

### Saturday, June 21; Leadership Seminar

7:00 – 12:00 NHSACA Registration Open (Washington Foyer) 7:30 AM College Credit Registration, Dr. Brad Strand; NDSU (1 credit) Washington All Times are Mountain Time 8:00 ROOM SEMINAR Topic SPEAKER; SCHOOL "Ice Breaker Activity" Leadership Washington 9:00 ROOM SEMINAR SPEAKER; SCHOOL Topic "Coaching Staff Professional Development" Washington Leadership Aaron Steckler; Cedar Rapids Kennedy AD 10:00 ROOMSEMINAR Topic SPEAKER; SCHOOL Washington "Changing Lives – Building Character" Leadership Dennis Parker SPEAKER; SCHOOL 11:00 ROOMSEMINAR Topic Washington Leadership "Intentional Student Leadership" Aaron Steckler; Cedar Rapids Kennedy AD

#### <u>12:00 – 1:00 Leadership Conference Working Lunch</u> Washington "3 Strategies to Improve your Program"

| 1:00 ROOM        | SEMINAR    | Τορίς  | SPEAKER; SCHOOL                      |
|------------------|------------|--|--------------------------------------|
| Washington       | Leadership | "Efficient Athletic Leadership"                  | Dr. Danielle LaPoint; CMAA           |
| 1:00 - 6:00      |            | NHSACA Executive Board Meeting (J                | efferson)                            |
| <u>2:00 ROOM</u> | SEMINAR    | Τορίς  | SPEAKER; SCHOOL                      |
| Washington       | Leadership | "Utilizing Technology for your Athletic Program" | Dr. Danielle LaPoint; CMAA           |
| <u>3:00 ROOM</u> | SEMINAR    | Торіс  | SPEAKER; SCHOOL                      |
| Washington       | Leadership | "Structuring Strength & Conditioning in HS"      | Andy Swedenhjelm; Newton HS          |
| <u>4:00 ROOM</u> | SEMINAR    | Торіс  | SPEAKER; SCHOOL                      |
| Washington       | Leadership | "Student Athletes Mental Health"                 | Todd Tharp; IHSAA Associate Director |
| <u>5:00 ROOM</u> | SEMINAR    | Торіс  | SPEAKER; SCHOOL                      |
| Washington       | Leadership | "Culture Building – Developing Team Culture"     | Larry McKenzie; Minneapolis North HS |



## Sunday, June 22; Leadership Seminar

|   | A Registration Open (Washington F  | over)  |  |
|---|--|--|--|
| 8:00 ROOM SEMINA  |  | SPEAKER; SCHOOL  |  |
| Washington Leadership   |  | Dr. Scott Grant; Findlay University  |  |
| 9:00 ROOM SEMINA  |  | SPEAKER; SCHOOL  |  |
| Washington Leadership   | "Creating Positive Connections with Local Youth  | Sports"Sam Schill; Ames Youth Sports   |  |
| 8:00 - 10:30  | NHSACA Executive Board Meeting (Je   | fferson)   |  |
| 10:00 ROOMSEMINA  | R Topic  | SPEAKER; SCHOOL  |  |
| Washington Leadership   |  |  |  |
| 11:00 ROOMSEMINA  | R Topic  | SPEAKER; SCHOOL  |  |
| Washington Leadership   |  | Larry McKenzie; Minneapolis North HS   |  |
| 11:00 - 11:50NHSACA Past Presidents' Meeting (Rushmore)11:00 - 11:50NHSACA Sport Chair Meeting (Rushmore)11:00 - 11:50NHSACA Region Director Meeting (Rushmore)12:00 - 1:00 Leadership Conference Working LunchWashington "Reflection & Discussion on Saturday and Morning Sessions"  |  |  |  |
| Washington "Reflect   | ion & Discussion on Saturday and Mornin  | a Sessions"  |  |
| Washington "Reflect<br>12:00 – 2:00   | ion & Discussion on Saturday and Morning<br>NHSACA Board of Directors Meeting V  | -  |  |
| -   | NHSACA Board of Directors Meeting V  | -  |  |
| 12:00 – 2:00  | NHSACA Board of Directors Meeting V<br>R Topic   | Vorking Lunch (Rushmore)   |  |
| 12:00 – 2:00<br><u>1:00 ROOM SEMINA</u><br>Washington Leadership  | NHSACA Board of Directors Meeting V   R Topic   "Dealing with Challenging Personalities"   | Vorking Lunch (Rushmore)<br>SPEAKER; SCHOOL<br>Brian Petersen; Roland-Story HS   |  |
| 12:00 – 2:00<br><u>1:00 ROOM SEMINA</u>   | NHSACA Board of Directors Meeting V   R Topic   "Dealing with Challenging Personalities"   R Topic   | Vorking Lunch (Rushmore)<br>SPEAKER; SCHOOL  |  |
| 12:00 – 2:00<br><u>1:00 ROOM SEMINA</u><br>Washington Leadership<br><u>2:00 ROOM SEMINA</u>   | NHSACA Board of Directors Meeting V   R Topic   "Dealing with Challenging Personalities"   R Topic   | Norking Lunch (Rushmore)<br>SPEAKER; SCHOOL<br>Brian Petersen; Roland-Story HS<br>SPEAKER; SCHOOL<br>asey Hoffert, Will Dotson, Dave Rittman<br>Standing Committee Meetings<br>e<br>mmittee                              |  |
| 12:00 – 2:00<br><u>1:00 ROOM SEMINA</u><br>Washington Leadership<br><u>2:00 ROOM SEMINA</u><br>Washington Leadership<br>2:00 - 3:00<br>Rushmore<br>Rushmore<br>Rushmore<br>Rushmore<br>Rushmore<br>Rushmore<br>Rushmore<br>Rushmore<br>Rushmore<br>Rushmore<br>Rushmore<br>Rushmore<br>Rushmore<br>Rushmore<br>Rushmore<br>Rushmore<br>Rushmore<br>Rushmore<br>Rushmore<br>Rushmore<br>Rushmore<br>Rushmore<br>Rushmore<br>Rushmore<br>Rushmore<br>Rushmore<br>Rushmore<br>Rushmore<br>Rushmore<br>Rushmore<br>Rushmore<br>Rushmore<br>Rushmore<br>Rushmore<br>Rushmore<br>Rushmore<br>Rushmore<br>Rushmore<br>Rushmore<br>Rushmore | NHSACA Board of Directors Meeting V   R Topic   "Dealing with Challenging Personalities"   R Topic   "Officials – Where Do We Go From Here"   Calibreaction Complete   MHSACA Board of Directors Meeting S   Awards, Nominations, and Credentials Committee   Professional Education Committee   Hall of Fame Committee   By-Laws, Policies and Procedures Committee   Regional Directors, Growth and Development Co   Publications, Resolutions, and Social Media Com | Norking Lunch (Rushmore)<br>SPEAKER; SCHOOL<br>Brian Petersen; Roland-Story HS<br>SPEAKER; SCHOOL<br>asey Hoffert, Will Dotson, Dave Rittman<br>Standing Committee Meetings<br>e<br>mmittee<br>mittee<br>SPEAKER; SCHOOL |  |
| 12:00 – 2:00<br><u>1:00 ROOM SEMINA</u><br>Washington Leadership<br><u>2:00 ROOM SEMINA</u><br>Washington Leadership<br>2:00 - 3:00<br>Rushmore<br>Rushmore<br>Rushmore<br>Rushmore<br>Rushmore<br>Rushmore<br>Rushmore<br>Rushmore<br>Rushmore<br>Rushmore<br>Rushmore<br>Rushmore<br>Rushmore<br>Rushmore<br>Rushmore   | NHSACA Board of Directors Meeting V   R Topic   "Dealing with Challenging Personalities"   R Topic   "Officials – Where Do We Go From Here"   Calibreaction Complete   MHSACA Board of Directors Meeting S   Awards, Nominations, and Credentials Committee   Professional Education Committee   Hall of Fame Committee   By-Laws, Policies and Procedures Committee   Regional Directors, Growth and Development Co   Publications, Resolutions, and Social Media Com | Norking Lunch (Rushmore)<br>SPEAKER; SCHOOL<br>Brian Petersen; Roland-Story HS<br>SPEAKER; SCHOOL<br>asey Hoffert, Will Dotson, Dave Rittman<br>Standing Committee Meetings<br>e<br>mmittee<br>mittee<br>SPEAKER; SCHOOL |  |



| 4:00 ROOM           | SEMINAR            | Торіс  | SPEAKER; SCHOOL              |
|---------------------|--------------------|--|------------------------------|
| Washington          | Leadership         | "Utilizing Social Media For Your Athletic Department"        | Michael Kemp & Blake Walker  |
|                     |                    |  |                              |
| <u>5:00 ROOM</u>    | SEMINAR            | Topic  | <u>SPEAKER; SCHOOL</u>       |
| Washington          | Leadership         | "Cumlinating Activity"                                       | Scott Garvis; CMAA           |
|                     |                    |  |                              |
| <u>6:00-10:00 F</u> | <u>ROOM</u>        | <u>SEMINAR Topic</u>   |                              |
| Badlands            | Athletic Directors | – NIAAA LTC 703 "Student Centered Educational Athletics Pe   | erformance Beyond X's & O's" |
| Bear Butte          | Athletic Directors | - NIAAA LTC 727 "Building, Cultivating, & Sustaining a Charr | npionship Culture"           |

### Monday, June 23; Sport Specific Sessions

7:00 – 8:30 NHSACA Board of Directors Meeting (Minervas Party Room)

7:30 – 4:00 NHSACA Registration Open

7:30 – 9:30 AM Exhibitor Setup at Ramkota (Convention Center II Hallway)

| 8:00 AM | College Credit Re | gistration, Dr. Brad Strand; NI | DSU (1 Credit) Washington |
|---------|-------------------|---------------------------------|---------------------------|
|         |                   |                                 |                           |

| <u>8:30 ROOM</u> | SPORT         | ΤΟΡΙϹ  | SPEAKER; SCHOOL               |
|------------------|---------------|--|-------------------------------|
| Sheridan         | Basketball    | "Competitive Practice Drills" Jeff Ha            | lseth; Sioux Falls Lincoln HS |
| Needles          | Cheer         | "Stunting Basics – Single Leg Skills" Mark Cole  | man; Morehead St.; Kentucky   |
| Black Elk        | Dance         | "Teamwork Makes the Dream Work" Shanna Cole      | man; Morehead St.; Kentucky   |
| Sylvan 2         | Football      | "Hardrocker Program Development & Off Scheme     | " Charlie Flohr; SD Mines     |
| Legion 1         | Track & Field | "Developing Speed"                               | Lucky Huber; USD              |
| Pactola          | Volleyball    | "Creating A Defensive System That Fits Your Pers | onnel" Dan Georgalas; SDSU    |
| Sylvan 1         | Wrestling     | "The Evolving Coach Lessons Learned"             | Lance Pearson; RCC HS         |
| Legion 2         | X-Country     | "Developing Distance Runners"                    | Nolan Fife; USD               |

#### 9:00 – 10:00 NHSACA Executive Board Meeting (Jefferson)

| <u>9:30 ROOM</u> | SPORT         | ΤΟΡΙϹ  | SPEAKER; SCHOOL            |
|------------------|---------------|--|----------------------------|
| Sheridan         | Basketball    | "TBA"  |                            |
| Needles          | Cheer         | "Twisting Skills" Mark Colem                     | an; Morehead St.; Kentucky |
| Black Elk        | Dance         | "How to Improve Technique & Scores" Shanna Colem | an; Morehead St.; Kentucky |
| Sylvan 2         | Football      | "Building Your Team"                             | Steve Steele; Pierre SD    |
| Rushmore         | Golf          | "How To Get Players Seen & Recruited"            | Lucas Wheeler; SD Mines    |
| Legion 1         | Track & Field | "Hurdles 101"                                    | Teivaskie Lewin; USD       |
| Pactola          | Volleyball    | "Scoring With Range – How to Score & Win More"   | Dan Georgalas; SDSU        |
| Sylvan 1         | Wrestling     | "Building & Maintaining A Winning Culture"       | Steve Keszler; Sturgis HS  |
| Legion 2         | X-Country     | "Strength Training for XC & TF                   | Lucky Huber; USD           |

#### 10:20 – 10:50 Visit Vendors (Convention Center II Hallway)

| <u>10:50-12:00</u>        |                                 |
|---------------------------|---------------------------------|
| <b>General Session #1</b> | Mike Oster; Army National Guard |
| (Rushmore)                | "Making Excellence Our Average" |



### Monday, June 23; Sport Specific Sessions (continued)

<u>12:00-1:30</u>

FCA Lunch Coach John Stiegelmeier – Retired SDSU Football Coach (Rushmore)

#### <u>1:30-5:30 ROOM TOPIC</u>

BadlandsAthletic Directors – NIAAA LTC 603 "Building Athletic Program Alignment in K-12 School Curriculum"Bear ButteAthletic Directors – NIAAA LTC 720 "Building a Character Based Athletic Program"

#### 1:30 ROOM SPORT TOPIC SPEAKER: SCHOOL Lincoln Assistant Coach "The Role of an Assistant Coach" Ken Bruckner: Menno. SD Washington Baseball/Softball "Hitting Drills" Kelvin Torva; RC Coach Sheridan Basketball "Forming a Team-Standards, Culture, Leaders" Ryan Thompson: Black Hills State Needles Cheer "Tumbling - Standing & Running" Mark Coleman; Morehead St.;KY Black Elk "Stop Inventing the Wheel-Coaching Resources" Shanna Coleman; Morehead St.; KY Dance "Current Issues in College FB – Transfer Portal, NIL" Bob Nielson; USD Retired Sylvan 2 Football "72 Seasons of Developing Motivation" Rushmore Golf Joey Liesinger; Madison, SD Strength Coach "How to Train or the Approach To Take" Jevon Bowman; Tulsa, USD Roosevelt Tennis "Practice Structure for All Levels" Marc Stingley; USTA Hospitality Room Legion 1 Track & Field "Developing a Jump Squad" Lucky Huber; USD "Setting Footwork Patterns" Brent Aldridge; Northern Aberdeen Pactola Volleyball Sylvan 1 Wrestling "Overcoming Adversity" Martin Mueller; Dakota Weslyan "Training Range 800m to CC" Nolan Fife; USD Legion 2 X-Country

#### 2:20-2:50 Visit Vendors (Convention Center II Hallway)

| 2:50 ROOM          | SPORT            | ΤΟΡΙϹ                                    | SPEAKER; SCHOOL                     |
|--------------------|------------------|--|-------------------------------------|
| Lincoln            | Assistant Coach  | "How To Be A Good Assistant Coach"       | Craig Nowotny; SD Finalist          |
| Washington         | Baseball/Softbal | I "Team Culture"                         | Ashlyn Engelhorn; Black Hills State |
| Sheridan           | Basketball       | "Modern Man to Man Pack Defense"         | Ryan Thompson; Black Hills State    |
| Needles            | Cheer/Dance      | "College Recruiting"                     | Mark & Shanna Coleman; KY           |
| Sylvan 2           | Football         | "Building Winners, Keys to Program Deve  | elopment" Bob Nielson; USD Retired  |
| Roosevelt          | Strength Coach   | "How to Train Holistically"              | Jevon Bowman; Tulsa, USD            |
| Hospitality Room   | Tennis           | "Next Level Competitors"                 | Marc Stingley; USTA                 |
| Legion 1           | Track & Field    | "Rotational Shot Put"                    | Kyle Long; USD                      |
| Pactola            | Volleyball       | "Why Taking Stats is Important"          | Brent Aldridge; Northern Aberdeen   |
| Sylvan 1           | Wrestling        | "Trusting the Path You Are On"           | Martin Mueller; DWU                 |
| Legion 2           | X-Country        | "Steps to Creating Effective XC Culture" | Joe Stephens; SD Mines              |
| <u>3:45 – 4:45</u> |                  |  |                                     |
| General Ses        | sion #2          | Coach vs. Overdose Jay Novacek,          | ; Dallas Cowboys                    |
| (Rushmore)         |                  |  |                                     |

#### 6:00 – 10:00 ROOM TOPIC

SPEAKER; SCHOOL

SDHSCA Social – South Dakota Night (Rushmore) Dueling Pianos, Corn Hole Tournament, Silent Auction Items



### Tuesday, June 24; Sport Specific Sessions

7:00 – 8:30 NHSACA Board of Directors Meeting (Minervas Party Room)

- 7:00 7:50 "Fit To Win: Morning Workout" presented by US Marines Rushmore
- 7:30 5:00 NHSACA Registration Open (Washington Foyer)

#### 8:30 – 10:00 NHSACA State Executive Directors Meeting (Lincoln)

| 8:30 ROOM   | SPORT   | ΤΟΡΙϹ  | SPEAKER; SCHOOL  |
|---|---|--|--|
| RC Central Gym  | Basketball  | "Motion Offense"   | Matt Wilber; Northern State; SD  |
| Needles   | Cheer   | "Basket Tosses"  | Mark Coleman; Morehead St.; Kentucky   |
| Black Elk   | Dance   | "Developing Growth & Team Culture"   | Shanna Coleman; Morehead St.; Kentucky   |
| Sylvan 2  | Football  | "Intentional Leadership Plan"  | Steve Harshman; NHSACA Finalist  |
| Hart Ranch  | Golf  | "Drills at Hart Ranch Golf Course"   | Jordan Lintz; Pro Golfer   |
| Roosevelt   | Soccer  | "Person Over the Player"   | John Hutchison; Black Hills State  |
| Badlands  | Swimming  | "From the Beginning"   | Lynn Shrader; NHSACA Finalist  |
| Bear Butte  | Tennis  | "Practice Set Up, Drills, Conditioning   | g" Louis Nash  |
| Legion 1  | Track & Field   | "Javelin 101"  | Kyle Long; USD   |
| RC Central Gym  | Volleyball  | "Creating a Volleyball Pipeline for Su   | uccess" John Kessel; USA VB Denver   |
| Sylvan 1  | Wrestling   | "Building Culture in Your Team"  | Marke Manning; Nebraska  |
| Legion 2  | X-country   | "Winning at IT"  | Justin Davie; Waspie Valley HS, IA   |
|   |   |  |  |
|   |   |  |  |
| <u>9:30 ROOM</u>  | SPORT   | ΤΟΡΙϹ  | SPEAKER; SCHOOL  |
| 9:30 ROOM<br>RC Central Gym   | SPORT<br>Basketball   | <b>TOPIC</b><br><i>"Individual Skill Development"</i>  | SPEAKER; SCHOOL<br>Matt Wilber; Northern State; SD   |
|   |   | "Individual Skill Development"   |  |
| RC Central Gym  | Basketball  | "Individual Skill Development"   | Matt Wilber; Northern State; SD  |
| <b>RC Central Gym</b><br>Needles  | Basketball<br>Cheer   | "Individual Skill Development"<br>"Partner Stunting – Advanced + Inversio  | Matt Wilber; Northern State; SD<br>n" Mark Coleman; Morehead St.; Kentucky<br>Shanna Coleman; Morehead St.; Kentucky   |
| <b>RC Central Gym</b><br>Needles<br>Black Elk   | Basketball<br>Cheer<br>Dance  | <i>"Individual Skill Development"<br/>"Partner Stunting – Advanced + Inversio<br/>"Cleaning Routines Strategies"</i>   | Matt Wilber; Northern State; SD<br>n" Mark Coleman; Morehead St.; Kentucky<br>Shanna Coleman; Morehead St.; Kentucky   |
| <b>RC Central Gym</b><br>Needles<br>Black Elk<br>Sylvan 2   | Basketball<br>Cheer<br>Dance<br>Football  | <i>"Individual Skill Development"<br/>"Partner Stunting – Advanced + Inversio<br/>"Cleaning Routines Strategies"<br/>"Set Up Captains For Success - Lead</i>   | Matt Wilber; Northern State; SD<br>m" Mark Coleman; Morehead St.; Kentucky<br>Shanna Coleman; Morehead St.; Kentucky<br>dership" Jeff Williams; NHSACA Finalist  |
| <b>RC Central Gym</b><br>Needles<br>Black Elk<br>Sylvan 2<br><b>Hart Ranch</b>                                      | Basketball<br>Cheer<br>Dance<br>Football<br>Golf  | <i>"Individual Skill Development"<br/>"Partner Stunting – Advanced + Inversio<br/>"Cleaning Routines Strategies"<br/>"Set Up Captains For Success - Leac<br/>"Drills at Hart Ranch Golf Course"</i>  | Matt Wilber; Northern State; SD<br>on" Mark Coleman; Morehead St.; Kentucky<br>Shanna Coleman; Morehead St.; Kentucky<br>dership" Jeff Williams; NHSACA Finalist<br>Jordan Lintz; Pro Golfer<br>John Hutchison; Black Hills State  |
| <b>RC Central Gym</b><br>Needles<br>Black Elk<br>Sylvan 2<br><b>Hart Ranch</b><br>Roosevelt                         | Basketball<br>Cheer<br>Dance<br>Football<br>Golf<br>Soccer  | <i>"Individual Skill Development"</i><br><i>"Partner Stunting – Advanced + Inversio</i><br><i>"Cleaning Routines Strategies"</i><br><i>"Set Up Captains For Success - Lead</i><br><i>"Drills at Hart Ranch Golf Course"</i><br><i>"Developing The Individual Player"</i><br><i>"How Do You Maintain Excellence To Gr</i><br><i>"Doubles Drills, Formations and Pos</i>   | Matt Wilber; Northern State; SD<br>on" Mark Coleman; Morehead St.; Kentucky<br>Shanna Coleman; Morehead St.; Kentucky<br>dership" Jeff Williams; NHSACA Finalist<br>Jordan Lintz; Pro Golfer<br>John Hutchison; Black Hills State<br>aduation" Bob Barber; NHSACA Finalist   |
| <b>RC Central Gym</b><br>Needles<br>Black Elk<br>Sylvan 2<br><b>Hart Ranch</b><br>Roosevelt<br>Badlands             | Basketball<br>Cheer<br>Dance<br>Football<br>Golf<br>Soccer<br>Swimming                            | <i>"Individual Skill Development"</i><br><i>"Partner Stunting – Advanced + Inversio</i><br><i>"Cleaning Routines Strategies"</i><br><i>"Set Up Captains For Success - Lead</i><br><i>"Drills at Hart Ranch Golf Course"</i><br><i>"Developing The Individual Player"</i><br><i>"How Do You Maintain Excellence To Gr</i>   | Matt Wilber; Northern State; SD<br>on" Mark Coleman; Morehead St.; Kentucky<br>Shanna Coleman; Morehead St.; Kentucky<br>dership" Jeff Williams; NHSACA Finalist<br>Jordan Lintz; Pro Golfer<br>John Hutchison; Black Hills State<br>aduation" Bob Barber; NHSACA Finalist   |
| RC Central Gym<br>Needles<br>Black Elk<br>Sylvan 2<br>Hart Ranch<br>Roosevelt<br>Badlands<br>Bear Butte             | Basketball<br>Cheer<br>Dance<br>Football<br>Golf<br>Soccer<br>Swimming<br>Tennis                  | <i>"Individual Skill Development"</i><br><i>"Partner Stunting – Advanced + Inversio</i><br><i>"Cleaning Routines Strategies"</i><br><i>"Set Up Captains For Success - Lead</i><br><i>"Drills at Hart Ranch Golf Course"</i><br><i>"Developing The Individual Player"</i><br><i>"How Do You Maintain Excellence To Gr</i><br><i>"Doubles Drills, Formations and Pos</i><br><i>"Discus from Drills to State Title"</i><br><i>"Drill Creation Based On Motor Lear</i> | Matt Wilber; Northern State; SD<br>on" Mark Coleman; Morehead St.; Kentucky<br>Shanna Coleman; Morehead St.; Kentucky<br>dership" Jeff Williams; NHSACA Finalist<br>Jordan Lintz; Pro Golfer<br>John Hutchison; Black Hills State<br>aduation" Bob Barber; NHSACA Finalist<br>sitioning" Louis Nash<br>Kyle Long; USD<br>ning" John Kessel; USA VB |
| RC Central Gym<br>Needles<br>Black Elk<br>Sylvan 2<br>Hart Ranch<br>Roosevelt<br>Badlands<br>Bear Butte<br>Legion 1 | Basketball<br>Cheer<br>Dance<br>Football<br>Golf<br>Soccer<br>Swimming<br>Tennis<br>Track & Field | <i>"Individual Skill Development"</i><br><i>"Partner Stunting – Advanced + Inversio</i><br><i>"Cleaning Routines Strategies"</i><br><i>"Set Up Captains For Success - Lead</i><br><i>"Drills at Hart Ranch Golf Course"</i><br><i>"Developing The Individual Player"</i><br><i>"How Do You Maintain Excellence To Gr</i><br><i>"Doubles Drills, Formations and Pos</i><br><i>"Discus from Drills to State Title"</i>   | Matt Wilber; Northern State; SD<br>on" Mark Coleman; Morehead St.; Kentucky<br>Shanna Coleman; Morehead St.; Kentucky<br>dership" Jeff Williams; NHSACA Finalist<br>Jordan Lintz; Pro Golfer<br>John Hutchison; Black Hills State<br>aduation" Bob Barber; NHSACA Finalist<br>sitioning" Louis Nash<br>Kyle Long; USD<br>ning" John Kessel; USA VB |

10:20 – 10:50 Visit Vendors (Convention Center II Hallway)

| <u> 10:50 - 12:00</u>     |   |
|---------------------------|---|
| <b>General Session #3</b> | Mark Leinweaver; Baseball Agent Motivation          |
| (Rushmore)                | "Be the Agent - The ABC's of Representing Yourself" |

<u>12:00 – 1:00 Lunch (On Your Own)</u>

12:00 NHSACA Past President's Lunch (Minervas Party Room)1:00 - 2:30NHSACA Executive Committee Meeting (Jefferson)



### **Tuesday, June 24; Sport Specific Sessions (Continued)**

| 1:00 ROOM      | SPORT             | ΤΟΡΙϹ   | SPEAKER; SCHOOL                     |
|----------------|-------------------|---|-------------------------------------|
| Lincoln        | Assistant Coach   | "How to Be a Good Assistant"                            | Georgia Adolph; Flandreau SD        |
| Washington     | Baseball/Softball | "Bunt Coverage – The Way to Victory"                    | Paul Twenge; MN                     |
| RC Central Gym | Basketball        | "Energizers – Start Your Day Right"                     | Sundance Wicks; WY                  |
| Needles        | Cheer             | "Practice Essentials – Warmup, Conditioning, Drills" Ma | ark Coleman; Morehead St.; Kentucky |
| Black Elk      | Dance             | "Planning for Your Season & Practices" Shanna           | Coleman; Morehead St.; Kentucky     |
| Sylvan 2       | Football          | "Run Drills to Teach Offensive Linemen"                 | Jay Long; Chadron State             |
| Sheridan       | Golf              | "How to Coach Pro Golfers Kids"                         | Toby Harbeck; NHSACA Finalist       |
| Roosevelt      | Soccer            | "Games-Based Approach to Learning"                      | Zach Crawford; Colorado Rapids      |
| Badlands       | Swimming          | "True Team Swimming & Diving"                           | Rick Ringelsen; NHSACA Finalist     |
| Bear Butte     | Tennis            | "Doubles Re-Imagined"                                   | Marc Stingley ; USTA                |
| Legion 1       | Track & Field     | "High Jump – From Approach to Landing"                  | Lucky Huber; USD                    |
| RC Central Gym | Volleyball        | "Coaching Lessons From Around The World"                | John Kessel; USA VB                 |
| Sylvan 1       | Wrestling         | "Culture & Climate for Wrestling Programs"              | Toby Bryant; USF                    |
| Legion 2       | X=Country         | "Building A Successful Program"                         | Tracy Hellman; Augie/Idaho          |

#### <u>1:50 – 2:20 Visit Vendors (Convention Center II Hallway)</u>

| <u>2:20 ROOM</u> | SPORT             | ΤΟΡΙϹ  | SPEAKER; SCHOOL                 |
|------------------|-------------------|--|---------------------------------|
| Lincoln          | Assistant Coach   | "Building Strong Connections: Key Qualities  | of an Assistant" Steph Daly; SD |
| RC Central Gym   | Basketball        | "A Conversation on Culture"                  | Sundance Wicks; WY              |
| Needles          | Cheer/Dance       | "My Biggest Coaching Mistakes – Q & A"       | Mark & Shanna Coleman; KY       |
| Sylvan 2         | Football          | "Creating Culture From Scratch"              | Josh Breske; Black Hills State  |
| Roosevelt        | Soccer            | "Using a Guided Discovery Approach"          | Zach Crawford; Colorado Rapids  |
| Washington       | Softball/Baseball | "1000 Wins What Makes That Possible"         | Cheri Ritz; NHSACA Chair        |
| Badlands         | Swimming          | "Practice Makes Performance"                 | Jake Solper; NHSACA Chair       |
| Legion 1         | Track & Field     | "Pole Vault – Key Principals To Success"     | Derek Miles; USD                |
| RC Central Gym   | Volleyball        | "Coaching Lessons From Around The World"     | John Kessel; USA VB             |
| Sylvan 1         | Wrestling         | "Transformational Wrestling – Art of Program | " Toby Bryant; USF              |
| Legion 2         | X-Country         | "Championship Program Building Keys To Su    | ccess" Tracy Hellman; Idaho     |

#### <u>3:15 – 4:15</u>

| General Session #4   | Matt Walz; Jason Foundation         |
|----------------------|-------------------------------------|
| (Sheridan & Pactola) | "Youth Suicide – A Silent Epidemic" |

- 5:00 6:00 NHSACA Hall of Fame Ceremony (Rushmore) presented by US Marines
- 6:00 9:00 NHSACA Hall of Fame Banquet (Rushmore) presented by US Marines



# Wednesday, June 25; Sport Specific Sessions 8:00 – 4:00 NHSACA Registration Open (Washington Foyer)

7:00 - 8:30

NHSACA Board of Directors Meeting (Minervas Party Room)

| 8:30 ROOM  | SPORT   | ΤΟΡΙϹ  | SPEAKER; SCHOOL   |
|--|---|--|---|
| Lincoln  | Assistant Coach   | "NHSACA COTY Finalist Panel Discussion"  | Stephanie Potts   |
| Hospitality Room   | Athletic Director   | "NHSACA COTY Finalist Panel Discussion"  | Joe Brown; NHSACA Chair   |
| Washington   | Baseball  | "NHSACA COTY Finalist Panel Discussion"  | Paul Twenge; NHSACA Chair   |
| Sheridan   | Basketball  | "NHSACA COTY Finalist Panel Discussion"  | Jeff Halseth & Bart Smith   |
| Rushmore   | Golf  | "NHSACA COTY Finalist Panel Discussion"  | Jeremy St. Aubin; NHSACA Chair  |
| Sylvan 2   | Football  | "Basic Run Blocking Technique"   | Bill O'Boyle; Northwestern  |
| Roosevelt  | Soccer  | "NHSACA COTY Finalist Panel Discussion"  | James Dan; NHSACA Chair   |
| Black Elk  | Softball  | "NHSACA COTY Finalist Panel Discussion"  | Cheri Ritz; NHSACA Chair  |
| Needles  | Special Sports  | "NHSACA COTY Finalist Panel Discussion"  | Tate Fischer; NHSACA Chair  |
| Badlands   | Swimming  | "NHSACA COTY Finalist Panel Discussion"  | Jake Solper; NHSACA Chair   |
| Bear Butte   | Tennis  | "NHSACA COTY Finalist Panel Discussion"  | Louis Nash; NHSACA Chair  |
| Legion 1   | Track & Field   | "NHSACA COTY Finalist Panel Discussion"  | Bill Weber & Steve Porter   |
| Pactola  | Volleyball  | "NHSACA COTY Finalist Panel Discussion"  | Jean LaClair; NHSACA Chair  |
| Sylvan 1   | Wrestling   | "NHSACA COTY Finalist Panel Discussion"  | Jeff Hill; NHSACA Chair   |
| Legion 2   | X-Country   | "NHSACA COTY Finalist Panel Discussion"  | Greg Brown; NHSACA Chair  |
|  |   |  |   |
| 9:30 ROOM  | SPORT   | TOPIC  | SPEAKER SCHOOL  |
| <u>9:30 ROOM</u>   |   | TOPIC<br>"NHSACA COTY Finalist Panel Discussion"   | SPEAKER; SCHOOL   |
| Lincoln  | Assistant Coach   | "NHSACA COTY Finalist Panel Discussion"  | Stephanie Potts   |
| Lincoln<br>Hospitality Room  | Assistant Coach<br>Athletic Director  | "NHSACA COTY Finalist Panel Discussion"<br>"NHSACA COTY Finalist Panel Discussion"   | Stephanie Potts<br>Joe Brown; NHSACA Chair  |
| Lincoln<br>Hospitality Room<br>Washington  | Assistant Coach<br>Athletic Director<br>Baseball  | "NHSACA COTY Finalist Panel Discussion"<br>"NHSACA COTY Finalist Panel Discussion"<br>"NHSACA COTY Finalist Panel Discussion"  | Stephanie Potts<br>Joe Brown; NHSACA Chair<br>Paul Twenge; NHSACA Chair   |
| Lincoln<br>Hospitality Room<br>Washington<br>Sheridan  | Assistant Coach<br>Athletic Director<br>Baseball<br>Basketball  | "NHSACA COTY Finalist Panel Discussion"<br>"NHSACA COTY Finalist Panel Discussion"<br>"NHSACA COTY Finalist Panel Discussion"<br>"NHSACA COTY Finalist Panel Discussion"   | Stephanie Potts<br>Joe Brown; NHSACA Chair<br>Paul Twenge; NHSACA Chair<br>Jeff Halseth & Bart Smith  |
| Lincoln<br>Hospitality Room<br>Washington<br>Sheridan<br>Rushmore  | Assistant Coach<br>Athletic Director<br>Baseball<br>Basketball<br>Golf  | "NHSACA COTY Finalist Panel Discussion"<br>"NHSACA COTY Finalist Panel Discussion"<br>"NHSACA COTY Finalist Panel Discussion"<br>"NHSACA COTY Finalist Panel Discussion"<br>"NHSACA COTY Finalist Panel Discussion"  | Stephanie Potts<br>Joe Brown; NHSACA Chair<br>Paul Twenge; NHSACA Chair<br>Jeff Halseth & Bart Smith<br>Jeremy St. Aubin; NHSACA Chair  |
| Lincoln<br>Hospitality Room<br>Washington<br>Sheridan<br>Rushmore<br>Sylvan 2  | Assistant Coach<br>Athletic Director<br>Baseball<br>Basketball<br>Golf<br>Football  | "NHSACA COTY Finalist Panel Discussion"<br>"NHSACA COTY Finalist Panel Discussion"<br>"NHSACA COTY Finalist Panel Discussion"<br>"NHSACA COTY Finalist Panel Discussion"<br>"NHSACA COTY Finalist Panel Discussion"<br>"Basic Pass Blocking Technique"   | Stephanie Potts<br>Joe Brown; NHSACA Chair<br>Paul Twenge; NHSACA Chair<br>Jeff Halseth & Bart Smith<br>Jeremy St. Aubin; NHSACA Chair<br>Bill O'Boyle; Northwestern  |
| Lincoln<br>Hospitality Room<br>Washington<br>Sheridan<br>Rushmore<br>Sylvan 2<br>Roosevelt   | Assistant Coach<br>Athletic Director<br>Baseball<br>Basketball<br>Golf  | "NHSACA COTY Finalist Panel Discussion"<br>"NHSACA COTY Finalist Panel Discussion"<br>"NHSACA COTY Finalist Panel Discussion"<br>"NHSACA COTY Finalist Panel Discussion"<br>"NHSACA COTY Finalist Panel Discussion"<br>"Basic Pass Blocking Technique"<br>"NHSACA COTY Finalist Panel Discussion"  | Stephanie Potts<br>Joe Brown; NHSACA Chair<br>Paul Twenge; NHSACA Chair<br>Jeff Halseth & Bart Smith<br>Jeremy St. Aubin; NHSACA Chair<br>Bill O'Boyle; Northwestern<br>James Dan; NHSACA Chair   |
| Lincoln<br>Hospitality Room<br>Washington<br>Sheridan<br>Rushmore<br>Sylvan 2<br>Roosevelt<br>Black Elk  | Assistant Coach<br>Athletic Director<br>Baseball<br>Basketball<br>Golf<br>Football<br>Soccer<br>Softball  | "NHSACA COTY Finalist Panel Discussion"<br>"NHSACA COTY Finalist Panel Discussion"<br>"NHSACA COTY Finalist Panel Discussion"<br>"NHSACA COTY Finalist Panel Discussion"<br>"NHSACA COTY Finalist Panel Discussion"<br>"Basic Pass Blocking Technique"<br>"NHSACA COTY Finalist Panel Discussion"<br>"NHSACA COTY Finalist Panel Discussion"   | Stephanie Potts<br>Joe Brown; NHSACA Chair<br>Paul Twenge; NHSACA Chair<br>Jeff Halseth & Bart Smith<br>Jeremy St. Aubin; NHSACA Chair<br>Bill O'Boyle; Northwestern<br>James Dan; NHSACA Chair<br>Cheri Ritz; NHSACA Chair   |
| Lincoln<br>Hospitality Room<br>Washington<br>Sheridan<br>Rushmore<br>Sylvan 2<br>Roosevelt<br>Black Elk<br>Needles                                       | Assistant Coach<br>Athletic Director<br>Baseball<br>Basketball<br>Golf<br>Football<br>Soccer<br>Softball<br>Special Sports  | "NHSACA COTY Finalist Panel Discussion"<br>"NHSACA COTY Finalist Panel Discussion"<br>"NHSACA COTY Finalist Panel Discussion"<br>"NHSACA COTY Finalist Panel Discussion"<br>"NHSACA COTY Finalist Panel Discussion"<br>"Basic Pass Blocking Technique"<br>"NHSACA COTY Finalist Panel Discussion"<br>"NHSACA COTY Finalist Panel Discussion"<br>"NHSACA COTY Finalist Panel Discussion"  | Stephanie Potts<br>Joe Brown; NHSACA Chair<br>Paul Twenge; NHSACA Chair<br>Jeff Halseth & Bart Smith<br>Jeremy St. Aubin; NHSACA Chair<br>Bill O'Boyle; Northwestern<br>James Dan; NHSACA Chair<br>Cheri Ritz; NHSACA Chair<br>Tate Fischer; NHSACA Chair   |
| Lincoln<br>Hospitality Room<br>Washington<br>Sheridan<br>Rushmore<br>Sylvan 2<br>Roosevelt<br>Black Elk  | Assistant Coach<br>Athletic Director<br>Baseball<br>Basketball<br>Golf<br>Football<br>Soccer<br>Softball  | "NHSACA COTY Finalist Panel Discussion"<br>"NHSACA COTY Finalist Panel Discussion"<br>"NHSACA COTY Finalist Panel Discussion"<br>"NHSACA COTY Finalist Panel Discussion"<br>"NHSACA COTY Finalist Panel Discussion"<br>"Basic Pass Blocking Technique"<br>"NHSACA COTY Finalist Panel Discussion"<br>"NHSACA COTY Finalist Panel Discussion"   | Stephanie Potts<br>Joe Brown; NHSACA Chair<br>Paul Twenge; NHSACA Chair<br>Jeff Halseth & Bart Smith<br>Jeremy St. Aubin; NHSACA Chair<br>Bill O'Boyle; Northwestern<br>James Dan; NHSACA Chair<br>Cheri Ritz; NHSACA Chair<br>Tate Fischer; NHSACA Chair<br>Jake Solper; NHSACA Chair  |
| Lincoln<br>Hospitality Room<br>Washington<br>Sheridan<br>Rushmore<br>Sylvan 2<br>Roosevelt<br>Black Elk<br>Needles<br>Badlands<br>Bear Butte             | Assistant Coach<br>Athletic Director<br>Baseball<br>Basketball<br>Golf<br>Football<br>Soccer<br>Softball<br>Special Sports<br>Swimming                            | "NHSACA COTY Finalist Panel Discussion"<br>"NHSACA COTY Finalist Panel Discussion"<br>"NHSACA COTY Finalist Panel Discussion"<br>"NHSACA COTY Finalist Panel Discussion"<br>"NHSACA COTY Finalist Panel Discussion"<br>"Basic Pass Blocking Technique"<br>"NHSACA COTY Finalist Panel Discussion"<br>"NHSACA COTY Finalist Panel Discussion"<br>"NHSACA COTY Finalist Panel Discussion"<br>"NHSACA COTY Finalist Panel Discussion"   | Stephanie Potts<br>Joe Brown; NHSACA Chair<br>Paul Twenge; NHSACA Chair<br>Jeff Halseth & Bart Smith<br>Jeremy St. Aubin; NHSACA Chair<br>Bill O'Boyle; Northwestern<br>James Dan; NHSACA Chair<br>Cheri Ritz; NHSACA Chair<br>Tate Fischer; NHSACA Chair   |
| Lincoln<br>Hospitality Room<br>Washington<br>Sheridan<br>Rushmore<br>Sylvan 2<br>Roosevelt<br>Black Elk<br>Needles<br>Badlands                           | Assistant Coach<br>Athletic Director<br>Baseball<br>Basketball<br>Golf<br>Football<br>Soccer<br>Softball<br>Special Sports<br>Swimming<br>Tennis<br>Track & Field | "NHSACA COTY Finalist Panel Discussion"<br>"NHSACA COTY Finalist Panel Discussion"<br>"NHSACA COTY Finalist Panel Discussion"<br>"NHSACA COTY Finalist Panel Discussion"<br>"NHSACA COTY Finalist Panel Discussion"<br>"Basic Pass Blocking Technique"<br>"NHSACA COTY Finalist Panel Discussion"<br>"NHSACA COTY Finalist Panel Discussion"   | Stephanie Potts<br>Joe Brown; NHSACA Chair<br>Paul Twenge; NHSACA Chair<br>Jeff Halseth & Bart Smith<br>Jeremy St. Aubin; NHSACA Chair<br>Bill O'Boyle; Northwestern<br>James Dan; NHSACA Chair<br>Cheri Ritz; NHSACA Chair<br>Tate Fischer; NHSACA Chair<br>Jake Solper; NHSACA Chair<br>Louis Nash; NHSACA Chair<br>Bill Weber & Steve Porter |
| Lincoln<br>Hospitality Room<br>Washington<br>Sheridan<br>Rushmore<br>Sylvan 2<br>Roosevelt<br>Black Elk<br>Needles<br>Badlands<br>Bear Butte<br>Legion 1 | Assistant Coach<br>Athletic Director<br>Baseball<br>Basketball<br>Golf<br>Football<br>Soccer<br>Softball<br>Special Sports<br>Swimming<br>Tennis                  | "NHSACA COTY Finalist Panel Discussion"<br>"NHSACA COTY Finalist Panel Discussion"<br>"NHSACA COTY Finalist Panel Discussion"<br>"NHSACA COTY Finalist Panel Discussion"<br>"NHSACA COTY Finalist Panel Discussion"<br>"Basic Pass Blocking Technique"<br>"NHSACA COTY Finalist Panel Discussion"<br>"NHSACA COTY Finalist Panel Discussion" | Stephanie Potts<br>Joe Brown; NHSACA Chair<br>Paul Twenge; NHSACA Chair<br>Jeff Halseth & Bart Smith<br>Jeremy St. Aubin; NHSACA Chair<br>Bill O'Boyle; Northwestern<br>James Dan; NHSACA Chair<br>Cheri Ritz; NHSACA Chair<br>Tate Fischer; NHSACA Chair<br>Jake Solper; NHSACA Chair<br>Louis Nash; NHSACA Chair                              |

#### 10:30 – 11:00 Visit Vendors (Convention Center II Hallway)

11:00 – 12:00 General Session #5 Rushmore

"Fit to Win: Strategies for Developing Resilient Athletes" Presentation from the US Marines

<u>12:00 – 1:00 Lunch (On Your Own)</u>



### Wednesday, June 25; Sport Specific Sessions (continued)

| 1:00 ROOM  | SPORT  | ΤΟΡΙϹ  | SPEAKER; SCHOOL  |
|--|--|--|--|
| Lincoln  | Assistant Coach  | "NHSACA COTY Finalist Panel Discussion"  | Stephanie Potts  |
| Hospitality Room   | Athletic Director  | "NHSACA COTY Finalist Panel Discussion"  | Joe Brown; NHSACA Chair  |
| Washington   | Baseball   | "NHSACA COTY Finalist Panel Discussion"  | Paul Twenge; NHSACA Chair  |
| Sheridan   | Basketball   | "NHSACA COTY Finalist Panel Discussion"  | Jeff Halseth & Bart Smith  |
| Sylvan 2   | Football   | "NHSACA COTY Finalist Panel Discussion"  | John Hoch; NHSACA Chair  |
| Roosevelt  | Soccer   | "NHSACA COTY Finalist Panel Discussion"  | James Dan; NHSACA Chair  |
| Black Elk  | Softball   | "NHSACA COTY Finalist Panel Discussion"  | Cheri Ritz; NHSACA Chair   |
| Needles  | Special Sports   | "NHSACA COTY Finalist Panel Discussion"  | Tate Fischer; NHSACA Chair   |
| Badlands   | Swimming   | "NHSACA COTY Finalist Panel Discussion"  | Jake Solper; NHSACA Chair  |
| Bear Butte   | Tennis   | "NHSACA COTY Finalist Panel Discussion"  | Louis Nash; NHSACA Chair   |
| Legion 1   | Track & Field  | "NHSACA COTY Finalist Panel Discussion"  | Bill Weber & Steve Porter  |
| Pactola  | Volleyball   | "NHSACA COTY Finalist Panel Discussion"  | Jean LaClair; NHSACA Chair   |
| Sylvan 1   | Wrestling  | "NHSACA COTY Finalist Panel Discussion"  | Jeff Hill; NHSACA Chair  |
| Legion 2   | X-Country  | "NHSACA COTY Finalist Panel Discussion"  | Greg Brown; NHSACA Chair   |
| <u>2:30-2:45</u><br>ROOM   | SPORT  | ΤΟΡΙϹ  | SPEAKER; SCHOOL  |
| Lincoln  | Assistant Coach  | "Sport Chair Visit with Finalists"   | Stephanie Potts  |
| Hospitality Room   | Athletic Director  | "Sport Chair Visit with Finalists"   | Joe Brown; NHSACA Chair  |
| Washington   | Baseball   | "Sport Chair Visit with Finalists"   | Paul Twenge; NHSACA Chair  |
|  | Basketball   |  | Jeff Halseth & Bart Smith  |
| Sylvan 2   | Football   | "Sport Chair Visit with Finalists"   | John Hoch; NHSACA Chair  |
| Roosevelt  | Soccer   |  | James Dan; NHSACA Chair  |
| Black Elk  | Softball   | •  | Cheri Ritz; NHSACA Chair   |
| Needles  | Special Sports   | •  |  |
| Badlands   | Swimming   |  |  |
| Bear Butte   | Tennis   |  | Louis Nash; NHSACA Chair   |
| Legion 1   | Track & Field  | "Sport Chair Visit with Finalists"   | Bill Weber & Steve Porter  |
| Pactola  | Volleyball   | "Sport Chair Visit with Finalists"   | Jean LaClair; NHSACA Chair   |
| Sylvan 1   | Wrestling  | "Sport Chair Visit with Finalists"   | Jeff Hill; NHSACA Chair  |
| Legion 2   | X-Country  | "Sport Chair Visit with Finalists"   | Greg Brown; NHSACA Chair   |
| <b>ROOM</b><br>Lincoln<br>Hospitality Room<br>Washington<br>Sheridan<br>Sylvan 2<br>Roosevelt<br>Black Elk<br>Needles<br>Badlands<br>Bear Butte<br>Legion 1<br>Pactola<br>Sylvan 1 | Assistant Coach<br>Athletic Director<br>Baseball<br>Basketball<br>Football<br>Soccer<br>Softball<br>Special Sports<br>Swimming<br>Tennis<br>Track & Field<br>Volleyball<br>Wrestling | "Sport Chair Visit with Finalists"<br>"Sport Chair Visit with Finalists" | Stephanie Potts<br>Joe Brown; NHSACA Chair<br>Paul Twenge; NHSACA Chair<br>Jeff Halseth & Bart Smith<br>John Hoch; NHSACA Chair<br>James Dan; NHSACA Chair<br>Cheri Ritz; NHSACA Chair<br>Tate Fischer; NHSACA Chair<br>Jake Solper; NHSACA Chair<br>Louis Nash; NHSACA Chair<br>Bill Weber & Steve Porter<br>Jean LaClair; NHSACA Chair |

#### 4:00 – 5:00 NHSACA Coach of the Year Awards Banquet Reception (Rushmore)

5:00 – 8:30 NHSACA National Coach of the Year Awards Banquet (Rushmore)

### Thursday, June 26;

8:00 – 11:00 NHSACA Executive Committee Meeting (Jefferson)