.

Dave Dougherty also discussed the Monday night activities. There is a 40 Under 40 Social Monday night from 5:15-6:00 at the Exhibit Hall. This will be followed by a General Session at 6:00. There will be a 40 Under 40 presentation followed by a speaker.

Dave Dougherty said that all convention meeting rooms should have a projector. Templates were sent out for sports chairs to use for their reports. There are also templates for regional meetings,

and committee reports. All reports should be filed electronically within two weeks of the end of the convention. There is also a form for applying for a sports chair position. There is a need for Golf, Baseball, and Swimming-Diving Chairs. These forms can be given to interested parties.

Annual Meeting Update

Dave Dougherty reported that there are currently 369 registered for the convention. 23 are taking the college course for 2 hrs. and 38 are taking the course for 3 hrs. credit. There are 236 for the Hall of Fame Luncheon and 441 for the Coach of the Year Banquet. Donations were received from registrants in the amount of \$1,473.00. 97 shirts have been sold and more on line. At the first General Session introductions will be made. The Executive Committee will sit up front. Everyone else can sit where they like. Blazers will be worn. General Sessions and all meal functions will be in the Exhibit Hall.

Dave Dolan talked about the dress requirements that were mailed out. The exhibitors will be in the east lobby and door prizes are given there.

Dave Dougherty reviewed the convention booklet explaining where the committee and regional meetings will be held. He thanked the states that gave sponsorships.

Committee Meetings

Dave Dolan had the meeting assignments distributed. He recessed the meeting at 3:15 PM.

National High School Athletic Coaches Association Board Meeting Two Minutes Monday, June 25, 2018 Sioux Falls, SD

President Dave Dolan called the meeting to order at 4:03 PM. He appointed Kirk Price, Parliamentarian; Joe Cliffe, Sergeant at Arms; and Sara Kinney, Recording Secretary. Kathy Holloway gave the invocation and Robbie Robinson led the Pledge of Allegiance. Ted Schroeder introduced the board members who were present for their first meeting.

Convention Update

Dave Dougherty reported that there were 383 now registered for the convention. There are 23 people taking the credit for two hours and 40 taking the credit for 3 hours.

Mission Moment

John Hutchison spoke about the passion for the NHSACA that has been shown by everyone that has done a Mission Moment. We see how much coaches care for their profession and athletes. We saw the passion of the pioneers of this organization and we see this being passed on to the younger coaches. This is the best profession and coach's organization.

Financial Report

Dave Dougherty reported that the balance on June 22, 2017 was 32,539.07 and that the balance on June 22, 2018 was 112,739.69. He had Darin Boysen come forward and explain how the Nebraska Coaches Association had added college credit at their convention and donated the money they made to the NHSACA, 2400.00. The next check they wrote was for 27,000. They wanted to help make the NHSACA solvent in preparation for their hosting the convention in 2020. This was much appreciated by applause.

Committee Reports

Budget and Finance

Rocky Ruhl had the budget distributed. If there are questions, they can be asked later in the meeting after everyone has had a chance to look over the document.

Nominations and Credentials

Joe Cliffe reported that the committee reviewed Justin Davie's credentials and he is approved for the office of third vice president.

Awards

Greg Brown reviewed the process approved by the awards committee for adding new sports. This would require 80% participation by member states before it can be considered.

Hall of Fame

John Hutchison said the committee discussed their ability to nominate people for the Hall of Fame. They are looking into this.

State Associations

Gelaine Orvik reported that the committee discussed various state certification programs. They also talked about developing relationships with other states and the immediate need of chairs in Golf, Baseball And Swimming-Diving.

Public Relations

Ken Bruckner reported on our Twitter and Facebook contacts. We are working on increasing our social media presence.

*Dave Dolan said the Scott Garvis will go over tech at the Wednesday Board Meeting, so bring your devices.

Professional Education/Growth and Development

Jim Okler reported the topics of discussion as: college credit, online courses, partnership with a big company, communications with other state associations, and how to increase attendance by non-educational coaches.

Annual Meeting

Dan Mitchell reported that attendance at a destination site was discussed. They also talked about encouraging younger coaches to attend by targeting their needs. We also need to increase corporate funding so we need to work with the host state to find possible donors in that area.

National Office

Joe Cliffe reported that the Doughertys use their home as the office. The office equipment will be replaced when the need arises. They also purchased a new banner.

Charter and Bylaws

Wayne Carney reported that the committee approved the amendment presented by the ad hoc committee for a new method of arriving at the 8 finalists for awards. They also discussed the Awards Committee's proposal on adding new sports. This will be added to the Procedures Manual if approved by the Executive Committee.

Ethics and Resolutions

John Hutchison said the committee discussed the past resolutions and propose the following: Whereas negative outbursts from players, parents, and fans is a growing problem in sports competition.

Therefore, we the National High School Athletic Coaches Association recommend that coaches attempt to be a positive influence on sportsmanship. This is necessary in order to provide an atmosphere that is going to be attractive in recruiting officials for high school sporting events.

Corporate Sponsorships/Special Projects

Kirk Price reported the committee's discussion of the loss of the Got Milk Program. They may come back. They discussed the Beef Council but they assist states, not a national organization. They discussed the need for more member states in order to make ourselves attractive to corporate sponsors. They also discussed repairing the past problems with NOCAD, and hiring someone to look for corporate sponsorships.

Dave Dolan appointed and ad hoc committee of Dave Dolan, Gelaine Orvik and Rich Montgomery to look at streamlining the committees.

First Reading of the Budget

Dave Dougherty reviewed the budget. There were no questions.

Dave Dougherty again asked sports chairs to work on meal counts. He reviewed the seating procedures. Baseball will be covered by Heath Hayes, and Swimming-Diving by Robbie Robinson.

Announcements

Dave Dougherty reminded that the 40 Under 40 Social is at 5:15. The Second General Session is at 6:00. Remember to visit the exhibits.

Virg reminded everyone that there will be a silent auction at South Dakota Night. The proceeds go to the NHSACA.

Dave Dolan recessed the meeting at 4:42 PM.

2019 NHSACA Budget					
Ordinary Income/Expense		2017-18		2018-19	
Income:		Budget		Budget	
Membership Dues (States)	\$	16,500.00	\$	17,500.00	
Individual Membership	\$	-	\$	-	
Corporate Sponsorship	\$	7,000.00	\$	=	
Corporate Partnership Income	\$	2,000.00	\$	2,000.00	
State Sponsorships	\$	4,000.00	\$	4,000.00	
Registration/Convention	\$	34,000.00	\$	35,000.00	
College Credit	\$	15,000.00	\$	15,500.00	
Dinner & Luncheon Tickets	\$	25,000.00	\$	23,750.00	
Convention Advertising	\$	600.00	\$	600.00	
Exhibitor Fee	\$	2,000.00	\$	1,600.00	
Donations/Memorials	\$	1,500.00	\$	1,500.00	
NHSACA Shirt Sales	\$	2,500.00	\$	3,500.00	
NHSSI, INC.	\$	2,400.00	\$	-	
Total Income:	\$112	2,500.00	\$104,	950.00	

Expense:	2017-18 Budget	2018-19 Budget	
	\$		
Debt owed for National Office Salary	10,000.00	\$ -	
	\$	4 25 200 20	
Payroll Control of the state of	35,000.00	\$ 35,000.00	
FICA (Federal Insurance Contributions Act)	\$ 1,000.00	\$ 2,170.00	
FUTA (Federal Unemployment Tax Act)	\$ 150.00	\$ 150.00	
IRS payroll taxes	\$ 6,300.00	\$ 6,300.00	
ND State payroll taxes	\$ 200.00	\$ 200.00	
Medicare Expense	\$ 675.00	\$ 675.00	
Accounting	\$ 1,000.00	\$ 1,000.00	
Biographies for Hall of Fame and COTY	\$ 1,000.00	\$ 1,000.00	
College Credit	\$ 6,000.00	\$ 6,200.00	
Convention Site Inspections	\$ 300.00	\$ 300.00	
	\$		
COTY Awards Banquet	14,250.00	\$ 14,250.00	
COTY Awards	\$ 4,000.00	\$ 4,000.00	
Executive Director Expense for Ex Cm Meetings	\$ 300.00	\$ 600.00	
Federal & State Reports	\$ 500.00	\$ 500.00	
Hall of Fame Awards	\$ 2,000.00	\$ 2,000.00	
Hall of Fame Luncheon	\$ 7,800.00	\$ 7,360.00	
Liability Insurance	\$ 1,474.00	\$ 1,600.00	
Licenses and Permits	\$ 125.00	\$ 125.00	
Miscellaneous Expense	\$ 6,376.00	\$ 11,120.00	
Miscellaneous Hotel Charges	\$ 2,000.00	\$ 2,000.00	
Office Supplies	\$ 500.00	\$ 500.00	
Postage, PO Box, Shipping	\$ 500.00	\$ 350.00	
Printing (Programs, Place Mats, etc.)	\$ 3,500.00	\$ 4,000.00	
Shirts	\$ 2,000.00	\$ 2,000.00	
Special Awards	\$ 300.00	\$ 300.00	
Telephone	\$ 700.00	\$ 700.00	
Vendor Set Up	\$ 350.00	\$ 350.00	
Website Maintenance	\$ 200.00	\$ 200.00	
Total Expenses:	\$108,500.00	\$104,950.00	
Total Income:	\$112,500.00	\$104,950.00	
Net Income:	\$4,000.00	\$-	

National High School Athletic Coaches Association Board Meeting Three Minutes Tuesday, June 26, 2018 Sioux Falls, SD

President Dave Dolan called the meeting to order at 3:35 PM. He appointed Kirk Price, Parliamentarian; Joe Cliffe, Sergeant at Arms; and Sara Kinney, Recording Secretary.

Gelaine Orvik gave the invocation and Joe Cliffe led the Pledge of Allegiance. Dave Dolan had a moment of silence for several members of our group that are experiencing medical difficulties at this time.

Mission Moment

Ed Kershner said how much he appreciated the people in the room. He talked about going into the service at age 20 and learning organization, teamwork, discipline and common cause. *He also wishes to add that there are no atheists in fox holes. These are also things that apply to the NHSACA. He thanked Kathy Holloway for helping him when he came into the organization. This organization became fragmented and Florida pulled out for 22 years. He thanked the organization for continuing on. He thanked Bubba Davis for working with him on bringing back the southern states. There was a standing ovation.

Darin Boysen reported that we have a quorum. Ted asked for people to silence phones. Dave Dolan talked about how humbling it was to present the Hall of Fame Awards. He thanked Kathy and her family. He thanked John Hutchison. He thanked Jerry and Karen Horton.

<u>Update</u>

Dave Dougherty clarified that there is no problem between NOCAD and the NHSACA. He reported 410 registrations, 23 two credit people, 45 three credit people, 246 plus 8 children for the Hall of Fame and 447 plus two children for the Coach of the Year Banquet.

Budget

Dave Dolan said this was the second reading of the budget. There were no questions. Rocky Ruhl moved to accept the budget, Randy Johnson seconded. The motion passed.

Dave Dolan said the Resolution Committee had presented a resolution yesterday for approval. The motion by the committee passed. Jerry Miller moved to accept the committee reports from yesterday. Virg Polak seconded. The motion passed.

Dave Dougherty reminded sports chairs to get in meal counts.

Website

Randy Johnson said the website is a work in progress. Board documents are on the website but are password protected which he shared. You will be able to get to Twitter from the website. He thanked Scott Garvis for all of his work. Dave Dolan reminded everyone to bring devices tomorrow for our tutorial from Scott.

Proposed Amendment

Ted Schroeder explained the current process for arriving at the 8 finalists for Coach of the Year. An Ad Hoc Committee of Randy Johnson, Don Prokes, and Ted was formed to come up with a plan that would improve this. The proposal would keep the regions as they are for administrative purposes. The proposal would allow the Executive Committee to redistribute states as needed to arrive at 8 fairly equal divisions.

Discussion followed. There were concerns about timing and it was stated that the redistribution would occur before the voting took place. Gary Makowicki suggested establishing a minimum score for a finalist. Don Prokes, Jerry Miller and others said we need to trust the Executive Committee. There are issues because some states put up a full slate, and some do not. Darin Boysen said we need to look at the big picture and see how this works. The reason behind this suggestion is to make things as fair as possible. People doing a better job of filling out forms would help and Dave Dougherty commended Don Olsen for doing a good job in Montana. Bubba Davis asked for people to give him names of people they know in non-member states so we can increase the members. This would also improve the situation.

Corporate Sponsorships

Dave Dougherty reported that "Built With Chocolate Milk" comes and goes. Ted Schroeder talked about Affinity. We made \$133.00 this year. There is an Office Depot card in your bag. Darin Boysen talked about the 40 Under 40 Program. These winners will be honored in Coach and AD Magazine with our logo there. We receive publicity and a percentage from magazine sales. IYCA is a partnership that is more beneficial for states that for the national organization. The SDHSCA generated thousands of dollars for this convention. Dave Dougherty thanked them for this great achievement.

Regional Reports

Dave Dolan asked that these be deferred until tomorrow if there is time. If not, they will be sent in and be available to be read when the convention report is released. There was a question about the elections. Rich Montgomery was re-elected for Region 4, Region 6 did not vote, and Steve Johnson was re-elected for Region 8.

Future Conventions

2019 Bismarck – Randy Johnson reported they are working on it.

2020 Lincoln – Darin Boysen clarified that the money they donated is for their upcoming convention.

2021 – Dave Dougherty reported that we are looking at possibilities, either with a member state or a destination.

Dave Dolan asked that sports chairs stay to talk about the banquet for a few minutes. Ted Schroeder asked that people sign out remaining awards and deliver them to people not in attendance. Jerry Miller reminded everyone about South Dakota night tonight, 7:30 to 10:00. Virg again talked about the silent auction with proceeds going to the NHSACA.

The meeting was recessed at 5:05 PM.

National High School Athletic Coaches Association Board Meeting Four Minutes Wednesday, June 27, 2018 Sioux Falls, SD

President Dave Dolan called the meeting to order at 7:30 AM. He appointed Kirk Price, Parliamentarian; Joe Cliffe, Sergeant at Arms; and Sara Kinney, Recording Secretary. Robbie Robinson gave the invocation and John Hutchison led the Pledge of Allegiance. President Dave Dolan welcomed everyone. There was applause for last night's activities.

Roll Call

Darin Boysen reported that we have a quorum.

Mission Moment

Nathan Oake talked about finding your tribe. Athletic coaches are a tribe. When he runs into other coaches and starts talking, there is a kinship, same tribe. He thanked the NHSACA for creating this tribe.

<u>Update</u>

Dave Dougherty reported that the registration was up to 419 and the Hall of Fame final count was 253. Coach of the Year Banquet is up to 449 plus two children. All other numbers are the same.

Election of 3rd Vice President

The ballots were distributed and collected.

Bylaws Change

Dave Dolan asked for questions. Darin Boysen moved to accept the bylaws amendment. Renee Schultz seconded. Ted Schroeder read the amendment.

Article XX. Regions and States

Section 1. "Regions for the administrative uses and purposes of this Association, and for the purpose of the eight Region Directors to carry out their duties for the Association shall be set by the Board of Directors upon recommendation of the Executive Committee. The regions established for the section shall be:

Section 2. Regions, solely for the purpose of selecting the national Coaches of the Year Program, shall be set by the executive committee.

Section 3: The Executive Committee shall utilize the previous year's region alignment if it provides balance, equity, and fairness for each state and nominee,

Section 4: The Executive Committee shall re-align the regions if it is necessary to establish balance, equity, and fairness for each state and nominee."

Mark Holdren asked about using the number of coaches in each sport from a state as a factor. Dave Dougherty explained how the rubric addresses this. Gelaine Orvik explained how the

original regions were developed. Justin Davie likes it because it allows for change. We need to be willing for change. Jerry Miller called the question. Virg Polak seconded. The motion passed. The vote on the amendment passed, followed by applause.

It was announced the Justin Davie was elected 3rd Vice President of the National High School Athletic Coaches Association. Applause followed.

Dave Dougherty reminded that sports chairs reports are due in two weeks.

Executive Director Contract

Kirk Price said the change in the new contract is that termination has to be for cause. The salary is the same and it is still a one year contract.

Devices

Scott Garvis tried to assist the membership with installing and dealing with Twitter.

Silent Auction

Dan Mitchell presented a check to the NHSACA for the amount Virg thought of, \$2300.00. The Past Presidents also received \$1000.00 from the proceeds of the silent auction held last night. Thanks to the South Dakota Football Coaches, Virg and Dan. There was a standing ovation.

Dave Dolan presented Dave Dougherty with a \$25,000.00 check from the association with all debts paid. There was a standing ovation.

President's Comments

President Dolan was reflecting on the past year. We are out of debt, but still need to be conservative. We are involved in the 40 Under 40 Program which will hopefully bring in younger coaches. We have the reconfiguration, and Dave thanked Randy Johnson, Don Prokes and Ted Schroeder. Scott Garvis has us on Facebook and Twitter. Randy has updated the website and continues to make improvements. We are up to 19 states. Dave thanked everyone for the opportunity to serve. There was a standing ovation.

NHSSI

Don Prokes said that the NHSSI was started in 1989 and had over a million dollars go through it over 28 years. This was a great benefit to the NHSACA. It has been disbanded since the NHSACA has tax exempt status. The NHSSI board work very hard for this organization: Max Hawk, Gelaine Orvik, Garyl Makowicki, Carey McDonald, Bob Wood, Secretary Sara Kinney, Vice President Kathy Holloway and President Don Prokes. The NHSSI turned over \$10,300.00 to the NHSACA and additional money was donated to worthy causes.

Elevation of Offices

Don Prokes moved that Rich Montgomery, Region Four; Dan Mitchell, Region Six; and Steve Johnson, Region Eight be installed as Region Directors. Virg Polak seconded. The motion passed. Don Prokes moved that Kirk Price ascend to the office of President, that Ted Schroeder ascend to the office 1st Vice President, that Rocky Ruhl ascent to the office of 2nd Vice President, that Justin Davie be placed in the position of 3rd Vice President, that Dave Dolan be place in the

position of Immediate Past President, and that Joe Cliffe be placed in the position of Past President of the NHSACA. John Hutchison seconded. The motion passed. Dave Dolan thanked Dave and Danell Dougherty for all of their hard work.

President's Challenge

Kirk Price said he has spent 12 years in this organization, but does not have the support of his home state. He commended North Dakota and South Dakota for their supportive organizations. He was surprised by the number of Past Presidents that participate. He encouraged NOCAD members in the room to reach out to their fellow members gently. He commended Dave Dolan and the Executive Committee for a great job. He appreciates the support of Dave and Danell and asks for continued support. He thanked Randy Johnson for having Kirk's convention in North Dakota. He asks for help from everyone this coming year. His goals are for growth in finances, number of sports, and number of states. He asks what he can do to help the members. Dave Dougherty reminded sports chairs to meet in the Exhibit Hall at 3:45.

Kirk Price adjourned the meeting at 8:45 AM Respectfully Submitted, Sara Kinney, Recording Secretary

Budget and Finance Report

Members Present: Kirk Price, Ed Kershner, Forry Flaagan, Dave Dougherty, Rocky Ruhl

First Discussion Item: 2019 NHSACA Budget

Dave presented a balanced budget to the committee. He discussed and explained several line items. Dave also mentioned how he has saved money by using his home for an office, his personal computer for association needs and other personal items. Ed thanked Dave for doing a great job and helping the association.

Action Suggested: The goal of the committee is a balanced budget with no deficit. The committee suggested that in the future when Dave's personal items used by the association fail that the association should help in repair and replacement costs.

Rocky motioned to adopt the budget. Ed seconded the motion. The motion passed and the budget will move forward for board approval.

Respectfully submitted by: Rocky Ruhl 3rd vice president

2017-2018 NHSACA Budget and Actual Monthly Income and Expenses			
Ordinary Income/Expense	2017-2018	2017-2018 TOTALS	2016-2017 Actuals
Income:	BUDGET	ACTUAL	
Membership Dues (States)	\$16,500.00	\$17,500.00	\$16,500.00
Individual Membership	\$-	\$20.00	\$30.00
Corporate Sponsorship	\$7,000.00	\$7,000.00	\$ -
Corporate Partnership Income	\$2,000.00	\$1,992.57	\$2,164.53
State Sponsorships	\$4,000.00	\$2,550.00	\$4,100.00
Registration/Convention	\$34,000.00	\$53,525.47	\$26,852.90
College Credit	\$15,000.00	\$22,450.00	\$10,400.00
Dinner & Luncheon Tickets	\$25,000.00	\$29,080.00	\$24,940.00
Convention Advertising	\$600.00	\$4,800.00	\$5,000.00
Exhibitor Fee	\$2,000.00	\$2,650.00	\$2,032.00
Donations/Memorials	\$1,500.00	\$5,708.00	\$6,438.00
Misc			\$442.00
NHSACA Shirt Sales	\$2,500.00	\$4,228.32	\$3,373.00
NHSSI, INC.	\$2,400.00	\$10,300.00	\$2,400.00
2020 Convention Donation	\$-	\$31,510.00	
Total Income:	\$112,500.00	\$193,314.36	\$104,672.43

Expense:	2017-18 Budget	2017-18 Actuals	2016-17 Actuals
Debt owed for National Office Salary		\$-	\$31,279.50
•		·	
Payroll 2016-2017	\$20,000.00	\$20,000.00	\$13,709.50
FICA Social Security 2016-17		\$1,240.00	\$-
FICA Medicare 2016-17		\$290.00	\$-
FUTA		\$-	\$-
Payroll 2017-18	\$35,000.00	\$35,000.00	\$-
FICA Social Security 2017-18	400,000.00	\$2,170.00	\$-
FICA Medicare 2017-18		\$507.50	\$-
FUTA		\$-	\$-
Medicare Expense	\$675.00	\$-	\$-
Accounting	\$1,000.00	\$615.00	\$558.00
Biographies for Hall of Fame and COTY	\$1,000.00	\$500.00	\$500.00
Board of Director's Dinner	\$-	\$-	\$1,671.91
Built With Chocolate Milk Lunch	\$-	\$-	\$-
College Credit	\$6,000.00	\$10,170.00	\$3,915.00
Continental Breakfast/Coffee Station	\$-	\$-	\$5,969.21
Convention Site Inspections	\$300.00	\$-	\$-
COTY Awards	\$4,000.00	\$4,024.35	\$4,283.93
	V 1,000100	+ 1,0= 1100	V 1,200.00
COTY Awards Banquet	\$14,250.00	\$16,942.23	\$19,123.78
Executive Director Expense for Ex Cm			
Meetings	\$300.00	\$753.00	\$1,497.48
Federal & State Reports	\$500.00	\$-	\$-
Hall of Fame Awards	\$2,000.00	\$1,644.99	\$1,537.99
Hall of Fame Luncheon	\$7,800.00	\$8,274.56	\$6,894.20
Liability Insurance	\$1,474.00	\$1,374.00	\$1,474.00
Licenses and Permits and Fees	\$125.00	\$61.25	\$-
Miscellaneous Expense	\$376.00	\$1,837.30	\$6,124.12
Miscellaneous Hotel Charges	\$2,000.00	\$268.16	\$1,299.52
Office Supplies	\$500.00	\$578.10	\$355.37
Past Presidents Luncheon	\$-	\$-	\$509.16
Postage, PO Box, Shipping	\$500.00	\$540.73	\$333.01
Printing (Programs, Place Mats, etc.)	\$3,500.00	\$3,835.88	\$3,164.90
Registration/Convention Fees & Refunds	\$-	\$10,755.00	\$-
Shirts	\$2,000.00	\$2,406.50	\$2,196.23
Special Awards	\$300.00	\$609.14	\$267.39
Telephone	\$700.00	\$660.00	\$660.00
Vendor Set Up	\$350.00	\$-	\$434.00
Website Maintenance	\$200.00	\$-	\$-
2020 Convention Expenses		\$1,800.00	\$-
Total Expenses:	\$104,850.00	\$126,857.69	\$116,542.20
Total Income:	\$112,500.00	\$193,314.36	\$104,672.43
Net Income:	\$7,650.00	\$66,456.67	(\$11,869.77)

Awards Committee Meeting

Members Present : Renee Schultz, Greg Brown, Tim Wallstrum, Herman Andrews, Sara Kinney, Ted Schroeder.

First Discussion Item: To create a policy on procedures to add a new sport as an award sport for NHSACA

Action Suggested: To take to Charter & Bylaws: The NHSACA Coach of the Year Awards are given in the following categories: Athletic Director, Assistant Boys Coach, Assistant Girls Coach, Baseball, Boys Basketball, Girls Basketball, Boys Cross Country, Girls Cross Country, Football, Golf, Soccer, Softball, Special Sports, Swimming & Diving, Tennis, Boys Track & Field, Girls Track & Field, Volleyball and Wrestling.

The addition of a sport may be considered by the board of directors when the sport in question is a sanctioned sport in 80% of the NHSACA member states.

Hall of Fame Committee Report

Members Present: Co-Chairs Jerry Miller and John Hutchison, Virgil Polak, Kathy Holloway, Don Prokes, Bob Davidshofer, Ronda Motykowski

First Discussion Item: We discussed the committee's ability to induct someone who may have been overlooked or for some other reason should be in our Hall of Fame. We are looking at a posthumous induction for next year. If there is someone whom someone on the board feels we should consider, please get that person's name to one of us. If that person is then inducted, he or she would be in the Hall of Fame class for the year that he/she is able to attend the annual convention.

Professional Education / Growth & Development Relations

Member Present: Jim Okler, Co–Chair, Jeff Bellar, Co-Chair, Justin Davie, Gary Makowicki, Jerry Horton & Derek Sonderland.

First Discussion Item: College credits.

Action Item. Communicate in advance with department of education to assist with state association for opportunities with the NHSACA program. Partner with local college or university to offer the NHSACA as summer class option.

Second items: Online classes, via streaming.

Action item: How to effect change, develop ways to stream the NHSACA, How can express the simplistic way of the credit.

Third discussion: Bring a joint partnership with another originations. Such as Nike, Glazer, Gatorade.

Action item: Seek possible partners who could or would allow the NHSACA be the premier headliner.

Fourth Item: Support for compensation for coaches to attend NHSACA by their schools

Action item: Advocate at state levels

Fifth item: More coaches now non-educational staff

Action item: More concern to how to attract these coaches to NHSACA when they are only in the

system for short time.

Nominations and Credentials Committee

Members Present: Co-Chair Joe Cliffe, Co-Chair Randy Johnson, Rich Montgomery, Jim Ford, Jeff Halseth, Dean Schaff

First Discussion Item: Discussed credentials of 3rd Vice-President applicant Justin Davie of Iowa. Determined that all materials and credentials were turned in properly. All Criteria has been met.

Action Suggested: Recommend that Justin Davie of Iowa be placed on the ballot as 3rd Vice President of the National High School Athletic Coaches Association.

Respectfully submitted,
Joe Cliffe
NHSACA Immediate Past President

Media / Publication Committee

Members present: Ken Bruckner, Co-Chair, Scott Garvis, Co-Chair, Cheri Ritz, Bill Weber, John Hoch, and Heath Hayes.

In our meeting we discussed how we could get our name out there more and Scott Garvis said that he has a twitter page and Facebook page for our association. There is an App that Scott is going to help us all put on our social media devices. We all agreed that the addresses should be on all of publications, and any other possible out let. We discussed how we can bring more states aboard. We also discussed that we wanted to know how the member states were involved. We also talked about having Coach and AD put in their publications our National clinic schedule, website, and social media.

Submitted by Ken Bruckner

During the meeting we discussed continuing to foster our social media presence during the convention & the 2018/2019 year. We discussed continuing to foster a stronger relationship with Coach & AD Magazine to promote the NHSACA membership & convention. We have a great product. Now we need to sell the importance of membership to state associations & coaches throughout the country.

Discussed adding an NHSACA National Convention App for next year in Bismarck, ND.

Discussed reaching out to promote membership with non-member states. We had some discussion around getting a list of states and their current status as NHSACA membership & a list of states to recruit. Again we have a great organization how can we attract others to join?

Do we have a list on contacts to reach out to recruit NHSACA state membership? Do we want to try to attract individual members?

Can we have each session promote our social media outlets throughout the convention? (Attached) Social Media Flyer

Can we promote our social media outlets in our convention program. Scott Garvis can design a graphic for convention program.

Can we add widgets to the website to promote social media outlets.

Lets begin to use our social media outlets as a source of income to promote sponsors & vendors.

2018 NHSACA National Office Committee Report

Members Present: Co-Chair Joe Cliffe, Co-Chair Gelaine Orvik, Bubba Davis, Ed Kerschner, Bill Farthing

First Discussion Item: Discussed equipment used by the National Office. Dave and Danell Dougherty use 3 personal printers and 2 personal computers. Also available is a donated laptop.

Action Suggested: At some point the NHSACA will need to consider replacement equipment.

Second Discussion Item: Office staff consists of Executive Director Dave Dougherty and Administrative Assistant Danell Dougherty. No benefits are provided. Compensation is determined upon agreement with the Executive Director and the Executive Committee.

Action Suggested: No action suggested.

Third Discussion Item: Office space is provided at Dave and Danell's new home. There is a cost for phone expenses that the NHSACA pays.

Action Suggested: Monthly payment of this expense will continue.

Fourth Discussion Item: Purchase of a WiFi Google and new banner were made. Cost of banner covered by the NHSACA. Cost of WiFi covered by Dave and Danell. P.O. Box was cancelled and NHSACA mail will be delivered to their physical address. This was a saving of \$250 per year.

Action Suggested: No action suggested.

Respectfully submitted,
Joe Cliffe
NHSACA Immediate Past President

2018 NHSACA Annual Meeting

Members Present: Rocky Ruhl, Dan Mitchell, Darin Boysen, Heath Hayes, John Hoch

First Discussion Item: State Association Clinic model (2018, 2019, 2020) vs. a Destination Site. Revenue concerns and attendance are major concerns of a destination site. Cost of travel, hotel, registration is an issue for coaches outside of the host state to attend.

Action Suggested: Maintain a conservative fiscal plan that includes educational resources for coaches at an affordable price.

Second Discussion Item: How do we get younger coaches to attend a national convention?

Action Suggested: Offer affordable, educational resources that will help a coach meet their requirements in their home state. This may be difficult as each state has different requirements. Target the host state coaches and their needs each year.

Third Discussion Item: How do we draw more cooperate funding into the annual national convention? What does NHSACA have to offer a cooperate partner?

Action Suggested: Continue to work with the host state leadership each year to identify partners and a revenue sharing structure that matches the needs of both the host state and NHSACA.

2018 Charter and By-Laws Committee Report

Members Present: Wayne Carney, Co-Chair, Sara Kinney, Co-Chair, Don Prokes, Randy Johnson, Drew Potthoff, Renee Schultz, and Ted Schroeder.

Ted Schroeder led a discussion concerning an amendment proposal being offered by the ad hoc committee consisting of Ted Schroeder, Don Prokes and Randy Johnson. This is concerning the method used to arrive at the 8 nominees for Coach of the Year. The amendment will be presented by Ted at the board meeting. Don Prokes moved to accept the amendment. Renee Schultz seconded. The motion passed.

Renee Schultz discussed a proposal for a policy addition outlining the methods for adding a new sport for award consideration. This was passed by the Awards Committee and will be added to the Policy and Procedures Manual if approved by the Executive Committee.

Wayne brought up some things that need attention in the current bylaws. Sara will send out an updated copy of the bylaws to committee members and asks that they each go through it looking for any areas that need attention. This will help the committee to be prepared at the next meeting to address any amendment suggestions.

2018 NHSACA State Association Report

Members Present: Darin Boysen-NE, Gelaine Orvik-ND, Bubba Davis- MS, Dan Mitchell-SD, Steve Johnson-AZ, Drew Potthoff-IL, Don Olsen-MT, Wayne Carney-SD, Mark Holdren-MI

First Discussion Item: Educational offerings for coaches throughout the year via NHSACA in cooperation with state associations. The committee also discussed each state's certification requirements and/or continuing education requirements. Can NHSACA find a way to work with the state requirements – to offer meaningful coaching education – beyond Xs & Os?

Action Suggested: Explore working with Proactive Coaching, 3D Coaching, Coaching & AD Magazine – NHSACA to work with states to provide coaching resources – not additional requirements coaching.

Second Discussion Item: Developing relationships with other states in your NHSACA regions for possible membership.

Action Suggested: Work hand in hand with Region directors to target one state per region. Provide clear adopted information about NHSACA. **Develop a relationship** – not a call or e-mail to sell the organization.

Third Discussion Item: NHSACA has the immediate need of National Sport Reps in Baseball, Golf and Swimming & Diving.

Action Suggested: State directors would know the best fit and true interest of a person to serve in this area. Ask a state that does not currently have a sports rep or less representation.

Ethics and Resolutions Committee Report

Members Present: Co-Chairs Kathy Holloway and John Hutchison, Rich Montgomery, Don Olson, Dan Bruner, Mark Holdren. Sara Kinney was also a part of this committee as she assists with the wording of the resolution and the typing of it.

First Discussion Item: We discussed our resolution from 2017 and a resolution concerning suicide from a previous year

Action Suggested: We noted that these two issues are still very prevalent in our nation.

Second Discussion Item: We discussed a resolution for 2018, and it is printed below.

2018 resolution.

Whereas negative outbursts from players, parents, and fans is a growing problem in sports competition.

Therefore, we the National High School Athletic Coaches Association recommend that coaches attempt to be a positive influence on sportsmanship. This is necessary in order to provide an atmosphere that is going to be attractive in recruiting officials for high school sporting events.

Corporate Relations & Sponsorship

Members Present: Kirk Price, Virg Polak, Gary Makowicki, Jim Okler, Steve Johnson

First Discussion Item: Loss of Got Milk due to their budget problems and that we were told they

will be back with us soon

Action Suggested: Wait!!

Second Discussion Item: Efforts with the beef counsel and the problem for them working with a

national organization. They have to work state by state

Action Suggested: No solution for NHSACA but local states can work on getting sponsorship

Third Discussion Item: When approaching sponsors, we don't have a big enough National

Footprint

Action Suggested: Add more states

Fourth Discussion Item: Repair the problem (25 years) with NOCAD. No one would share what it

was

Action Suggested: Hire a person or company to recruit Sponsors and States. Pay them

commission

Submitted by: Kirk Price, 1st VP, June 25, 2018

Region I Report

1. Roll Call of States in Region (include # of people from each state:

CT - 6

2. Introductions: name, sport, & State of each person in the meeting:

Done. XC, Track, AD, GBB,

- 3. Questions for discussion:
 - a) What is the status of Athletics and Coaching in your state: Good relationship between CHSCA, CAAD and State Association.
 - b) What Problems do Coaches Face Parents influencing Boards and Administrations. Result is coaches being dismissed for reasons such as playing time. Budgets continue to be problematic. Some schools going to pay for play.
 - c) What are Hot Topics Transgender athletes. Two biological boys identifying as girls and dominating track sprints. Coaches being told by administrations not to comment.

Academics – some coaches feel standards need to be stronger.

- d) Miscellaneous Topics
- 4. Suggestions for Improving NHSACA's role for Coaches: Like the clinic format with COTY presentations along with college coach sessions. Continue to sponsor coaches social at conference.
- 5. Region Director Election (if needed):

Joe Madafferi selected.

Submitted by: Gary Makowicki Reg. 1 Dir July 11, 2018

Region II Report

No Report

Region III Report

1. Roll Call of States in Region (include # of people from each state:

There were 5 coaches from Florida in attendance.

- 2.Introductions: name, sport, & State of each person in the meeting: Jen Darty, Volleyball; Don Prokes, retired swimming; Ed Kershner, Basketball; Shari Anthony, Basketball; Mary Calhoun, Basketball
- 3. Questions for discussion:
- a) What is the status of Athletics and Coaching in your state: Good. There is the realignment of the schools taking place.
- b) What Problems do Coaches Face Budget issues, Parent issues: Most students do pay-to-play and there are issues with following the Chain of Command when communicating.
- c) What are Hot Topics Do better job of promoting programs & Communication
- d) Miscellaneous Topics
- 4. Suggestions for Improving NHSACA's role for Coaches: The state activities association needs to communicate better. NHSACA could provide better benefits for member states which would result in positive advances for the NHSACA.
- 5. Region Director Election (if needed): This was not needed.

Submitted by: Ed Kershner Region III Director 6-25-18

Region IV Report

- 1. Roll Call of State in Region: Michigan 7, Ohio 0, Indiana 0, Wisconsin 0, Illinois 6
- 2. Introductions: Michigan: Nathan Oake, Exec Board; Mark Holdren, Exec Board; Jim Okler, Exec Board; Bre Johnson, Volleyball; Terra King, Volleyball; Cheri Ritz, Softball & Exec Board; Roy Johnston, Boys Basketball. Illinois: Sara Kinney, Exec Board; Joe Cliffe, Exec Board; Henry Johnson, Retired AD; Drew Potthoff, Exec Board; Rich Montgomery, Exec Board.
- IL: New football game restrictions only one game a day No consecutive days/coaching turnover – WR-50% turnover last 2 years MI: Transfer Rules, golf scoring scandal

IL: Officials shortages

MI: New divisions – ABCD – Hoping to make more equal – Based on number of schools participating – Some concerns about trans gender issues.

- 4. Suggestions: Continue to improve website. Speaker topics need to be announced earlier / use state membership to expand speaker options. Master list of coach of the year finalist posted. April-May website should start announcing speaker schedule-also use facebook/twitter. Speakers should be mandated to supply copies of presentation / or jump drives to attendee's presentations should be posted on website. Locations of room numbers/speakers need to be improved. Baseball and softball could have some combined presentations. Look into "conference" app for posting room numbers/locations/speakers/topics.
- 5. Election was held and Rich Montgomery from Illinois was elected as Region 4 Director.

Submitted by: Rich Montgomery, Region IV Director, June 29 2018

Region V Report

Roll Call of States in Region (include # of people from each state)

OK 1 Mike Snyder FB LA 1 Kathy Holloway

MS 2 Bubba Davis, Tim Sayers XC/TF

Dave Dolan was also present. Total of 5 in attendance

Two football coaches and 1 cross country coach were present.

Questions for discussion: What is the status of Athletics and Coaching in your state:

Both state felt athletes and coaching in their states were in a good place.

Problems discussed:

Oklahoma dealing with a 2 week dead period this summer for the first time

Participation down in some sports

Problem with private schools dealing with having to play up a class if they are in the play-offs too often

Too many small schools that are so close to each other – need to consolidate

What problems do Coaches face – budget issues, parent issues

Budget and parent issues were not a problem. Schools with oil in OK had no problem because of good tax base. Schools with no oil did what they had to do to fund their programs.

What are hot topics – Do better job of promoting programs and communication.

Cell phones and social media have made it easier for schools to promote their programs and to communicate with parents and players.

Suggestions for improving NHSACA's role for Coaches:

Neither coach in meeting knew anything about the NHSACA.

Submitted by: Bubba Davis, Region V Director, July 6, 2018

Region VI Report

Roll Call of States in Region (include # of people from each state:

MN-1 IA-10 ND-9 SD-36 NE-4 CO-1

Cited Coach & AD Magazine 2018 Survey of Top Concerns

Suggestions for Improving NHSACA's role for Coaches:

Mentoring Program
Funds for Coaches to Attend
Asking the Career Coach to do more
Developing AD/Coach relationship
Offering clinicians
Helping Coaches understanding WHY they personally coach.

Submitted by: Dan Mitchell, Region 6 Director 7-9-2018

Region VII Report

- 1. Roll Call of States in Region: Montana 2, Wyoming 11
 - 2. Introductions:

Christina Mills, Asst. Girls finalist; Don Olsen, Montana Executive Director; Walt Smith, Wyoming; Kathy Hamer-Smith, Wyoming; Dean Schaff, Wyoming / Soccer Rep; Bill Farthing, Past President; Ted Schroeder, Wyoming- NHSACA; Jim Carroll, Montana; Wenett Martin, Volleyball finalist-Wyoming; Renee Schultz, Wyoming-NHSACA; Larry Yeradi, Wyoming-Executive Secretary

- 3. Questions:
- a. What is the status of Athletics and Coaching in your state: State Culminating events shortening in days; reimbursement loss for travel; loss of certified coaches;
- b) What Problems do Coaches Face Budget issues, Parent issues

Cuts for travel.

b. Topics: Do better job of promoting programs & Communication

Wyoming gives Yellow Cards out to bad fans - they are given by AD's, Principals, coaches, or athletes

out of district coaches, things allowed with AAU / Rec programs.

4. Suggestions for Improving NHSACA's role for Coaches:

Attract young coaches 1-15 years experience with mentorships.

Use of Social Media

Educating beyond X's & O's

Honoring

Submitted by: Heath Hayes, Baseball 6/26

Region VIII Report

Roll Call of States in Region (include # of people from each state:

New Mexico – Ron Murphy – Baseball – 3rd time nominated

AZ – Robbie Robinson – Past Pres

Herman Andrews – Wrestling Chair

Karen Self – Girls BB Finalist

Steve Johnson – Region 8 Dir.

Special Guest – Rocky Ruhl – 3rd Vice-Pres.

Questions for discussion:

- a) What is the status of Athletics and Coaching in your state:

 The problem that we face and it is one that has come up for the past few years is club sports. We really don't think it is going to go away, we just have to learn how to get along and make it a positive outcome for the students.
- b) What Problems do Coaches Face Budget issues, Parent issues We really did not talk about this, of the coaches that were in attendance we are all aware of our own issues and problems.
- c) What are Hot Topics Do better job of promoting programs & Communication? One of the concerns that we discussed was losing coaches due to the fact that they are young coaches and wanting to start a family and also they need more money.
- d) Miscellaneous Topics Rocky R. shared with us the idea that the association would like to come to AZ. By this time Ron from NM had left. The AZ coaches were excited about the idea. We basically felt this would be great for NHSACA and coaches from around the country. We all felt that we would be very open and supportive to any suggestions and ideas the ex. Board would offer up.

Suggestions for Improving NHSACA's role for Coaches:

I have mentioned this before but I feel it would be very beneficial to keep reminding the coaches to attend the region meetings. Possibly incentives (door prizes) for those who attend the meeting this could be done at the conclusion of the meeting.

Region Director Election: Not this year.

Submitted by: Steve Johnson Region 8 Dir. Date - Aug 25, 2018

Regional Directors Meeting

Roll Call
Kirk Price 1stVP,
Rich Montgomery Region 4 montgomer@rfhs301.org
Bubba Davis Region 5 bubbadavis@bellsouth.net
Dan Mitchell Region 6 dmitchell@ysd.kiz.sd.us
Heath Hayes Region 7 hayesheath08@gmail.com
NOT PRESENT, Regions 1,2,3,8

Questions brought up for discussion:

- e) Does anyone have any suggestions on how to get more states to join?
- f) Discussion followed with the following suggestions, we need to know info about the other regions and states that have a single sport, no sports or as few as 2 states in a region so we can get busy on contacting them. Lots of enthusiasm for getting more states and the wanted to get to work. Even if in regions other than their own.
- g) Members asked me to find out this info from Dave Dougherty as much info as I can so they can get started. They were aware there were some states with 2 organizations Mens Sports & Womens sports. They each told stories about their efforts and possible members States or single sports in states
- h) They wanted names of individuals in these State and it was suggested to get the executive directors names and contact info from Darin Boysen and Dave Dougherty. They also wanted history of the contact if any in each state.
- i) We closed the meeting by going over which regions had elections tomorrow.

Submitted by: Kirk Price 1st VP June 24 2018

Name of Sport: Girls' & Boys' Assistant Coaches

Submitted by: Bob Davidshofer & Ken Bruckner

Session 1 Monday June 15, 8:30 – 9:30

Speakers: Marc Murren – Sioux Falls Washington Assistant Football & Track

Attendance Number: 9

Summary:

- 1. He had 40 years of coaching during the fall and spring.
- 3. Thought a good coach had to be a good teacher.
- 4. If the coach isn't loyal, he should get out.
- 5. Assistant coaches need to go to camp.
- 6. He had no problem going from being an assistant in one sport to another.

Session 2 Monday June 15, 9:45 – 10:45

Speakers Doc Michel Rapid City Stevens High School Assistant XC & Track

Attendance Number: 13

Summary

- 1. MCD –"Money Can't Buy" Favorable comments he received during the season concerning members of the team
- 2. Thought running camps (Wyoming & Oregon)) were the secret of successful seasons. Athletes raised most of the money during the year through various activities.
- 3. He thought having spaghetti suppers before meets was another important thing for the team.

Session 3 Monday, June 25, 2:00 – 3:00

Speakers: Virg Polak Watertown Middle School Assistant Football & Track

Attendance Number: 14

Summary:

- 1. He spent 40 years teaching and coaching in the middle school.
- 2. He wore school colors to show his support for the school a lot of the time.
- 3. Most of his athletes were muti-sport ones.
- 4. Spent a lot of time on track handoffs.
- 5. Talked a great deal on PRD.E

Session 4 Tuesday, June 26, 8:30 – 9:30

Speakers: Dave Dolan Rapid City Central High School Assistant Football &

Basketball

Attendance Number: 10

Summary:

- 1. Spent his entire coaching career in Rapid City.
- 2. He was passed over as the head football coach on two occasions.
- 3. Worked under 6 head coaches for 33 years. Spent 16 years a s defensive coordinator.
- 4. Most success came in track. Spent 20 years as an assistant and 15 years as a head coach
- 5. Thought communication and loyalty were the two most important things for an assistant coach.

Session 5 Tuesday, June 26, 9:45 – 10:45

Speakers: Ken Bruckner

Attendance Number: 10 Menno High School Assistant Football &

Track
Summary:

- 1. Had 40 years of teaching and coaching with past 28 years in the school he is presently at.
- 2. Since it is a small school you get to small the families very well.
- 3. Said if the assistant doesn't know something, he should "Ask".
- 4. Thought it was very important for coaches not to come to practice wearing t-shirts from other schools.
- 5. He was against specializing and promoted the idea of having well rounded athletes.
- 6. Thought assistants should have a practice plan and follow the chain of command
- 7. He thinks some kids need special who come from broken homes.
- 8. He likes to have meetings before and after practice with the other coaches.

Session 6 Tuesday, June 26, 11:00 – 12:00

Speakers Georgia Adolph Flandeau High School Assistant Track and

Basketball

Attendance Number: 8

Summary:

- 1. She went to South Dakota State and did some head coaching while attending graduate school.
- 2. Started her high school coaching in volleyball and serving as a volunteer trainer.
- 3. She had 7 different head coaches in track.
- 4. Had concerns about young coaches being too friendly with the athletes.
- 5. Thinks head coach has to be a good listener. Athletes refer to her as "Mom".

6. Thought it was necessary to have a good practice plan but be flexible if problems arise.

Session 7 Wednesday, June 27, 9:00 – 10:00

Speakers: Round Table Discussion

Attendance: Number:12

Summary:

Discussed the following topics:

Specialization, Club Sports, Camps

- 1. Most of the coaches were against specialization but several mentioned that it was necessary at times for them.
- 2. Most thought that club sports should not interfere with sports that are currently in season.
- 3. Camps were thought to be very valuable in most sports.

Session 8 Wednesday, June 28, 10:15 – 12:00

Speakers: Round Table Discussion

Attendance Number: 11

Summary:

Discussed the following topics, Conflict with Speech Activities, Weightlifting, Poms & Dance Groups.

- 1. Some schools had problems with speech activities on the same days as tournaments.
- 2. Most thought a coach should not require weightlifting throughout the entire.
- 3. Pom and Dance groups should have a season and not be allowed to practice during the entire school year.

Athletic Directors

NHSACA AD Meetings-Session #4

Mark Meile Sioux Falls District Director of Athletics Stretching your Budget & AD Organization

Organizational Skills

Three Ring Binder by Month Season Summaries-All Athletic Teams Daily Planner-Old School Additional Storage Space Technology-Track Wrestling

High School Athletics

Joe Struwe-Lincoln
-Washington
Casey Miele-Roosevelt

Middle School Athletics

5 MS Athletic Coordinators

Budget Process

Committee consists of the following: HS & MS Athletic Director's HS & MS Coach Representative Parent Representatives

4 Budgets Levels-Must create 4 budgets 90% 15-100k Reduction 95% 98% 100%

Budget Review

1995-96 Lost 82 Coaching Positions Proposed Cuts Prioritize Cuts Expansion Packet for Increases Proposal-Adding Baseball & Softball Club Level Sport-Bowling

Budget Total \$2,125,541.00 Level I-Coaching reductions Level II-Reinstate Cuts Level IV-Reinstate Cuts Level IV-Reinstate Cuts Adding Baseball & Softball \$75,000 increase 1.5% of School District Budget

NHSACA AD Meetings-Session #5 (12 Attendee's)

Anthony Jenkins DeSoto, MS District Director of Athletics Middle School & High School Structure

School District Background

34,000 students in their district largest school district in the state of Mississippi 7 Schools in current under renovations
Currently 8 High Schools
18 new schools in the last 13 years
Current School District Athletics \$2.7 million Budget
4-6A Class Schools \$29,000 & 4-5A Schools \$24,000

Shape & Save the lives of our Student-Athletes

Moretown Story - Great Story

4th of 12 kids

800 sq ft. House

Starting Playing Sports 9th

Coach Wilkerson was a guiding force

Principal & Young Boy became friends

Participated in State Track Meet-Offered a scholarship to throw discus

Football Coach asked to play football -Mississippi State

Degree in Education-Asst. Football Coach offered Head Football Coach from HS Principal

Division Championship

Overcoming Hard Times-No Excuses Hard Times make Good Times Great!

Don't Take anything for granted Anything is possible Always have compassion for your student-athletes

Largest School District in the State of Mississippi

Most Humbling Experience Oct 21st 2016 Named Stadium after Coach Jenkins

Coach Football 34 Years 8 Asst. 26 Years Head Coach

This should be a General Session Story: Really Awesome Story!

Integrity-Sets the Tone (Do Best by your Student-Athletes)

Highly Visible Athletic Director throughout the District

Athletic Director Report Session 6

Athletic Director Profession can change lives-How Powerful!

School District Background

Most Diverse in State of Connecticut Hispanic 52%, African American 18%, 38% Caucasian

Coach & Student Interaction Guidelines

Appropriate Boundaries

Guidelines for use of Electronic Media by Coaches

Coaches Story-Suspended (Social Media Incident)

Hockey Coach-Old Video's on Social Media sent to Local News & Media Inappropriate Content

Basketball Coach-Social Media Issue Sending Inappropriate Image

Student Incidents-Alcohol, fighting, Drug Incidents

Coaches are on duty all the time-Be careful you never know who is watching.

Interaction with the kids as a teacher-Really Like the opportunity to teach the kids.

NHSACA AD Meetings-Session #7 (11 Attendee's)

Dennis Murphy Director of Athletics & Activities Havre, MT IDEAS ON PROMOTING SPORTSMANSHIP

PRESEASON

PARENT MEETINGS SCHOOL ASSEMBLIES

REGULAR SEASON

PUBLIC ADDRESS ANNOUNCEMENTS

PEP BANDS – MALTA

YELLOW CARDS

SPORTSMANSHIP MEDALS

CHEERLEADERS SELECTING GOOD SPORTSMANSHIP

POST SEASON

PEP BANDS & GIFTS FOR OFFICIALS

GAME ADMINISTRATORS (STUDENTS) HELPING CONTROL CROWDS -YELLOW CARDS

Used by Culbertson High School – Wyoming Schools.

Powerful approach to addressing unacceptable fan behavior

Administrators (some have used students) present "Yellow" card to fan who may be out of control

Reward students who display appropriate sportsmanship during games

Who selects?

Cheerleaders

Cheer Advisor

Administration

T-Shirts with sportsmanship promotion-state promotion

Use local businesses to help promote: Subway, McDonalds, Rod's coupons.

Pep band play opponents' school song – or have a recording

Stockman Bank Sportsmanship Program

Selection of student athlete who displays good sportsmanship throughout the game

Athletes from both teams are selected

Who selects?

Game officials

Selected Fans

Administration

At conclusion of game read sportsmanship announcement and present medals.

If received at an away game announce during starting lineups

Tournament

Cheerleaders from both schools present flags

Use the pep band

Have common songs that they can play Play together at halftime

Officials – recognize and present gifts (tournament t-shirt) to officials on championship night during introductions. Use members of teams playing as presenters.

NHSACA AD Meetings-Session #7 (9 Attendee's)

Bill Fitzgerald Retired Athletic Administrator Fremont, NE When to Say When-Moving to the Next Chapter of Life

- If you last ten years or more in an AD position, then you are doing better than the average! Those that make it 20, 25, or 30 are TRUE WARRIORS!
- The job takes on a life of it's own countless hours and events with multitudes of decisions that are likely to be questioned.
- Tension filled, high pressure, and extremely visible position all the things you expected!
- The high paced work style, long hours, and constant "on-duty" pressures turn many to other administrative positions.
- However, a few can withstand the stress and strain to help make students lives better and provide opportunities for all.
- AD's like this should be praised, admired, and applauded for their conviction!
- Those that reach this goal and have a long career eventually do decide to step away.

The question is:

What is the right way to do this?

No one person has all the answers to the how and when to retire, but having gone through it, there are a few things I have learned to share with those who are near the finish line!

We all eventually have the end in sight – the only difference is how it happens and how you handle it!

Plan for the Decision

- Most have an idea about when they are considering this move the key is to make sure YOU are making the decision!
- Do the right things by being organized and efficient, and generally you can call the timing of your decision. Those who get sloppy in their duties might have the decision made for them sooner than they expect.

Stay at the top of your Game

- Some might think you might coast, but do not give them the satisfaction of this work hard to complete the job and the time on it!
- Continue to give your best effort and finish the year the right way!
- Work hard to close the books in a positive manner and make the job easier for whomever takes over for you!

Name of Sport: Baseball

Submitted by: Heath Hayes

Session 1	Speakers:	Attendance Number:
	Tim Huber, Augustana University	1
Session 2	Speakers:	Attendance Number:
	Tim Huber, Augustana University	2
Session 3	Speakers:	Attendance Number:
	NO SESSION	
Session 4	Speakers:	Attendance Number: 2
	Marty Gomez - Lyman, Connecticut	
Session 5	Speakers:	Attendance Number: 2
	Ron Murphy - Rio Rancho, New Mexico	
Session 6	Speakers:	Attendance Number: 6
	Bob Greco, Westside HS, Nebraska	
Session 7	Speakers:	Attendance Number: 6
	Larry Watkins, Westside HS, Nebraska	
Session 8	Speakers:	Attendance Number: 8
Roundtable discussion: Larry Watkins, Bob Greco, Ron Murphy, Marty Gomez		

Summaries:

Nothing but gratitude from this group of coaches. They all seemed to get along well and enjoyed each other's company.

Name of Sport:_Girls & Boys basketball

Submitted by: Justin Davie

Session 1 Speakers: Aaron Johnston South Dakota Sate aaron.johnston@sdstate.edu

Attendance Number: 45

Out of bounds plays and philosophy.

Session 2 Speakers: Tim Miles U of Nebraska and Amy Williams U of Nebraska

Attendance Number: 54

Amy: Secondary Break and options

Tim: Defensive philosophy

Session 3 Speakers: Jackie DiNardo, Gina Skelton COTY's Attendance Number: 48

Gina Skelton: Developing leaders, point guard college, book by Pat Riley Jackie DiNardo: Wearing different hats, youth camps, Hall of Fame

Session 4 Speakers: Nate Tibbits Portland Trail Blazers Coach Attendance Number: 58

Portland Trail Blazers terminology, coaching guards, No energy vampires

<u>Session 5</u> Speakers: Jason Christensen Dakota Weslyan women Attendance Number: 44 Post play, Offensive and Defensive philosophy, switch from zone to man during possessions.

<u>Session 6</u> Speakers:Tom Billeter Augustana men's coach Attendance Number: 45 Defensive positioning

<u>Session 7</u> Speakers: Mat Wilber Dakota Weslyan men's coach Attendance Number: 41 Culture and player relations, practice principles and philosophy, offensive concepts

<u>Session 8</u> Speakers: COTY Round table Attendance Number: 34

The boys and girls COTY introduced themselves and then had a roundtable discussion on a

variety of topics

National High School Athletic Coaches Association 2018 NHSACA Boys Cross Country COTY Report

Submitted by: Jim Ford, CT -- Nat'l Chairman Girls Cross Country **Forry Flaagan, SD** -- Nat'l Chairman Boys Cross Country

MONDAY, 6-25-18:

>> Session #1 = Attendance = 27

Dan Fitzsimmons University of South Dakota 10 yrs @ USD "Planning Workouts to enhance Performance" 14 yrs @

Yankton HS

- -- moderation & consistency = realize the benefits of recovery.
- -- upside down pyramid = build volume to the end.
- -- have a goal based on a vision = "the more you know where you want to go, the better chance

of getting there".

-- define your needs to improve = build a training program based on what is needed to improve.

>> Session #2 = Attendance = 13

Richard "Doc" Michel Stevens HS, Rapid City, SD 48 yrs @ SHS

attended former assistant's session

>> Session #3 = Attendance = 12

Tracy Hellman Augustana University 18 yrs @ Augie

"Team Dynamics and Culture Before Training"

- -- limiting injuries of utmost importance = start off-season extremely low mileage.
- -- squad competition = recruit competitive athletes from successful team environments.
- -- minimize competitions = 5-6 races maximum per athlete.
- -- volume building = continual building of aerobic and anaerobic throughout season.

TUESDAY, 6-26-18:

>> Session #4 = Attendance = 35

Lucky Huber University of South Dakota 24 yrs @ USD

"Coaching is Like Cooking Chili"

- -- power = force x velocity -- basis of athletics.
- -- speed training = plyometrics, accelerators, strength training.
- -- 6" hurdles = "3 @ 4' / 3 @ 4'3" / 3 @ 4'6" / 3 @ 4'9" / 3 @ 5' / 3 @ 5'3".
- -- "If you want to run fast, you have to run fast."

>> Session #5 = Attendance = 14

Doug PetersenUniversity of Sioux Falls 5 yrs @ USF

"Stepping Up From High School to College" 35 yrs @ Adirian, MN HS

-- date pace = basing workouts on what shape you are in "now".

- -- goal pace = target workouts based on physiological optimum performance.
- -- Myrtle Drills = lookup on youtube.

>> Session #6 = Attendance = 8 Cross Country Finalist Round Table

- -- helicopter parents, dealing with them = upfront meeting @ start of season, give them a job.
- -- recruiting = recruit from PhysEd testing, intramural race with PE credit, elementary races.
- -- reward improvement for all levels = reward top improver from each race, Varsity, JV, Frosh, etc.

WEDNESDAY, 6-27-18:

- >> Session #7 = Attendance = 19 Cross Country Finalist Round Table
 - -- off-season guidelines = dead week with no contact, open contact, sport camps, off-season competitions.
 - -- off-season goals = mileage rewards, age levels, points for other activities.
 - -- life balance = all school based program for "all" activities, integrating running "into" other activities.
- >> Session #8 = Attendance = 20 Cross Country Finalist Round Table
 - -- XC vs Tr&F = benefits of aerobic & anaerobic training for other sporting activities.
 - -- excellence = a personal search, build for the same purpose.
- -- Fav workouts = 5-4-3-2-1, Park Run, :60-:30, ultimate Frisbee, Stop & Shop, Ride & Stride.

Name of Sport: Football Submitted by: Jeff Bellar, Football Chair

Session I: Speaker: Brad Seely Special Teams Coordinator for Huston Texans

Topic was Kickoff Coverage and special team tackling.

Attendance: 26

Session II. Speaker: Brad Seely Special Teams Coordinator for Huston Texans

Topic was Kickoff Return and catching kickoffs

Attendance: 28

Session III. Speaker John Stiegelmeier, Head Coach South Dakota State University

Topic: Building a Successful Program

Attendance: 35

Session IV. Luke Meadows, Offensive Line Coach, Eastern Michigan University

Topic: Offensive Run Block & Pass Block. Preparing your Line in and out of season

Attendance: 29

Session V. Speaker Kirk Ferentz, Head Coach University of Iowa

Topic: General thoughts on his Program

Attendance: 46

Session VI. Speaker Kirk Ferentz, Head Coach University of Iowa

Topic: Offensive Line Run Blocking

Attendance 50

Session VII. Speaker: Brian Hansen, Former NFL Punter

Topic: Punting in the NFL, Mental Preparation

Attendance: 20

Session VIII. Speaker: COTY Finalist: Round Table Discussion

Discussion went very well. This was a good way to do this part of our convention.

Attendance: 22

Golf

Submitted by: Nathan Oake

Monday Speakers -

Sanford Sports Science Institute – Sioux Falls, SD

We heard from professionals in the area of strength, sports science, nutrition and injury prevention.

Levi Pole – TPI Certified instructor – their goals include safe athletes via research and training – power is built through conditioning /strength program. The average golf injury is 28 days, but many can be prevents. Common reasons for injury

- too much practice
- no warm up
- faulty swing mechanic

Golf movement = mobility plus stability

Body is interdependent – body moves in essentially three planes – front/back – left /right – back/through

Common injuries include lower back, lead elbow, shoulder and wrist

Lower back – swing loads on lower back – random practice is better than blocked (repetitive)

Lead Hip – correlation with lower back - modern vs. classic swing has had an impact Due to more separation and power

Big three areas to strengthen

- 1) Hip/core strength & utilization (using the ground more)
- 2) Thoracic range of motion is needed
- 3) Hip Range of Motion is needed- especially internal

Hydration – very important – core/glute flexibility is far better if hydrated

Hitting motion – ground up – better golf swing

Need 10 minute warm up with no club, stretch bands, stretching, activation exercises (will send email to us)

Bands/activation link – best if you have a short time period

Strength – it is a myth that strength is not good for golf. Medicine ball & bands are best for hip movement

Emphasis – potential power/strength, hip strength, core strength and mobility

Ground – using it to start the swing is a must – planks are great exercise. Create a fulcrum

Great analogy – cannot fire a cannon from a cone without it moving, and effecting power

Unilateral Lifts 0 bilateral both sides (when lifting) Plyometric exercise

Med Ball – overhead slam, side throws, pendulum toss (golf swing), hip toss

Airex Pads, Air Disc (good for activating glutes)

Foam rolling, T-Spine rotation, SuperSpeed Golf training – all good

Sanford Dietician – Eating enough calories is very important, staying hydrated also Planning what to eat

Recovering properly – enough sleep

Getting into a good routine for eating – pre-workout/golf – turkey/wheat/apple/yogurt is idea

Golf Science – GC Quad, Trackman are at the Institute- Focus Bands – reading brain waves - \$800 – better to be in artistic/creative side not analytical side while playing golf

Qualisis – motion analysis tool

Sanfordpower.com/golf

News.sanfordhealth.org/golf

Tom Hoek – Dakota Weslyn University Mens/Womens Coach

- Incredible facility update by requesting local sponsorship to build golf areas in unused school rooms
- Incredible energy and passion from Tom
- SynLawn local turn installation company \$15k for entire room/undulations/different heights

Practice book – golf scrimmages – Realistic Practice Games – Trent Wearner

In season drills – up and down game –

- 4-5 different yardages
- hit your spot on the green = 3 pts
- up and down = 5 points
- learn where to miss in order to have makeable putt

Master the Approach – hit three balls, play the worst one

Other games:

3 or 4 club challenge, Par 3 Challenge

COY Finalists -

Jodi Schoeck – Illinois

Barrington – 31 year coach

25 players, many inexperienced

Summer Tour of all local league courses – each team hosts 1 event (12 courses)

Great for their development, team building, lower level players get familiar

Donate leftover team gear for prizes, etc.

Lower End players really get comfortable, and meet other players

Jodi conducts other team building activities (paintball, movie, bowling, etc.)

Last students to play are highest scores, she monitors last groups/leagues players and acts as a buffer

Bob Gordon – Minnesota

Team gets to use 3 courses – produces lots of golf rats

All-City league for 4-5th grades, courses are supportive

Growth of the Game committee - programs for kids and for young adults

Local pro is very instrumental with growth of the game activities and support – Adam Thielen was a member of his team.

Bob helped to run local tours and made a huge impact on junior golf development in his community including a separate 5-6th grade and 7-8th grade team in Detroit Lakes.

The entire community rallied around this cause....

Kathy Boucher – Connecticut

Kathy handed out a wonderful handout with 20 or so ideas that she has used – and "what has worked" for her. She also talked to us about the importance of writing and requesting grant dollars for her program. Each attendee received her handout...see handout

Vic Rotunno - New Mexico

Vic had a unique circumstance in that his program played in both the fall and spring – he talked to us about how he navigated this format

His local golf course in Hobbs was a community themed course, and supported both local college and HS teams.

The reputation of the Hobbs Eagles was very important to Vic, and he made sure each member of his program new this and embraced it

The course was supportive in "growth of the game" initiatives as well

Vic worked hard to balance team activities and regular golfers looking for course time, and was a tremendous goodwill ambassador for the game/team as it related within the community

Vic also talked about how his State Finals worked with a course differential/qualifying/cut score in order to make the State Finals.

Vic hosts 4 tournaments (allows him to get extra players in) and has a booster club to help manage the \$. He also has boosters sell signage to local business and individuals - \$500 will buy exposure at all 4 of the tournaments Vic runs. Great idea!

Mimi Ramsbottom - Nebraska

Mimi shared her "point game" that she creates each year with the help of her senior leaders. She assigns points for golf related activities such as playing, taking lessons, competing, working out, and reading golf articles. Captains draft teams of players, and each team competes for a cumulative score. This adds competition, and some additional focus on all of the little things that golfers can do to improve.

Mimi works with each player to find one single golf word to help them trigger – example "fearless"

She creates a fantasy golf scorecard and holds it. Here, each player turns in a card from their first 18 hole round. Each time they earn a season best score on any single hole, they erase and update a card in an attempt to reach their personal best-ball score for the season. Another great idea.

Michael Gray-Mississippi – 13 year golf coach

Supports and encourages summer competitive golf on the Coca-Cola junior tour and others. He also was supportive of giving grants a try...

His teams have won 7 of the last 9 State Championships

His practices are focused and he tries to vary different drills frequently to aid development – lots of short game clubs and drills.

Michael has a big team focus on rules – he shared a 1-ball rule example. Michael was an organized, focused and competitive golf coach – and also coached football. He talked about the need to be flexible with multi-sport athletes and help them be successful in more than one sport – especially in a smaller school. Competing is competing

Name of Sport: Soccer

Submitted by: Dean Schaff

Session 1

Speakers: Joe Burger Attendance Number: 5

Summary: This session focused on player development in the modern game. We discussed issue from fitness to technique required. We also discussed age appropriate practices.

Session 2

Speakers: Joe Burger Attendance Number: 4

Summary: This session focused on getting high school student recruited. We discussed current NCAA D1, D2, D3, and Junior College rules. Money and scholarships that are associated with each and some common misconception about playing in college. We also talked about a timeline for students to follow if they want to be recruited.

Session 3

Speakers: Joe Burger Attendance Number: 3

Summary: This session focused on how to maximize training at the high school level. We discussed the different areas of training and spent the majority of the time talking about the psychological parts of training young athletes. Social media and issues that surround it were also discussed.

Session 4

Speakers: Brock Thompson Attendance Number: 3

Summary: This session was focused on modern defending in the women's game. We discussed issues with modern formations and how to defend them. On how to force team to make mistakes and organized pressure in the attacking third.

Session 5

Speakers: Brock Thompson Attendance Number: 3

Summary: This session focused on the 3 dimensions of coaching and how to get athletes to respond in the modern world of video games and social media. The mental/psychological was again discussed at great detail.

Session 6

Speakers: Brock Thompson Attendance Number: 4 Summary: This session focussed on 1v1 attacking skills. We discussed when to dribble at the goal, how to speed dribble, creating gaps, finding appropriate crosses.

Session 7

Speakers: Round Table (Finalist)

Attendance Number: 8

Summary: During this roundtable issues revolving around ethics, the World Cup, player mentality, psychology, practice plans, fitness, set pieces, and team philosophy were all

discussed.

Session 8

Speakers: Round Table (Finalist)

Attendance Number: 8

Summary: During this roundtable issues revolving around ethics, the World Cup, player mentality, psychology, practice plans, fitness, set pieces, and team philosophy were all

discussed.

Name of Sport: Softball

Submitted by: Cheri Ritz

Session 1

Speakers: Greta Melsted Attendance Number: 5

Summary: Greta spoke on Explosive Offense. She talked about ways to be aggressive in the game. We discussed that is is a mindset and you have to commit to it. She talked about ways to live this style of play. It was very Informative with interesting facts on stealing percentages.

Session 2

Speakers: Greta Melsted Attendance Number: 4

Summary: Topic was How to Build Individual Players. We talked about throwing and catching fundamentals, types of throws and footwork for the throws. All the different throws were

covered and how to work on each throw individually.

Session 3

Speakers: Steve Kerkman Attendance Number: 4

Summary: Steve talked about Incorporating a Mental Game Training Program for your team.

He talked about Leadership and what he does in his program to incorporate it.

Session 4

Speakers: Steve Kerkman Attendance Number: 4

Summary: Steve talked about Championship Softball Habits and Expectations on the field. We talked about team building activities and the power of We. We also talked about Changing your

Frame which was great discussion.

Session 5

Speakers: Finalists Round Table Discussion

Attendance Number: 7

Summary: I put together 41 questions that we talked about in our programs. Great discussion on core values, philosophy, practice plans, off season workouts, leadership development, mental-skill training, team building activities, and things that make each program unique.

Session 6

Speakers: Finalists
Attendance Number: 7

Summary: We continued with the 40 questions in a round table discussion. Our topics included, key expectations, favorite hitting drills, favorite defensive drills, throwing and catching routines,

how to start and end practices, et.

Session 7
Speakers:

Attendance Number:

Summary:

Session 8
Speakers:

Attendance Number:

Summary:

Special Sports

No Report

Name of Sport: Swimming and Diving Submitted by: Robbie Robinson

Session 1 Speakers: Doug Humphrey, SDSU Attendance Number: 5

Coach Humphrey went through various drills for Swimming Practice.

Session 2 Speakers: Doug Humphrey, SDSU Attendance Number: 5

Coach Humphrey went through various drills for Swimming Practice.

Session 3 Speakers: Attendance Number:

Open Session

Session 4 Speakers: John Barnes, St. Thomas Academy Attendance Number: 9

Coach Barnes was a finalist who spoke on Booster Clubs and how to use them effectively.

Session 5 Speakers: Helen Houlihan, Montana Attendance Number: 8

Helen spoke on maintaining your successful program with budget cuts and consolidations

Session 6 Speakers: Dennis Kemmesat, Bismarck Century H.S. Attendance Number: 8

Dennis spoke on Strength and Conditioning in a Team Atmosphere

Session 7 Speakers: Mark Morehouse, Fossil Ridge HS Attendance Number: 6

Mark spoke on Mission, Culture & Collaboration in building a successful Program.

Session 8 Speakers: Round Table with National COTY Finalists Attendance Number: 8

Name of Sport: Tennis Submitted by: Kirk Price

Session 1

Speakers: Pat Colbert

Summary: How to make players better

Session 2

Speakers: Pat Colbert

Summary: Working with Advanced Players

Session 3

Speakers: Pat Colbert

Summary: Running practice with limited space

Session 4

Speakers: Jessie Daw Attendance Number: 5

Summary: Mental side of coaching

Session 5

Speakers: Jessie Daw Attendance Number: 5

Summary: Psychology of coaching

Session 6

Speakers: Jason Olson

Summary: West River Style of tennis

Session 7

Speakers: Finalist Chad Anderson West Fargo Cheyenne HS, North Dakota (17 years

coaching)

Boys & Girls Coach, No cut programs, Duals have 6 singles and 3 doubles ~17 per season Tournament format 3 singles, 2 doubles Regionals & State have a single draw with all singles, a single

Draw for all Doubles teams

Finalist Dave Sukup Forest Hills Northern HS, Michigan (18 years coaching)

4 divisions 4 singles & 4 doubles at regionals and state a draw for each. The team culture has all doubles

players attacking the net, He has a 40 minute warm up at daily practice

Finalist Norm Sedig Cody HS Wyoming (33 years coaching)

Norm has spent years fundraising and recently built a 6 court facility with lights at his HS showed photos

3 singles and 2 doubles with rule 1 singles must be your best player

Attendance Number: 8

Session 8

Speakers: **Finalist Robert Hislop** Poulson HS, Montana (26 years coaching)
Robert works with his wife his asst. coach, 70 tennis schools, 4 divisions in Montana.
Built 2 new courts and team is paying them off with fundraiser 7 to 8 thousand each year . 4 singles and 3 doubles at state the singles into one draw and the doubles in one draw. Seeding by draw

Finalist Steve Bischof Elkhorn HS, Nebraska, Omaha Suburb (22 years coaching)

61 schools in 2 divisions A-30,B-31 Dual season 6 singles 3 doubles . State format 2 singles, 2 doubles Steve uses Pods (clusters) when deciding team positions

Finalist Don Barnes Sioux Falls O'Gorman HS, South Dakota
There are 20 boys, 23 girls teams in SD there is only one division at the state
Tournament . All teams qualify for state. 6 singles and 3 doubles each play a no ad draw.

Attendance Number: 8

Name of Sport: Track and Field Submitted by: Greg Brown and Bill Weber

Speakers: Dan Fitzsimmons- USD Attendance Number: 27 Coaching Distance Runners: Talked about different Themes of Training: Moderation and Consistency, Hard -- Easy Approach, No Timeouts in Cross Country, Slower one runs, more playing time one gets, Upside-Down Pyramid, 3K Time Trial, Long Run, Speed Kills, 40 Second Rule, Train, Don't Strain, Two Days Active Recovery, Success Breeds Success, Have a Vision-Goal Setting and Achieving, Most Programs Know the Ingredients, Few Have the Right Recipe

Speakers: Tracy Hellman- Augustana University Attendance Number: 24 Setting Your Middle Distance Runners Up for Success: Talked about building teams by going to Relay Meets, How to identify middle distance runners: Speed, Size, Background, Mentality. To start with your race schedule and then work backwards. Take care of the "Little Things" Such as: Preventing injury and illness, Sleep, Nutrition, Iron, Supplemental/Strength Training, Mileage guidelines.

Speakers: Derek Miles-USD

Concepts of Efficiency in the Pole Vault: Talked about starting with a good foundation, getting the Approach down, 90% of practice spent on getting the Approach, then work Plant and finally Swing and Finish. Broke down each phase of vaulting, what to look for, what not to worry about with vaulters allowing them to have some personal habits that not all pole vaulters will share. Everything does not need to be the same with each vaulter. Gave cues on what to look for with

the vaulters, body position, hand position, shin angles. Have relaxed hands, shoulders, and upper torso. Gave ideas on correct approach length, and when to move back farther. Also gave some don't break rules such as if its not broke don't fix it. Then moved to the plant, with cues on arm position, reverse C, knee drive, Left hand punch etc. Never break rules of plant would be head, chest have to drive through the last step, pole strike is smooth and to time your hands and foot strike. Finally he spoke about the Swing and Finish phase, to create the power C, how to change the center of gravity to unbend the pole allowing you to get your feet up. Gave cues on what to look for. Finished the session off with talking about proper grip distance and what happens when your grip space is to large or to small.

Speakers: Lucky Huber-USD Attendance Number: 30Developing Speed & Relays: Lucky talked about different drills that can be used at the high school level to create sprinters. Talked about Sprint training on the track, Plyometric drills, Med-Ball drills, and Weight lifting. Walked through a periodization for a three month season. We also talked about keys to relays, and about getting an athlete ready without needing the track to practice on.

Speakers: AG Kruger III-USD Attendance Number: 10 Javelin: The basic start to throw the javelin, discussed flexibility, and throwing motion. Walked us through different Grips, a well planned warm-up, proper run up form, cross-over and not to worry about running up from a long distance. Went over drills to work on crossovers. Next we talked full throw and functional training, and keeping you hip back.

Speakers: AG Kruger III-USD Attendance Number: 14
Shot and Discus: A round table discussion on proper techniques, and how to fix the problems of shot put and discus. Broke down a three month season and set up quantity and quality for each month of a high school season. Talked about MS Drills that could be used to create new throwers. Visited about Coaches Eye and Hudl Tech to help evaluate your throwers.

<u>Session 7</u> Speakers: Boys COTY Attendance Number: 12 We heard from finalists Don Perry, Rich Kosta, Randy Johnson and David Halliday. We talked about many things from Showing Patience with your athletes to favorite workouts to ways to combat mediocry.

Session 8 Speakers: Girls COTY Attendance Number: 20 We heard from finalists Jim Carroll, Heath Dudley, Kara Kochanski-Vendola, Mindy Reed and Mark Roberts. Learned a lot about listening to your athletes, Emotional Bank Account,, Community Service, Training to Compete and Taking Adversity and turning it into an opportunity.

Summaries:

Boys COTY: Adsm J. Kedge from Albuquerque Academy New Mexico (Missing to be with his son entering West Point)

Girls COTY: Mike Parker from Iowa City West High School Iowa

Volleyball Submitted By: Tim Wallstrum, Sports Chair

Session 1: Leanne Williamson Attendance Number: 40

The first session was entitled "How to outsmart your opponents:

She felt you need to teach Volleyball IQ everyday. We need to teach the "Why" of everything. Players work harder and perform better when they understand why they are learning a skill or method. She said that coaches need to ask more questions so that players can figure things out on their own more instead of being told everything by coaches. Serving; serve flat and use a feet serve which means three feet in front of the receiver. Serve to take out certain hitters. She talked a lot about ball control and practicing to play out of system. Finally. Leanne talked about Overload vs. Isolation; meaning focusing on the opponents big offensive players.

Session 2: Leanne Williamson Attendance Number: 42

Topic Title: Warm up with intent. Topics Covered: Partner Bal Control, Set to Self – Side Pass, 5 on 5 team across net pepper, Field Goal Tripples, Hand to Hand Combat, VCN 4's, She felt that it was interesting to use old school picking of teams. Letting players choose their team. She felt that you could learn a lot from what the players choose. She felt that you had to have a discussion with them at the beginning of the season to overcome hurt feelings if you did that.

Session 3: Leanne Williamson Attendance Number: 38

Topic Title: How to Build and Sustain a Culture and the Importance of doing so. Leanne felt that you should not focus on winning first but the player first. Student, Family, Being Competitive for life, Building the Whole Person, Having a winning Program last. She felt you really need the support of assistants, administrators and parents to do this and you must be consistent. She felt it was important to be honest with your players and have the tough conversations. She felt that many coaches have a Open – Door Policy but that is not enough. You need to have a "Initiate Conversation Policy" and encourage players to work it out themselves first. She tells her team that they do not have to be friends but they do have to be family. If you teach them to work out their problems they will be able to work it out on the floor. She talked about room assignments when they travel and that she often will put varying people together for a night to learn about each other. She also referred to a book by Jon Gordon called the No Complaining Rule

Session 4: Leanne Williamson Attendance Number: 38 Topic: Individual Defense and Transitioning to Team Defense.

Leanne said that Defense is an attitude and training is a bonus because she has known people who do not have good form but still can play great defense. She also said that defense is contagious. She believes in simplicity and had some common themes for defense; Zero Fear, Confidence and Pride in keeping the ball off the floor. She also talked about movements to prepare to play the ball and emphasized to have the body stopped as the ball was hit with no pre-hop. Her team believes in digging to what they call the WELL. This is the position from 5-10

feet off the net in the middle of the court. She also said that a ball is not one persons and that they teach multiple people going for each ball. She also talked about how to read the hitter and several drills to focus on these defensive aspects.

Session 5: Michael Runde – Associate Head Coach USD Attendance Number: 38 Topic: Scouting

Michael talked about being prepared to play your opponent through scouting. He said that you should prepare signals to your players so that you can use them to communicate with your players on the floor because the scouting is only as good as the first set. To do this you have to be prepared because you can not train for an opponent in three days. Your hitters should train for a multiple range of shots so they can adjust on the fly. Michael felt that the most important person to scout was the opposing setters because they control the game. He felt that you need to learn a setters tendencies. He also felt that a teams stats can really help a team out. He prepares a detailed report for his players that includes snap shots of the opposing teams defense. Michael said that they focus on runs of three. If you can get three runs of three you have and eighty percent chance of winning the set. He also showed us a template he uses to record this information. He talked about doing a post evaluation on the scouting report to be prepared for the next match against that team

Session 6: South Dakota Meeting Attendance Number: 27 This session was not scheduled and the South Dakota coaches used it to discuss situations specific to their state.

Session 7: Round Table Discussion Attendance Number: 29

Discussion Topics:

Goal Setting, Multi-Ball Drills

Coaching Philosophy, Culture

Serve Receive, Systems and Thinking Outside Box

Keith Leupold

Session 8: Round Table Discussion Attendance Number: 29

Discussion Topics:

Why do you win? How to Maintain Success Nora Groft

Coaching you own kid

Bullying, Working with tough players, and Little Kids

Interview Help Questions Wenett Martin

Team Building Themes, Weight Room and

Conditioning, Practice Rules, Community Dianne Rouzee

Promoting Urban Female Student Athlete

Participation, Creating a positive team environment

Through non-sport Activity Michelle Abraham

Summary

After Session eight, the finalists felt that they did not have enough time to get to know each other. So we decided to spend another hour together after all the other coaches left. The finalists felt that this was the hour they enjoyed the most.

Dianne Rouzee was named the 2018 Volleyball National High School Athletic Coaches Association Coach of the Year.

Name of Sport Wrestling Submitted by: Herman Andrews Jr.

Session 1,2 &3

Speakers: Damion Hahn Attendance Number: 14,17 & 13

Session 1: Road to Head coach position here in South Dakota. Prepare to be great. Education should be first. Start early to be a good student. It takes work and practice to be good at anything you do. Time management, be a mentor, no morning workouts, wrestling season is too long & be a life coach.

Session 2 & 3: on the mat technique. Front headlock series. Both from standing and on the mat. Also, the counters to the front headlock.

Session 4, 5 & 6

Speakers: Mike Denney Attendance Number: 12, 12 & 10

History of his program. Crack the whip sorta speak on positive affirmations everyday. Use two positive affirmations to every one negative used. 66% of the English language is negative. Catch the kids doing something right.

Session 5: 5S's Self- pride Silver- money

Sloth- Lazy

Sex didn't have time to finish this one.

Session 6: Fundraiser

Golf tournament. Catch is to tee off you first have to put on a singlet to tee off. Community service is very important to get community buy in. They also host pancake breakfast for faculty and staff at the first if the year.

Round Table Speakers: COTY Finalist Attendance

Summaries: This year was a great conference. Very well thought out and great location. Can't wait to next year.

NHSACA-Past Presidents Meeting 2018 June 24.

Attendees-Bill Farthing, Gelaine Orvick, Jerry MIller, Kathy Holloway, Don Prokes, Wayne Carney, Sara Kinney, Jerry Wetzel, John Hutchison, Gary Makowicki, Virg Polak, Jim Okler, Dave Dougherty, Jerry Horton, Renee Schultz, Randy Johnson, Joe Cliffe

Welcome-Reading of Welcoming Past Presidents-Virg

Review notes from 2017-

Treasures report Income-\$ 665.26 South Dakota, will pay for past presidents luncheon

Minutes Prokes, Orvik

SK-Josh teaching Uhta, other son Austera, Mom passes last year, Dad doing well, watching Cubs,

DP-Visitors SK, Mark Tiby, Jerry Horton, Family doing well Son working for Lonny Johnson inventor super soaker, Daughter back to school, Grandson 20 months old

KH-Son and family traveled with Kathy, helping with grandson's health, spent time working with basketball, gardening and farming, Squeal current count 8. Many accolades for Squirrel hunter of year,

DD-Moved to up size, another grandchild coming, Son married, daughter purchased new home

JH-working at the school, speaking of grandkids, 50 year anniversary,

GO-Doing nothing, Younger granddaughter graduate will be attending Indiana University on rowing Scholarship, missed first track meet in 50 years, oldest granddaughter grad from Oklahoma and will attend Law School at University of Minnesota, HOF intro of Dan Carr, Loss his Sister, 25th anniversary,

RJ-Retire in May, moved to Bismarck, more time working on associations

JW- 60 anniversary, 81st birthday, thanking to move, to KC, 2 granddaughter Arkansas, still going to track meeting,

WC-moving into new home into 4th house, new grandson, 10 total. Inducted in SD HOF snowout, reinduction in fall.

GM-Son grad from west point, travel to EU- Commission of conference, working with WP. Enjoy travel to westside of SD

BF-5 years promised Max he attended, honored with scholarship in his name, son working not able to visit California.

JO-Grandchild, school year, thankful

JC-Thank for joining, Wife rehab 10 months, traveled to Alaska, working with associations, truck driving, hip replacement.

JH-Traveled visited DP for lunch, Karen had surgery, recovery well, grandkids visiting in Fort Wayne, grandson kicked field goal to win game, grandson watching track throw best distance, swimmer getting faster, Other son help his folks, work state track meets for 57 years girls track.

RS-Great health, travel, mission circle, taking classes sewing-quilting with upgrades, today 40th anniversary.

VP-convert old football films to DVD from college games. Sent to 125 former player of team, and reunion. Tailgate watch game, 80 players and coach attend reunion. A new tradition will be continued. Nephew called to play Uncle Buck.

JM-Expressed thanks to supporter-Max will be attending 50 years at NHSACA conferences. Talked about get conference going, spent time at the Lake, Went to grandson graduate, 12 total Rose Holoman, aironotes, speaking many accomplishments.

Virg, spoke about past president unable to attend, updates. Gary spoke about John Fontana Jerry H spoke about Shep illness

Gift exchange-

John Hutchison won the Grand Door Prize—Washer & Dryer

Bread Boards-Virg and Bill gave name Bread Board presidents boards.

At South Dakota Night—SDHSCA & SDFBCA raised \$1000 for the Past-President checking account.