

Monday, June 29, 2026

Time	Location	Speaker	School	Topic		
7:00 AM	Coral B	Region Directors and Sport Chair Meeting				
8:00 AM	Coral CDE	Leadership Session	Kent Stock	The Final Season	Inspiring Leadership & Resilience	
9:00 AM	Benson	Sport Specific Session #1	Athletic Director	Josh Bowlds	Brown County HS, IN	
9:00 AM	Oakdale 5	Sport Specific Session	Baseball	Susan Orvis	Magnify	
9:00 AM	Coral B	Sport Specific Session	Basketball	Sandquist	Ankeny Centennial, IA	
9:00 AM	Oakdale 2	Sport Specific Session	Cross Country	Greg Brown	Mandan HS, ND	
9:00 AM	Coral A	Sport Specific Session	Football	Andy Swedenhjelm	Newton High School	
9:00 AM	Chapman Catt	Sport Specific Session	Golf	Jamie Bermel	Kansas University	
9:00 AM	Borlaug	Sport Specific Session	Soccer	Patrick Finn	Drake University	
9:00 AM	Calrk	Sport Specific Session	Softball	Bill Taylor	Sports Conflict Lab	Conflict Management Skills for Sports
9:00 AM	Wallace	Sport Specific Session	Special Sports	Kevin Weaver	South Walton HS, FL	Using a tournament as a fundraiser.
9:00 AM	Duke Slater	Sport Specific Session	Swimming & Diving	Rick Ringeisen	Lakeville, MN	
9:00 AM	Wood	Sport Specific Session	Tennis	Isaac Broom	PTR	
9:00 AM	Oakdale 1	Sport Specific Session	Track & Field	Chad Garvis	Newton High School	
9:00 AM	Oakdale 3	Sport Specific Session	Volleyball	Erin Sarles & Thomas Roe	Blue Print to Blue Chip	
9:00 AM	Oakdale 4	Sport Specific Session	Wrestling	Mike Hagerty	Blue Valley HS, Mo	
10:00 AM	Coral CDE	Leadership Session	Jamy Bechler	Bechler Leadership	Success is a Choice	
11:00 AM	Benson	Sport Specific Session #2	Athletic Director	Dawn Williamson	Rockford, IL	Athletic Director as Advocate: Selling Athletics to Multiple Constituencies
11:00 AM	Oakdale 5	Sport Specific Session	Baseball	Mark Hey	Ankeny Centennial, IA	
11:00 AM	Coral B	Sport Specific Session	Basketball	Micahel Lang	Windell Green MS, IL	The Basketbal Journey
11:00 AM	Oakdale 2	Sport Specific Session	Cross Country	Mike Hagerty	Blue Valley HS, Mo	
11:00 AM	Coral A	Sport Specific Session	Football	Kirk Ferentz	University of Iowa	
11:00 AM	Chapman Catt	Sport Specific Session	Golf	Steve Smith	Drake University	
11:00 AM	Borlaug	Sport Specific Session	Soccer	Bill Taylor	Sports Conflict Lab	Conflict Management Skills for Sports
11:00 AM	Calrk	Sport Specific Session	Softball	Susan Orvis	Magnify	
11:00 AM	Wallace	Sport Specific Session	Special Sports	Alex Castillo	Bentonville West, AK	The Sacred Work of Coaching
11:00 AM	Duke Slater	Sport Specific Session	Swimming & Diving	Matt Leach	Iowa State University	Training Cycles, Building a Season & the Why Behind It!
11:00 AM	Wood	Sport Specific Session	Tennis	Sasha Boros	University of Iowa	
11:00 AM	Oakdale 1	Sport Specific Session	Track & Field	Keith Borness	<u>Valley HS, IA</u>	
11:00 AM	Oakdale 3	Sport Specific Session	Volleyball	Darrin McBroom	Drake University	
11:00 AM	Oakdale 4	Sport Specific Session	Wrestling	Mike Clayton & Pat Marques	NureoScience Education	Conflict Management Skills for Sports
11:00 AM	Kirkwood	State Executive Directors	State Ex. Directors	Jim Okler	NHSACA	
12:00 PM	Coral B	Standing Committee Meetings				
12:00 PM		Lunch				
1:00 PM	Coral CDE	Leadership Session	Tom Bendt	Conversation Coaching	<i>Beyond the Scoreboard / How to win on and off the field of competition</i>	
2:00 PM	Benson	Sport Specific Session #3	Athletic Director	Jon Middleton	Rocktown High School	Excellence in Education Based Athletics
2:00 PM	Oakdale 5	Sport Specific Session	Baseball	Kerrick Jackson	University of Missouri	
2:00 PM	Coral B	Sport Specific Session	Basketball	Shea Collins	Thomas Jefferson, VA	From the Bench to the Court
2:00 PM	Oakdale 2	Sport Specific Session	Cross Country	Brian Collins	Glastonbury HS, CT	
2:00 PM	Coral A	Sport Specific Session	Football	Jarred Simmons	Berkner HS, TX	Offensive Line Fundamentals & Strategies Pass & Run Game
2:00 PM	Chapman Catt	Sport Specific Session	Golf	Todd Hale	West Holt HS, NE	Player Development / Feeder Programs
2:00 PM	Borlaug	Sport Specific Session	Soccer	Alex Castillo	Bentonville West, AK	Weaving Culture Into Your Tactical Periodization

2:00 PM	Calrk	Sport Specific Session	Softball	Erin Sarles & Thomas Roe	Blue Print to Blue Chip	
2:00 PM	Wallace	Sport Specific Session	Special Sports	Curt Klaahsen	Mason City High School	
2:00 PM	Duke Slater	Sport Specific Session	Swimming & Diving	Sarah Patterson	Newton HS, IA	
2:00 PM	Wood	Sport Specific Session	Tennis	Isaac McBroom	PTR	
2:00 PM	Oakdale 1	Sport Specific Session	Track & Field	Mike Hagerty	Blue Valley HS, Mo	
2:00 PM	Oakdale 3	Sport Specific Session	Volleyball	Zac Ceresa	Hudson, IA & IA AAU Chair	Unification: Getting Everyone on the Same Page
2:00 PM	Oakdale 4	Sport Specific Session	Wrestling	John & Katy Young	Lamont HS, IL	Work Life Balance - The Balanced Coach
3:00 PM	Coral CDE	Leadership Session		Bruce Babashan	Your Corner Man	
4:00 PM	Coral B	NHSACA Board Meeting				
6:00 PM	Coral CDE or Terrace	NHSACA Dinner				
7:00 PM	Coral CDE or Terrace	NHSACA Social				
8:00 PM	Coral CDE or Terrace	Entertainment				

Executive Board Room: Kirkwood

Tuesday, June 30, 2026

Time	Location		Speaker	School	Topic	
7:00 AM	Coral B	NHSACA Board Meeting				
8:00 AM	Coral CDE	Round Table Finalists Discussions				
9:00 AM	Kirkwood	Past President Meeting	Past Presidents	Virg Polak	NHSACA	
9:00 AM	Benson	Sport Specific Session #4	Athletic Director	Brian Carver	Enka HS, NC	Building Culture & Leadership with your Athletic Department
9:00 AM	Oakdale 5	Sport Specific Session	Baseball	Rick Heller	University of Iowa	Leadership & Culture
9:00 AM	Coral B	Sport Specific Session	Basketball	Bret Burchard	ChampionShift	
9:00 AM	Oakdale 2	Sport Specific Session	Cross Country	Bill Taylor	Sports Conflict Lab	Conflict Management Skills for Sports
9:00 AM	Coral A	Sport Specific Session	Football	Dr. Scott Hare	Crismon High School, AZ	3 5 3 defense & the Development of the Flex Position
9:00 AM	Chapman Catt	Sport Specific Session	Golf	Rob Robison	Winter Park HS, FL	
9:00 AM	Borlaug	Sport Specific Session	Soccer	Michael Wiggins	Hinsdale Central HS, IL	Connecting with the Community
9:00 AM	Calrk	Sport Specific Session	Softball	Dr. Quinella A. Minix	PsyFit	
9:00 AM	Wallace	Sport Specific Session	Special Sports	Shea Collins	Thomas Jefferson, VA	Women in Sports
9:00 AM	Duke Slater	Sport Specific Session	Swimming & Diving	Matt Clark	Matt Clark Speaks	Lead Like a Builder: How Sport Programs Engineer Toughness, Trust, and Long-Term Identity.
9:00 AM	Wood	Sport Specific Session	Tennis	Ben Loeb	Rock Bridge HS, MO	
9:00 AM	Oakdale 1	Sport Specific Session	Track & Field	Erin Sarles & Thomas Roe	Blue Print to Blue Chip	
9:00 AM	Oakdale 3	Sport Specific Session	Volleyball	Kevin Weaver	South Walton HS, FL	The Power of Relationship-Based Leadership
9:00 AM	Oakdale 4	Sport Specific Session	Wrestling	Clint Manny	Indianola HS, IA	
10:00 AM	Coral CDE	Leadership Session		Dennis Parker	Changing Lives	Changing Lives
11:00 AM	Benson	Sport Specific Session #5	Athletic Director	Jeremy Eubank	Prince Edward HS, VA	Culture & Branding
11:00 AM	Oakdale 5	Sport Specific Session	Baseball	Mike Hagerty	Blue Valley HS, Mo	
11:00 AM	Coral B	Sport Specific Session	Basketball	Tyler Whitcomb	Kuyper College	
11:00 AM	Oakdale 2	Sport Specific Session	Cross Country	Dr. Quinella A. Minix	PsyFit	
11:00 AM	Coral A	Sport Specific Session	Football	Dr. Juan Redmond	MR LLC	
11:00 AM	Chapman Catt	Sport Specific Session	Golf	Mark Burgen	Andrew HS, TX	
11:00 AM	Borlaug	Sport Specific Session	Soccer	Alex Place Thomas	University of Nothern Iowa	
11:00 AM	Calrk	Sport Specific Session	Softball	John & Katy Young	Lamont HS, IL	Work Life Balance - The Balanced Coach
11:00 AM	Wallace	Sport Specific Session	Special Sports	Shaquana Miller	Next Play Athletics	

11:00 AM	Duke Slater	Sport Specific Session	Swimming & Diving	Todd Waikel	University of Iowa	
11:00 AM	Wood	Sport Specific Session	Tennis	Jed Hamman	Boone High School	Tennis Coach Prepspective Sustaining Succes
11:00 AM	Oakdale 1	Sport Specific Session	Track & Field	Bill Taylor	Sports Conflict Lab	Conflict Management Skills for Sports
11:00 AM	Oakdale 3	Sport Specific Session	Volleyball	Maggie Willems	Mount Vernon HS, IA	Developing the Heart and Mind into a Competitive Advantage in the Game of Volleyball
11:00 AM	Oakdale 4	Sport Specific Session	Wrestling	RJ Brown	Newton HS, IA	
12:00 PM		Lunch				
12:00 PM	TBD	Past President's Luncheon	Past Presidents	Virg Polak		
1:00 PM	Coral CDE	Leadership Session		Bret Burchard	ChampionShift	Champion Shift
2:00 PM	Benson	Sport Specific Session #6	Athletic Director	Russ Waterman	Eastmont HS, WA	What You Treasure Is What You Measure: Same Standards, Different People
2:00 PM	Oakdale 5	Sport Specific Session	Baseball	Erin Sarles & Thomas Roe	Blue Print to Blue Chip	
2:00 PM	Coral B	Sport Specific Session	Basketball	Brian Carver	Enka HS, NC	
2:00 PM	Oakdale 2	Sport Specific Session	Cross Country	Neal Blackburn	Rockbridge HS, MO	Mental Development of the Cross Country/Distance Runner
2:00 PM	Coral A	Sport Specific Session	Football	Jeff McMartin	Central College	
2:00 PM	Chapman Catt	Sport Specific Session	Golf	John Bermel	University of Northern Iowa	
2:00 PM	Borlaug	Sport Specific Session	Soccer	John & Katy Young	Lamont HS, IL	Work Life Balance - The Balanced Coach
2:00 PM	Calrk	Sport Specific Session	Softball	Lisa Kate & Sasha Boros	University of Iowa	
2:00 PM	Wallace	Sport Specific Session	Special Sports	Michael Wiggins	Hinsdale Central HS, IL	3 Phases of Coaching Development
2:00 PM	Duke Slater	Sport Specific Session	Swimming & Diving	Nathan Mundt	Univerity of Iowa	
2:00 PM	Wood	Sport Specific Session	Tennis	Mike Hagerty	Blue Valley HS, Mo	
2:00 PM	Oakdale 1	Sport Specific Session	Track & Field	Justin Miller	Century HS, ND	
2:00 PM	Oakdale 3	Sport Specific Session	Volleyball	Dr. Quinella A. Minix	PsyFit	
2:00 PM	Oakdale 4	Sport Specific Session	Wrestling	Bill Taylor	Sports Conflict Lab	Conflict Management Skills for Sports
3:00 PM						
5:00 PM	Coral CDE	NHSACA HOF Social				
6:00 PM	Coral CDE	NHSACA HOF Dinner				

Executive Board Room: Kirkwood

Wednesday, July 1, 2026

	Location		Speaker	School	Topic	
7:00 AM	Coral B	NHSACA Board Meeting				
8:00 AM	Coral CDE	Leadership Session	Bryce Paup	Paup's Edge LLC		
9:00 AM	Benson	Sport Specific Session #7	Athletic Director	Michael Wiggins	Hinsdale Central HS, IL	3 Phases of Coaching Development
9:00 AM	Oakdale 5	Sport Specific Session	Baseball	Baseball #7		
9:00 AM	Coral B	Sport Specific Session	Basketball	Ras Vanderloo	USA Basketball	
9:00 AM	Oakdale 2	Sport Specific Session	Cross Country	Sam Jika	Lexington HS, NE	
9:00 AM	Coral A	Sport Specific Session	Football	Erin Sarles & Thomas Roe	Blue Print to Blue Chip	
9:00 AM	Chapman Catt	Sport Specific Session	Golf	Craig Nasvik	White Bear Lake, MN	
9:00 AM	Borlaug	Sport Specific Session	Soccer	Kevin Weaver	South Walton High Schoo	Next Play: How a shift in mindset can help your team succeed
9:00 AM	Calrk	Sport Specific Session	Softball	Russ Waterman	Eastmont HS, WA	What You Treasure Is What You Measure: Same Standards, Different People
9:00 AM	Wallace	Sport Specific Session	Special Sports	Paul Pedersen	IOA, IA	Data Driven Decisions in Athletics
9:00 AM	Duke Slater	Sport Specific Session	Swimming & Diving	John Woods	Libertyville High School, IL	Implementing Mental Performance & Leadership Development Programming

9:00 AM	Wood	Sport Specific Session	Tennis	Steve Bischof	Elkhorn South HS, NE	The Next One
9:00 AM	Oakdale 1	Sport Specific Session	Track & Field	Zacharie Brooks	Dupont Manual HS, KY	
9:00 AM	Oakdale 3	Sport Specific Session	Volleyball	Shaquana Miller	Next Play Athletics	
9:00 AM	Oakdale 4	Sport Specific Session	Wrestling	Blaise Winter	Will you Fight / Fight I Will "Will you Fight / Fight I Will" - Warriorship	
10:00 AM	Coral CDE	Leadership Session		Tyler Johnson	Positive Coaching Alliance	
11:00 AM	Benson	Sport Specific Session #8	Athletic Director	Bret Burchard	ChampionShift	
11:00 AM	Oakdale 5	Sport Specific Session	Baseball	Russ Waterman	Eastmont HS, WA	What You Treasure Is What You Measure: Same Standards, Different People
11:00 AM	Coral B	Sport Specific Session	Basketball	Rob Miller	Proactive Coaching	
11:00 AM	Oakdale 2	Sport Specific Session	Cross Country	Kelley Grothus	Beyond Winning	
11:00 AM	Coral A	Sport Specific Session	Football	Bryce Paup	NFL Defensive Player of the Year	
11:00 AM	Chapman Catt	Sport Specific Session	Golf	Philip Zaccari	Effingham St. Anthony HS, IL	
11:00 AM	Borlaug	Sport Specific Session	Soccer	Chris Allen	Centennial HS, IA	
11:00 AM	Calrk	Sport Specific Session	Softball	John Woods	Libertyville High School, IL	Implementing Mental Performance & Leadership Development Programming
11:00 AM	Wallace	Sport Specific Session	Special Sports	Dr. Scott Hare	Crismon High School, AZ	Developing a Program that uses Failure as Growth
11:00 AM	Duke Slater	Sport Specific Session	Swimming & Diving	Michael J. Venos	<u>Farmington Hills Mercy HS, MI</u>	
11:00 AM	Wood	Sport Specific Session	Tennis	Patrick Dryden	Whitefish HS, MT	
11:00 AM	Oakdale 1	Sport Specific Session	Track & Field	Blaise Winter	Will you Fight / Fight I Will	"Will you Fight / Fight I Will" - Warriorship
11:00 AM	Oakdale 3	Sport Specific Session	Volleyball	Robin Brand	Cornell College	
11:00 AM	Oakdale 4	Sport Specific Session	Wrestling	Nate Laslovich	Gallatin HS, MT	
12:00 PM		Lunch				
1:00 PM	Coral CDE	Leadership Session		Rob Miller	Proactive Coaching	
2:00 PM	Benson	Sport Specific Session #8	Athletic Director	Rob Miller	Proactive Coaching	
2:00 PM	Oakdale 5	Sport Specific Session	Baseball	John Woods	Libertyville High School, IL	Implementing Mental Performance & Leadership Development Programming
2:00 PM	Oakdale 2	Sport Specific Session	Football	Blaise Winter	Will you Fight / Fight I Will	"Will you Fight / Fight I Will" - Warriorship
2:00 PM	Chapman Catt	Sport Specific Session	Golf	Mike Hagerty	Blue Valley HS, Mo	
2:00 PM	Borlaug	Sport Specific Session	Soccer	Jordan Washington	Creating Bridges Over Barriers	
2:00 PM	Clark	Sport Specific Session	Softball	Chad Becker	Houston HS, TN	
2:00 PM	Wallace	Sport Specific Session	Special Sports	Erin Sarles & Thomas Roe	Blue Print to Blue Chip	
2:00 PM	Duke Slater	Sport Specific Session	Swimming & Diving	Richard Loeffelholz	Dubuque Hempstead, IA	Team Culture
2:00 PM	Wood	Sport Specific Session	Tennis	Tennis #9		
2:00 PM	Oakdale 1	Sport Specific Session	Track & Field/ CC	James Jarovski	Sioux Falls Lincoln, SD	
2:00 PM	Oakdale 3	Sport Specific Session	Volleyball / Basketb	Martin Simms	The DOPE Academy	
2:00 PM	Oakdale 4	Sport Specific Session	Wrestling	Bill McDonald	Watertown HS, MN	
3:00 PM						
4:00 PM	Coral Ball Room	COTY Social				
5:00 PM	Coral Ball Room	COTY Dinner				
6:00 PM	Coral Ball Room	COTY Awards				

Executive Board Room: Kirkwood