

Monday, June 29, 2026

Time	Location	Speaker	School	Topic		
7:00 AM	Coral B	Region Directors and Sport Chair Meeting				
8:00 AM	Coral CDE	Leadership Session	Kent Stock	The Final Season	Inspiring Leadership & Resilience	
9:00 AM	Benson	Sport Specific Session #1	Athletic Director	Josh Bowlds	Brown County HS, IN	Surviving the First Three Years: A Guide for Young Coaches and Administrators
9:00 AM	Oakdale 5	Sport Specific Session	Baseball	Susan Orvis	Magnify	"Knock It Off! No More MEBO™!"
9:00 AM	Coral B	Sport Specific Session	Basketball	Sandquist	Ankeny Centennial, IA	Team Culture
9:00 AM	Oakdale 2	Sport Specific Session	Cross Country	Greg Brown	Mandan HS, ND	Restart/Rebuild a Program
9:00 AM	Coral A	Sport Specific Session	Football	Andy Swedenhjelm	Newton High School	The Newton Cardinal Offense - A Blend of Triple Option and RPO Principles
9:00 AM	Chapman Catt	Sport Specific Session	Golf	Jamie Bermel	Kansas University	
9:00 AM	Borlaug	Sport Specific Session	Soccer	Patrick Finn	Drake University	Importance of Consistent Terminology
9:00 AM	Calrk	Sport Specific Session	Softball	Bill Taylor	Sports Conflict Lab	Conflict Management Skills for Sports
9:00 AM	Wallace	Sport Specific Session	Special Sports	Kevin Weaver	South Walton HS, FL	The Power of Relationship-Based Leadership
9:00 AM	Duke Slater	Sport Specific Session	Swimming & Diving	Rick Ringeisen	Lakeville, MN	Unshakeable Belief: Shaping Confidence and Empowering Young Women Athletes
9:00 AM	Wood	Sport Specific Session	Tennis	Isaac Broom	PTR	Skill VS Technique
9:00 AM	Oakdale 1	Sport Specific Session	Track & Field	Chad Garvis	Newton High School	
9:00 AM	Oakdale 3	Sport Specific Session	Volleyball	Erin Sarles & Thomas Roe	Blue Print to Blue Chip	"The Most Important Coach They Will Ever Have"
9:00 AM	Oakdale 4	Sport Specific Session	Wrestling	Mike Hagerty	Blue Valley HS, Mo	High Performance Living and the value of self- investment
10:00 AM	Coral CDE	Leadership Session		Jamy Bechler	Bechler Leadership	Success is a Choice
10:00 AM	Coral CDE	Leadership Session	NHSACA Board of Directors Introduced			
11:00 AM	Benson	Sport Specific Session #2	Athletic Director	Dawn Williamson	Rockford, IL	Athletic Director as Advocate: Selling Athletics to Multiple Constituencies
11:00 AM	Oakdale 5	Sport Specific Session	Baseball	Mark Hey	Ankeny Centennial, IA	Running a 9-12 Baseball Program in Iowa
11:00 AM	Coral B	Sport Specific Session	Basketball	Micahel Lang	Windell Green MS, IL	The state of youth basketball.....
11:00 AM	Oakdale 2	Sport Specific Session	Cross Country	Mike Hagerty	Blue Valley HS, Mo	High Performance Living and the value of self- investment
11:00 AM	Coral A	Sport Specific Session	Football	Kirk Ferentz	University of Iowa	
11:00 AM	Chapman Catt	Sport Specific Session	Golf	Steve Smith	Drake University	
11:00 AM	Borlaug	Sport Specific Session	Soccer	Bill Taylor	Sports Conflict Lab	Managing Sports Conflict
11:00 AM	Calrk	Sport Specific Session	Softball	Susan Orvis	Magnify	"Knock It Off! No More MEBO™!"
11:00 AM	Wallace	Sport Specific Session	Special Sports	Alex Castillo	Bentonville West, AK	The Sacred Work of Coaching
11:00 AM	Duke Slater	Sport Specific Session	Swimming & Diving	Matt Leach	Iowa State University	Training Cycles, Building a Season & the Why Behind It!
11:00 AM	Wood	Sport Specific Session	Tennis	Sasha Boros	University of Iowa	Unshakeable Belief: Shaping Confidence and Empowering Young Women Athletes
11:00 AM	Oakdale 1	Sport Specific Session	Track & Field	Keith Borness	<u>Valley HS, IA</u>	Surviving the Multi-Generational Coaching Staff
11:00 AM	Oakdale 3	Sport Specific Session	Volleyball	Darrin McBroom	Drake University	
11:00 AM	Oakdale 4	Sport Specific Session	Wrestling	Mike Clayton & Pat Marques	NureoScience Education	Conflict Management Skills for Sports
11:00 AM	Kirkwood	State Executive Directors	State Ex. Directors	Jim Okler	NHSACA	
12:00 PM	Coral B	Standing Committee Meetings				
12:00 PM		Lunch				
1:00 PM	Coral CDE	Leadership Session		Tom Bendt	Conversation Coaching	Leaders Need to Think Differently
2:00 PM	Benson	Sport Specific Session #3	Athletic Director	Jon Middleton	Rocktown High School	Excellence in Education Based Athletics
2:00 PM	Oakdale 5	Sport Specific Session	Baseball	Kerrick Jackson	University of Missouri	The time is N.O.W. Where will we lead them?
2:00 PM	Coral B	Sport Specific Session	Basketball	Shea Collins	Thomas Jefferson, VA	From the Bench to the Court
2:00 PM	Oakdale 2	Sport Specific Session	Cross Country	Brian Collins	Glastonbury HS, CT	Preparing for a Championship Season
2:00 PM	Coral A	Sport Specific Session	Football	Jarred Simmons	Berkner HS, TX	Improving your Offensive Line
2:00 PM	Chapman Catt	Sport Specific Session	Golf	Todd Hale	West Holt HS, NE	Developing a Feeder Program

2:00 PM	Borlaug	Sport Specific Session	Soccer	Alex Castillo	Bentonville West, AK	Weaving Culture Into Your Tactical Periodization
2:00 PM	Calrk	Sport Specific Session	Softball	Erin Sarles & Thomas Roe	Blue Print to Blue Chip	"The Most Important Coach They Will Ever Have"
2:00 PM	Wallace	Sport Specific Session	Special Sports	Curt Klaahsen	Mason City High School	More Than X's and O's: Coaching Through Mentorship
2:00 PM	Duke Slater	Sport Specific Session	Swimming & Diving	Sarah Patterson	Newton HS, IA	Making Swimming a Great Experience
2:00 PM	Wood	Sport Specific Session	Tennis	Isaac McBroom	PTR	Skill VS Technique
2:00 PM	Oakdale 1	Sport Specific Session	Track & Field	Mike Hagerty	Blue Valley HS, Mo	High Performance Living and the value of self- investment
2:00 PM	Oakdale 3	Sport Specific Session	Volleyball	Zac Ceresa	Hudson, IA & IA AAU Chair	Unification: Getting Everyone on the Same Page
2:00 PM	Oakdale 4	Sport Specific Session	Wrestling	John & Katy Young	Lamont HS, IL	Is Coaching Impacting the Balance of Your Life?
3:00 PM	Coral CDE	Leadership Session		Bruce Babashan	Your Corner Man	
4:00 PM	Coral B	NHSACA Board Meeting				
6:00 PM	Coral CDE or Terrace	NHSACA Dinner				
7:00 PM	Coral CDE or Terrace	NHSACA Social				
8:00 PM	Coral CDE or Terrace	Entertainment				

Executive Board Room: Kirkwood

Tuesday, June 30, 2026

Time	Location		Speaker	School	Topic	
7:00 AM	Coral B	NHSACA Board Meeting				
8:00 AM	Coral CDE	Round Table Finalists Discussions				
9:00 AM	Kirkwood	Past President Meeting	Past Presidents	Virg Polak	NHSACA	Show me your calendar and I'll show you your future
9:00 AM	Benson	Sport Specific Session #4	Athletic Director	Brian Carver	Enka HS, NC	Iowa Baseball Team Culture
9:00 AM	Oakdale 5	Sport Specific Session	Baseball	Rick Heller	University of Iowa	Champion Shift
9:00 AM	Coral B	Sport Specific Session	Basketball	Bret Burchard	ChampionShift	Managing Sports Conflict
9:00 AM	Oakdale 2	Sport Specific Session	Cross Country	Bill Taylor	Sports Conflict Lab	Football: 3-3-3 Defense making Flexing the Corners to Read Run or Pass
9:00 AM	Coral A	Sport Specific Session	Football	Dr. Scott Hare	Crismon High School, AZ	It's All About Culture
9:00 AM	Chapman Catt	Sport Specific Session	Golf	Rob Robison	Winter Park HS, FL	Connecting with the Community
9:00 AM	Borlaug	Sport Specific Session	Soccer	Michael Wiggins	Hinsdale Central HS, IL	Beyond the Diamond: Building Mental Fitness & Resilience in Softball Athletes
9:00 AM	Calrk	Sport Specific Session	Softball	Dr. Quinella A. Minix	PsyFit	Women in Sports
9:00 AM	Wallace	Sport Specific Session	Special Sports	Shea Collins	Thomas Jefferson, VA	Lead Like a Builder: How Sport Programs Engineer Toughness, Trust, and Long-Term Identity.
9:00 AM	Duke Slater	Sport Specific Session	Swimming & Diving	Matt Clark	Matt Clark Speaks	Mental Performance Strategies On-Court & Off-Court for Tennis Players
9:00 AM	Wood	Sport Specific Session	Tennis	Ben Loeb	Rock Bridge HS, MO	The Most Important Coach They Will Ever Have
9:00 AM	Oakdale 1	Sport Specific Session	Track & Field	Erin Sarles & Thomas Roe	Blue Print to Blue Chip	The Power of Relationship-Based Leadership
9:00 AM	Oakdale 3	Sport Specific Session	Volleyball	Kevin Weaver	South Walton HS, FL	
9:00 AM	Oakdale 4	Sport Specific Session	Wrestling	Clint Manny	Indianola HS, IA	
10:00 AM	Coral CDE	Leadership Session		Dennis Parker	Changing Lives	Changing Lives
11:00 AM	Benson	Sport Specific Session #5	Athletic Director	Jeremy Eubank	Prince Edward HS, VA	Culture is Branding, Branding is Culture
11:00 AM	Oakdale 5	Sport Specific Session	Baseball	Mike Hagerty	Blue Valley HS, Mo	High Performance Living and the value of self- investment
11:00 AM	Coral B	Sport Specific Session	Basketball	Tyler Whitcomb	Kuyper College	Elevation Offense - Basketball
11:00 AM	Oakdale 2	Sport Specific Session	Cross Country	Dr. Quinella A. Minix	PsyFit	"Mile by Mile, Mind by Mind"
11:00 AM	Coral A	Sport Specific Session	Football	Dr. Juan Redmond	MR LLC	Matriculation through Relation
11:00 AM	Chapman Catt	Sport Specific Session	Golf	Mark Burgen	Andrew HS, TX	
11:00 AM	Borlaug	Sport Specific Session	Soccer	Alex Place Thomas	University of Nothern Iowa	Building With Love When Everything Is Hard
11:00 AM	Calrk	Sport Specific Session	Softball	John & Katy Young	Lamont HS, IL	Is Coaching Impacting the Balance of Your Life?

11:00 AM	Wallace	Sport Specific Session	Special Sports	Shaquana Miller	Next Play Athletics	Leading the Whole Team: Building Culture, Confidence, and Accountability in Today's Athletes
11:00 AM	Duke Slater	Sport Specific Session	Swimming & Diving	Todd Waikel	University of Iowa	
11:00 AM	Wood	Sport Specific Session	Tennis	Jed Hamman	Boone High School	Tennis Coach Prepspective Sustaining Succes
11:00 AM	Oakdale 1	Sport Specific Session	Track & Field	Bill Taylor	Sports Conflict Lab	Managing Sports Conflict
11:00 AM	Oakdale 3	Sport Specific Session	Volleyball	Maggie Willems	Mount Vernon HS, IA	Culture Wins
11:00 AM	Oakdale 4	Sport Specific Session	Wrestling	RJ Brown	Newton HS, IA	Building the Complete Wrestler: Mind, Body, Spirit
12:00 PM		Lunch				
12:00 PM	TBD	Past President's Luncheon	Past Presidents	Virg Polak		
1:00 PM	Coral CDE	Leadership Session		Bret Burchard	ChampionShift	Champion Shift
2:00 PM	Benson	Sport Specific Session #6	Athletic Director	Russ Waterman	Eastmont HS, WA	What You Treasure Is What You Measure: Same Standards, Different People
2:00 PM	Oakdale 5	Sport Specific Session	Baseball	Erin Sarles & Thomas Roe	Blue Print to Blue Chip	"The Most Important Coach They Will Ever Have"
2:00 PM	Coral B	Sport Specific Session	Basketball	Brian Carver	Enka HS, NC	Show me your calendar and I'll show you your future
2:00 PM	Oakdale 2	Sport Specific Session	Cross Country	Neal Blackburn	Rockbridge HS, MO	Mental Development of the Cross Country/Distance Runner
2:00 PM	Coral A	Sport Specific Session	Football	Bruce Dage	Power Point Coaching LLC	Stay Positive and Make the Day Count!
2:00 PM	Chapman Catt	Sport Specific Session	Golf	John Bermel	University of Northern Iowa	Practices and where game is headed
2:00 PM	Borlaug	Sport Specific Session	Soccer	John & Katy Young	Lamont HS, IL	Is Coaching Impacting the Balance of Your Life?
2:00 PM	Calrk	Sport Specific Session	Softball	Lisa Kate & Sasha Boros	University of Iowa	
2:00 PM	Wallace	Sport Specific Session	Special Sports	Michael Wiggins	Hinsdale Central HS, IL	3 Phases of Coaching Development
2:00 PM	Duke Slater	Sport Specific Session	Swimming & Diving	Nathan Mundt	Univerity of Iowa	
2:00 PM	Wood	Sport Specific Session	Tennis	Mike Hagerty	Blue Valley HS, Mo	High Performance Living and the value of self- investment
2:00 PM	Oakdale 1	Sport Specific Session	Track & Field	Justin Miller	Century HS, ND	Rotational Throwing
2:00 PM	Oakdale 3	Sport Specific Session	Volleyball	Dr. Quinella A. Minix	PsyFit	Building Mental Resilience in Volleyball: Empowering Coaches to Navigate Today's Stressors
2:00 PM	Oakdale 4	Sport Specific Session	Wrestling	Bill Taylor	Sports Conflict Lab	The Things We Do To Run Our Wrestling Program
3:00 PM						
5:00 PM	Coral CDE	NHSACA HOF Social				
6:00 PM	Coral CDE	NHSACA HOF Dinner				

Executive Board Room: Kirkwood

Wednesday, July 1, 2026

	Location		Speaker	School	Topic	
7:00 AM	Coral B	NHSACA Board Meeting				
8:00 AM	Coral CDE	Leadership Session	Bryce Paup	Paup's Edge LLC		
9:00 AM	Benson	Sport Specific Session #7	Athletic Director	Michael Wiggins	Hinsdale Central HS, IL	3 Phases of Coaching Development
9:00 AM	Oakdale 5	Sport Specific Session	Baseball	Mike Clayton & Pat Marques	Nuero Training	
9:00 AM	Coral B	Sport Specific Session	Basketball	Ras Vanderloo	USA Basketball	
9:00 AM	Oakdale 2	Sport Specific Session	Cross Country	Sam Jika	Lexington HS, NE	Embracing Opportunities Which Encourage Engagement
9:00 AM	Coral A	Sport Specific Session	Football	Erin Sarles & Thomas Roe	Blue Print to Blue Chip	"The Most Important Coach They Will Ever Have"
9:00 AM	Chapman Catt	Sport Specific Session	Golf	Craig Nasvik	White Bear Lake, MN	Coaches Round Table:discussion on building and changing team culture
9:00 AM	Borlaug	Sport Specific Session	Soccer	Kevin Weaver	South Walton High School	Next Play: How a shift in mindset can help your team succeed
9:00 AM	Calrk	Sport Specific Session	Softball	Russ Waterman	Eastmont HS, WA	What You Treasure Is What You Measure: Same Standards, Different People
9:00 AM	Wallace	Sport Specific Session	Special Sports	Paul Pedersen	IOA, IA	Data, Development, Decisions, Dreams

9:00 AM	Duke Slater	Sport Specific Session	Swimming & Diving	John Woods	Libertyville High School, IL	Bringing Mental Performance to Your Program
9:00 AM	Wood	Sport Specific Session	Tennis	Steve Bischof	Elkhorn South HS, NE	The Most Important Shot in Tennis
9:00 AM	Oakdale 1	Sport Specific Session	Track & Field	Zacharie Brooks	Dupont Manual HS, KY	Systems and Operations to build a successful program
9:00 AM	Oakdale 3	Sport Specific Session	Volleyball	Shaquana Miller	Next Play Athletics	Leading the Whole Team: Building Culture, Confidence, and Accountability in Today's Athletes
9:00 AM	Oakdale 4	Sport Specific Session	Wrestling	Blaise Winter	Will you Fight / Fight I Will	"Will you Fight / Fight I Will" - Warriorship
10:00 AM	Coral CDE	Leadership Session		Tyler Johnson	Positive Coaching Alliance	Developing Competitors & Mental Wellness
11:00 AM	Benson	Sport Specific Session #8	Athletic Director	Bret Burchard	ChampionShift	Champion Shift
11:00 AM	Oakdale 5	Sport Specific Session	Baseball	Russ Waterman	Eastmont HS, WA	What You Treasure Is What You Measure: Same Standards, Different People
11:00 AM	Coral B	Sport Specific Session	Basketball	Rob Miller	Proactive Coaching	Make your Culture More Than a T-Shirt Slogan
11:00 AM	Oakdale 2	Sport Specific Session	Cross Country	Kelley Grothus	Beyond Winning	Beyond Winning
11:00 AM	Coral A	Sport Specific Session	Football	Bryce Paup	NFL Defensive Player of the Year	
11:00 AM	Chapman Catt	Sport Specific Session	Golf	Philip Zaccari	Effingham St. Anthony HS, IL	Building a Winning Culture
11:00 AM	Borlaug	Sport Specific Session	Soccer	Chris Allen	Centennial HS, IA	Beyond the Xs and Os: Developing a Positive Team Environment
11:00 AM	Calrk	Sport Specific Session	Softball	John Woods	Libertyville High School, IL	Implementing Mental Performance & Leadership Development Programming
11:00 AM	Wallace	Sport Specific Session	Special Sports	Dr. Scott Hare	<u>Crismon High School, AZ</u>	The Sphere of Influence, Self Confidence, Failure to Growth
11:00 AM	Duke Slater	Sport Specific Session	Swimming & Diving	Michael J. Venos	<u>Farmington Hills Mercy HS, MI</u>	Workouts I love and why.
11:00 AM	Wood	Sport Specific Session	Tennis	Patrick Dryden	Whitefish HS, MT	
11:00 AM	Oakdale 1	Sport Specific Session	Track & Field	Blaise Winter	Will you Fight / Fight I Will	"Will you Fight / Fight I Will" - Warriorship
11:00 AM	Oakdale 3	Sport Specific Session	Volleyball	Robin Brand	Cornell College	Mentor Coaching Program implementation
11:00 AM	Oakdale 4	Sport Specific Session	Wrestling	Nate Laslovich	Gallatin HS, MT	
12:00 PM		Lunch				
1:00 PM	Coral CDE	Leadership Session		Rob Miller	Proactive Coaching	Impact of Trust
2:00 PM	Benson	Sport Specific Session #8	Athletic Director	Rob Miller	Proactive Coaching	The Role of Parents in Athletics
2:00 PM	Oakdale 5	Sport Specific Session	Baseball	John Woods	Libertyville High School, IL	Bringing Mental Performance to Your Program
2:00 PM	Oakdale 2	Sport Specific Session	Football	Blaise Winter	Will you Fight / Fight I Will	WARRIORSHIP - GAINING AN EDGE IN COMBAT
2:00 PM	Chapman Catt	Sport Specific Session	Golf	Mike Hagerty	Blue Valley HS, Mo	High Performance Living and the value of self- investment
2:00 PM	Borlaug	Sport Specific Session	Soccer	Jordan Washington	Creating Bridges Over Barriers	
2:00 PM	Clark	Sport Specific Session	Softball	Chad Becker	Houston HS, TN	Building Champions Before Championships: Develop Athletes' Character, Grit, Resilience
2:00 PM	Wallace	Sport Specific Session	Special Sports	Erin Sarles & Thomas Roe	Blue Print to Blue Chip	"The Most Important Coach They Will Ever Have"
2:00 PM	Duke Slater	Sport Specific Session	Swimming & Diving	Richard Loeffelholz	Dubuque Hempstead, IA	Team Culture
2:00 PM	Wood	Sport Specific Session	Tennis	Mike Clayton & Pat Marques	Nuero Training	
2:00 PM	Oakdale 1	Sport Specific Session	Track & Field/ CC	James Jarovski	Sioux Falls Lincoln, SD	Patriot Track and Field - Changing the Culture
2:00 PM	Oakdale 3	Sport Specific Session	Volleyball / Basketb	Martin Simms	The DOPE Academy	
2:00 PM	Oakdale 4	Sport Specific Session	Wrestling	Bill McDonald	Watertown HS, MN	The Things We Do To Run Our Wrestling Program
3:00 PM						
4:00 PM	Coral Ball Room	COTY Social				
5:00 PM	Coral Ball Room	COTY Dinner				
6:00 PM	Coral Ball Room	COTY Awards				

Executive Board Room: Kirkwood